

# ARCHERY UK

OFFICIAL MAGAZINE OF ARCHERY GB

SPRING 2022 | £4.95

## COMPETITIONS CALENDAR

This season's events

HOW TO

## CREATE A GREAT CLUB FOR JUNIORS

Expert advice to get you started

## STUDY SHOOT SCORE

The university challenge

## BIG ON

# BAREBOW

Bowstyle champions share their winning secrets

INSIDE: COMPOUND • COACHING • HANDICAPS • NEW PRODUCTS • RECORDS

**WIAWIS**



www.wiawis.com | www.win-archery.com

# THE WAWAY TO VICTORY

- TRUE SMOOTHNESS!
- MOST STABILITY & ACCURACY!
- BEST SHOOTING FEELING!

# SPRING 2022

## NEWS/FEATURES

06

### News

AGM update, Start Archery Week, importance of Codes of Conduct, rule changes, club round-up and more

27

### Events

Tournament round-up at home and abroad

38

### Club Spotlight

The rise and rise of Lonsdale Archers

40

### Club people

Allison Wright on her journey from beginner to big winner

42

### History

A short history of shooting from the saddle

44

### Barebow

National Indoor champions sing the praises of barebow

50

### Student archery

Why university life is better with archery

74

### Mailbag

Have your say

44



54



58

RIGHT:  
Coach  
Emma  
Broxholme



## ARCHERY GB

16

### Rule changes

Latest updates

72

### Day in the life

Meet Helen Smedley, AGB's Regional Development Officer (Midlands)

78

### Diary

Competition listings for the months ahead

88

### Achievements, records and handicap improvements

How did you do?

90

### Directory

How to get in touch

## PRACTICAL

54

### How to

Create a great junior club

58

### Autism and archery

County coach Emma Broxholme offers some tips to help keep autistic archers in the sport

60

### VI archery

Tips for helping sight-impaired archers

62

### Mindful practice

Scott Williams extols the mental health virtues of longbow archery

64

### No pain, just gain

One archer's experience of managing osteoarthritis at the range

66

### Back 2 Basics

Fletchings in detail

68

### Compound

Windage matters

70

### Kitbag

The latest new products

40



72



Cover: Youth Festival 2021  
Picture by: Malcolm Rees



SPRING 2022



Archery GB, Lilleshall National Sports  
& Conferencing Centre, Newport,  
Shropshire TF10 9AT  
Tel: 01952 677888  
Web: [www.archerygb.org](http://www.archerygb.org) and  
[www.startarchery.co.uk](http://www.startarchery.co.uk)  
Email: [magazine@archerygb.org](mailto:magazine@archerygb.org)

Correspondence with regard to Archery UK including mailing list queries and enquiries about advertising, should be addressed to Archery GB at the address above.

While every effort is made to ensure the accuracy of this publication, the organisers Archery GB and Pensord Design cannot accept liability for any statement or error contained herein © 2022. Where printed the paper used for printing this magazine has been sourced from sustainably managed forests in accordance with the ISO 14001 and EMAS (Eco-Management and Audit Scheme) standards, which are internationally recognised and externally audited integrated environmental management systems.

PRODUCED ON BEHALF  
OF ARCHERY GB BY:

**Pensord.design**

Tel: 07525 422065  
[www.pensord.design](http://www.pensord.design)

Printed by Precision Colour Printing

**Copy deadline for the  
summer edition:  
3 May 2022**

Archery UK is the Official Magazine of Archery GB and is read by all members. While every effort is made to ensure accuracy, no responsibility can be accepted for inaccuracies, however caused. Letters, articles and features do not necessarily represent the opinion of Archery GB. The decision whether or not to include material submitted for inclusion (whether advertising or otherwise) shall be entirely at the discretion of the Editor and/or the Head of Communications. No responsibility can be accepted for illustrations, photographs, artwork, editorial or advertising material in transmission or with the publishers or their agents, although every care will be taken to ensure safe return of items requested to be returned. © 2022 Archery GB



## EDITOR'S WELCOME

The year had barely started when competitions began in earnest, at home and abroad. And it seems athletes are bouncing back stronger than ever with some incredible performances in the USA, UAE and mainland Europe. Congratulations to all the medal winners and participants who have overcome so many challenges to reach their goals. You can read our reports from page 27.

At the time of going to press, field and 3D events are under way too – a chance for archers to enjoy fresh air and country walks, in between a little shooting. See page 29 for a summary of forthcoming field and 3D competitions and how to book.

On pages 30-31, we're proud to announce Lilleshall's exciting European Youth Archery Championships in August – more details to follow soon. And if you turn to the back of the magazine, you'll find our reinstated Diary, from page 78, where there's a host of UK-wide competition listings to keep you busy in the months ahead.

With barebow now a recognised World Archery category, archers are wasting no time in showing off what they can do. On page 44 we meet three barebow medal winners who describe their passion for the bowstyle and for competing.

As life as we knew it begins to return, clubs are starting to get back into the swing of things. As this year marks the tenth anniversary of the Big Weekend (now rebranded as Start Archery Week), we invite clubs around the UK to help us celebrate and raise awareness of the sport. Read our case study on page 10 about a family of three who discovered archery at last year's Big Weekend and have all become hooked! More details will follow via our usual channels as we approach the event, set for 14-22 May.

On page 50, Izzy Carpenter reports on the enriching experience of joining the university archery club – from meeting new people and learning new skills or improving your game, to competing around the world. There's no limit to where archery can take you, as Olympian Tom Hall knows. Having first picked up a bow at Warwick University in 2010, he could never have imagined he'd end up at Tokyo 2020.

In our Practical section, from page 54, coach Marc Tamlyn suggests ways to help your club boost its junior members, while county coach Emma Broxholme focuses on how to create a more inclusive environment, particularly for archers with autism and additional needs. We also address mindfulness, VI archery, windage issues and how to choose the right fletchings.

We're delighted to be able to print this issue, the first of two printed versions this year, the other being the autumn edition. Digital versions (including accessible formats) of every magazine will continue to be available on our website.

Finally, don't forget to join our online-only AGM on 23 April. Details can be found on page 21.

We hope you enjoy the issue. As ever, please let us know all your news and views at [magazine@archerygb.org](mailto:magazine@archerygb.org)

**Vicky Sartain**  
Communications Editor

SOCIAL: @archerygb





# **GALAXY**

**OUT OF THIS WORLD PERFORMANCE. STELLAR VALUE.**

## **TRADITIONAL RECURVE**

Whether you're heading to the woods to hunt, competing on the target range or just slinging arrows in the backyard, Galaxy Traditional recurve bows and longbows will help you achieve your goals.

## **OLYMPIC RECURVE**

Shoot for the gold with Galaxy Olympic Recurve archery products. Based on decades of experience, Galaxy Olympic recurve bows are designed for competitive target archers who are working their way to the top of the podium.

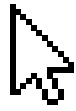
# SPRING NEWS



**Social media:**  
@archerygb

**Website:**  
www.archerygb.org

**Accessible magazine:**  
www.archerygb.org  
and search 'Magazine'



## GET IN TOUCH

If you or your club have any news you'd like to share in Archery UK, we would love to hear it. **Drop us a line at** [magazine@archerygb.org](mailto:magazine@archerygb.org)

# Services to archery MBE for Phoebe Paterson Pine

**PHOEBE PATERSON PINE** has been appointed Member of the Order of the British Empire (MBE) in the 2022 New Year Honours for services to archery



**P**hoebe won gold at the Tokyo 2020 Paralympics in the Women's Individual Compound Open on 30 August, her first gold medal at her first Games. She had an incredible run to the final, including facing tough competition from her teammate Jess Stretton in the second round of the competition.

Now with an MBE to add to her growing list of achievements, Phoebe said: "Becoming an MBE is something I've never thought about really, because I never thought it would ever happen to me. I'm so truly grateful for this award and recognition for my achievement of becoming a Paralympic champion. I've worked incredibly hard to be in the position I am right now. Some people may say it's luck but it's not, it's hard work."

**>> Becoming an MBE is something I've never thought about really...I couldn't in my wildest dreams have ever thought this was going to happen. <<**

Phoebe took up archery on a family holiday before joining a local club and Archery GB's Performance Programme. Of her Paralympic victory, she said at the time: "I couldn't in my wildest dreams have ever thought this was going to happen. I've worked very hard for it but as an athlete you're always a little unsure – so I've a lot more confidence in myself now."

## Aardvark Archery Ltd

[www.aardvarkarchery.co.uk](http://www.aardvarkarchery.co.uk)

On-line In Store  
On The Phone

Spring into archery with us!



# Arrows of Champions.



Shoot with confidence. Visit your Easton dealer today.

 **EASTON** 100 YEARS  
EASTONARCHERY.COM

# CODES OF CONDUCT: IN EVERYONE'S BEST INTERESTS

Everyone has a responsibility to adhere to the sport's *Codes of Conduct*. Clubs rely on these essential guidelines to help them run efficiently and effectively in matters including health and safety, ethical practice, and professional standards

**C**odes of Conduct are a framework that exists to protect club members, but how much do you really know about them? We spoke to archery volunteers about how the Codes help them.

## Pete Hill, Chair of Wymondham Archers

The governance of your club is the guiding mantle of influence with your members. Governance helps us decide what is important; it sets standards of behaviour and helps us decide what we need to do should we fail to see that guidance in the lived experience of our club. The Codes from Archery GB show us clearly what is expected of our archery community; how to understand our rules and laws, our values and to indicate our expected behaviours. The good name of your club will rest on the application of our governance guidelines.

Governance documents and guidance help members understand the values of a club. Our values are the pillars upon which we run our clubs, tournaments, have-a-go events, beginners' classes and much more.

But governance isn't a 'write it and leave it' piece of work. Governance, like club development, needs to be reviewed regularly. Reflecting on how we conduct ourselves and relate to each other is imperative for a healthily functioning club. Our members will need to remain vigilant of governance matters during all activities that a club performs.

To give you a recent example, the global pandemic emphasises another element of the work of governance, with the constantly changing rules range captains (working with other club officials and members) may need to remind their archers what these rule changes might be. At Wymondham Archers, we have found that line announcements help hugely with maintaining archers' focus on what their role is in protecting others. These kinds of messages share with members how important we feel they are to us and that we also want them to be guided to do the right thing.

When thinking about governance, committee members might need to consider the worst in all situations, and then work to find ways of governance that will protect its members, the club and therefore its reputation. This process of visualising negative situations can be very healthy for a club. It means that you will have taken time to really think about the likelihood and hazards that might face a not-for-profit archery club. It is work worth spending time on.

**>> Our Codes point archers and volunteers in the right direction when it comes to values and principles within Archery GB. <<**

## Curtis Hirst, Archery GB Regional Judge

It is so important that everyone within our sport can relate to and understand our Codes of Conduct. Our Codes point archers and volunteers in the right direction when it comes to values and principles within Archery GB.

Many archers wrongly assume that as a judge, our only job is to enforce the rules and guidelines. While this is true to a degree, we are also there to help archers have a good time whilst out at a competition. We are there to answer any concerns that arise or to give guidance when needed. If archers see you as professional whilst also being friendly, they are more likely to come up to you and ask questions if they have any.

Whether it be looking smart and well presented, or having a calm and welcoming presence, archers will find it easier to approach you. I know that if



**Top to bottom:** Pete Hill and Curtis Hirst wear different archery hats but are united in their reliance on the Codes



I have high personal standards, build good relationships with archers, help protect archers' rights and maintain a high professional standard, then not only will archers respect what I do, but I will also respect the archers and my fellow judges too.

## What do you think about the Codes of Conduct?

Share how you've benefited from the Codes at [magazine@archerygb.org](mailto:magazine@archerygb.org). You can refresh your knowledge of the Codes by visiting [www.archerygb.org/about-us-structure-safeguard/about-us/codes-of-conduct](http://www.archerygb.org/about-us-structure-safeguard/about-us/codes-of-conduct)



**Aardvark Archery Ltd**  
**0113 256 2266**





## FUNDING OPPORTUNITIES

# Sport England launches £5m Queen's Platinum Jubilee Activity Fund

The £5 million pot is part of more than £22m of investment from the National Lottery in schemes across various sectors that will celebrate Her Majesty's 70 years of service



Sport England has launched a £5 million fund (announced January 2022) to mark the Queen's Platinum Jubilee. The fund aims to use sport and physical activity to bring communities together and tackle inequalities.

Using money from the National Lottery, the fund will make awards of between £300 and £10,000 to community organisations in support of new projects providing opportunities to become more physically active.

The funds could be used for things such as facility hire and coaching costs, or even small capital improvements.

Sport England's chief executive, Tim Hollingsworth, said: "As part of the celebrations of an unprecedented

anniversary, we're excited to be able to mark the Queen's Platinum Jubilee with a fund designed to help people to come together and get moving. Our Uniting the Movement strategy is focused on tackling inequalities and as such this fund will prioritise supporting projects working with people in disadvantaged communities, where we've seen there are traditionally more barriers to being active. The fund also highlights the importance of the National Lottery in enabling not just us, but many other organisations too, to support the positive work of people in England."

### How to apply

The fund is open for applications now. It will make awards to not-for-profit organisations helping inactive people to get active, or less active people to become more active. Applications that support projects to help people living in areas of disadvantage are particularly welcome. Find out more at: [www.sportengland.org/how-we-can-help/our-funds/queens-platinum-jubilee-activity-fund](http://www.sportengland.org/how-we-can-help/our-funds/queens-platinum-jubilee-activity-fund)



## Archery GB supports World Archery ban on Russian athletes

**Archery GB fully supports World Archery and World Archery Europe in its decision to not permit any athlete, team official or technical official from Russia or Belarus to participate in any international archery event until further notice**

On 1 March 2022, we took the decision to write to World Archery to inform them that we would not host athletes or officials from either Russia or Belarus at our forthcoming UK hosted competitions, explicitly the European Youth Championships and the European Para Cup Final. This follows conversations we have had with the government and other national governing bodies for sports.

We are pleased that World Archery has taken the same stance to show their support for Ukrainian athletes while condemning the acts of violence by Russia with the support of Belarus. We also support World Archery's earlier statement regarding the removal of Russian and Belarusian national flags and anthems from all international tournaments.

Neil Armitage, CEO of Archery GB, said: "We are deeply moved by the humanitarian crisis in Ukraine. We are pleased that World Archery has taken a united response along with other organisations such as the International Paralympic Committee, which has taken the decision to ban Russian and Belarusian athletes from competing at the winter Paralympic Games.

"We remain concerned for those athletes and officials caught up in the conflict and hope there will be a quick and peaceful end to the situation."



# ArcherySuccess.com

# Start Archery Week

previously known as the **Big Weekend**



**DIARY DATE**

14-22 May 2022

**Are you ready for Start Archery Week?** Clubs will be familiar with The Big Weekend, which has grown and evolved over the last ten years into the united 'Start Archery Week', a national celebration of archery taking place in May. Let's make 2022 our best year yet for showcasing archery!

As Start Archery Week rapidly approaches, more than 40 clubs and other organisations are already well into planning their event, and many attended our recent planning webinar to learn from feedback, share ideas and tips, and hear about the tenth year birthday plans in 2022! If you missed it, you can access the recording at: <https://youtu.be/K58me9Mx0KQ>

**Join in with the Start Archery Week, 14-22 May 2022.** Let us know if you plan to celebrate the Week on our Expression of Interest form at: [www.archerygb.org/shoot-compete/shoot/archery-gb-big-weekend](http://www.archerygb.org/shoot-compete/shoot/archery-gb-big-weekend)



## CASE STUDY

**CORUS DEESIDE ARCHERY CLUB** has been based in Shotton for more than 50 years, a town along the River Dee in Flintshire, Wales. Through Archery GB's promotional support, ITV Wales were initially interested in visiting their Big Weekend event last July, though had to pull out at the last minute. Despite the disappointment, the club continued with their own promotion, of which Facebook proved to be the most effective method, as well as Club Secretary Colin Ellis personally inviting contacts from work.

A family of three attended after mum Claire saw it advertised on Facebook. Their daughter Abbie was looking for a new hobby and in the end all the family tried shooting – David and Abbie have both become club members since. Claire has MS, so is hoping to look into an adapted bow to help her shoot regularly. David and Claire are now taking on roles as Club Development Officers and David also plans to train as a Session Coach later this year.

The impact of taking part in the Big Weekend not only boosted Corus Deeside's local awareness, but gained them new members, and helped recruit new and passionate club volunteers too. As well as all the local benefits, joining together once a year celebrates archery on a national scale, and raises general awareness of archery. All clubs are being invited to take part in various ways from club socials to schools links, pre-booked tasters and community open days. Plus, there will be new resource options, and to mark the ten-year birthday theme, ten competitions or prizes.

Keep an eye on Archery GB's website, social channels and ezines for further updates about Start Archery Week.



Freshen up your quiver this spring with some new arrows for the outdoor season. With a wide range of Easton and Beman arrows to select from including the new carbon Avance.



Visit us in store or online and see whats new for this season, don't forget our revised opening hours 9am-5pm (closed from 1.15pm-2pm for lunch)



Wales Archery  
Crick Manor, Crick,  
Caldicot, Wales  
NP26 5XU  
United Kingdom



Tel:01291420321  
[www.walesarchery.com](http://www.walesarchery.com)

# SAFEGUARDING UPDATE



Each year Archery GB is assessed by the Child Protection in Sport Unit (CPSU) and given a grading. Our assessment was conducted in November, and we are pleased to say we received the highest grading. Furthermore, we were praised on the drive and motivation to continuously improve and embed safeguarding. This rating could not be achieved without the work and dedication of our clubs, counties, and regions who are key to entrenching safeguarding in our sport. Thank you for continuing to work together and making archery a safe and friendly sport.

## Making safeguarding visible

Safeguarding is everyone's responsibility and making safeguarding 'visible' can help towards a more open and safe culture, ensuring a positive, enjoyable, and rewarding experience for all those involved in our sport. These are a few simple steps towards making safeguarding visible:

- **Prominence** – display safeguarding policies, procedures, and codes of conduct which are accessible from the website and available to members (including parents and carers). Ensure the Welfare Officer is known to everyone with their name and contact details on display in the club and on the website. Club Welfare Officer and Deputy Welfare Officer posters can be obtained from [karen.hodgkiss@archerygb.org](mailto:karen.hodgkiss@archerygb.org)
- **New members** – provide some safeguarding information to all members when they join and ensure codes of conduct are read and signed so that it is clear there are consequences for breaches
- **Responsibility** – a committee and chairperson who ensures safeguarding is embedded into club culture
- **Integral** – make safeguarding an integral part of the club constitution with a designated Welfare Officer responsible for safeguarding

- **Communication** – keep members up to date with safeguarding and campaigns e.g., Anti-Bullying
- **Reporting** – all members should know how to report a concern and who to report to (no matter how small the concern)

## Club safeguarding survey

We received 313 responses to the safeguarding survey, and the results were published in our January safeguarding ezine. It is great to see so many of our clubs making their Welfare Officer contacts visible to their members and reviewing safeguarding policies, and a high percentage of clubs have their own safeguarding policies, procedures and codes of conduct which are reviewed regularly. The data has provided us with the information we need to plan a training programme which will further help and support clubs. We will inform you once the programme is finalised via ezines, Learning Curve and Archery UK. The results of the survey were published in the safeguarding ezine, and a copy can also be obtained from [karen.hodgkiss@archerygb.org](mailto:karen.hodgkiss@archerygb.org)

## Reporting made easier

Breaches of codes of conduct such as bullying and discrimination should be reported to ensure bad behaviour is not allowed to continue. When concerns are not reported, the person behaving inappropriately may believe their actions are acceptable because they have not been challenged. It is therefore important that concerns are raised.

To make voicing concerns easier, an online reporting link accessible from 'Reporting a Concern' on our homepage (under 'Quick Links') provides a speedy and simple way to report via a phone, tablet or PC. This online reporting is treated confidentially and, if necessary, anonymously.

Victims of abuse may find it easier to speak out about their experience when reporting digitally and anonymously. Whether the abuse is recent or historic, this tool will allow them to report to us in a much easier way.

Reports can also be made confidentially by contacting Anne Rook on ☎ 01952 602792 or [safeguarding@archerygb.org](mailto:safeguarding@archerygb.org)

## Lessons Learnt Conference

A conference for sporting national governing bodies was recently held by the Ann Craft Trust and CPSU with Archery GB represented by three members of staff. The theme was 'lessons learnt' and how sports can learn from non-recent abuse cases which led to the Anne Whyte QC independent complaint review looking into abuse claims within British Gymnastics, and the Clive Sheldon QC independent review of non-recent sexual abuse in football.

Learning from other national governing bodies, we can take steps to proactively help to prevent abuse occurring within our sport:

- (a) Follow good practice and codes of conduct
- (b) Provide parents with safeguarding knowledge so they can ask the appropriate questions
- (c) Have a safer club culture (open, honest and transparent)
- (d) Listen to children, young people, and vulnerable adults – get them involved
- (e) Make it easy to report concerns for members and their parents/carers
- (f) Ensure vetting checks are in place for those working with children, young people, and vulnerable adults
- (g) Raise awareness and prioritise safeguarding
- (h) Ensure there is appropriate safeguarding training for those working with vulnerable groups
- (i) Take concerns seriously, investigate and follow your disciplinary process
- (j) Be led from the top – chairs and committees involved and supporting safeguarding
- (k) Don't be afraid to ask for help



# Child Protection in Sport Unit

In association with the NSPCC Child Protection in Sport Unit

## Sport 80

All clubs should have a chairperson who has overall responsibility for the club, together with a designated officer responsible for safeguarding. Archery GB needs to know who these people are and be able to contact them should a safeguarding concern be reported to us. Reports can come from various areas outside of Archery GB such as the Police, Social Services, local authorities, and members of the public. It is therefore important

that the designated welfare officer and chairperson are added to the club roles section on Sport 80, so that we are able to effectively contact the correct people, whilst keeping the matter confidential. These roles can be added in the club profile section of Sport 80 by clicking on the green complete box, selecting roles, add a role, then choosing the role from the dropdown box. Your club administrator can add roles to your club profile, or alternatively contact [membership@archerygb.org](mailto:membership@archerygb.org)



# Worshipful Company of Fletchers host celebration for Paralympians

The Fletchers proudly hosted a reception at Farmers' and Fletchers' Hall in London on 25 November to congratulate the GB Paralympic archers on their achievements at the Tokyo Games



Liverymen and Freemen were encouraged to bring guests to meet the Paralympians and learn more about the activities and charitable work of the livery. The Master of the Fletchers, Anne Curry, welcomed the guests, toasted the archers representing the squad for the occasion, Dave Phillips, Victoria Rumary, Hazel Chaisty, and Archery GB's Performance Director Tom Duggan, and outlined some of the activities of the Company.

Archery GB's Hilda Gibson described the invaluable and much appreciated support that the Fletchers' Trust gives to disabled archers at all levels in the form of training, equipment and encouragement. The Paralympians also described the iron discipline required in Tokyo to monitor and acclimatise them.

The Fletchers would like to thank everyone who attended the evening, and wish the Paralympic squad the very best of luck for their next international challenge.

See how Archery GB and the Fletchers are working together on a four-year initiative: [www.archerygb.org/archery-gb-secures-disability-funding-from-worshipful-company-of-fletchers/](http://www.archerygb.org/archery-gb-secures-disability-funding-from-worshipful-company-of-fletchers/)

*Many thanks to John Leatherdale for this article and photo. Picture shows, left-right, Archery GB's Hilda Gibson, Paralympians Dave Phillips, Victoria Rumary, Hazel Chaisty, Master of the Fletchers, Anne Curry.*

## Welsh Code of Safeguarding Practice



The Welsh Government has published a code of safeguarding practice setting out the government's safeguarding expectations for all individuals, groups and organisations providing activities or services to children and adults in Wales. This ranges from social groups to activities that support children to enjoy sports, gain new skills or share an interest, to activities offered by faith groups. Topics covered include: safeguarding policies, training, information sharing, Disclosure and Barring Service and position of trust.

This is available from [www.gov.wales/working-together-safeguard-people-code-safeguarding-practice](http://www.gov.wales/working-together-safeguard-people-code-safeguarding-practice)

## Useful contacts

**Risk of harm to a child or vulnerable adult:** ☎ Call 999 or 101

**Childline under 18s helpline:** ☎ 0800 1111

**NSPCC Concerns about a child in the UK:** ☎ 0800 800 5000 (24 hrs)

**Ann Craft Trust Concerns about a vulnerable adult:** ☎ 0115 951 5400

**Mind Mental health charity:** ☎ 0300 123 3393

# Archers selected for UK Sport's female coaches leadership scheme

Archers Vlada Priestman and Nicky Hunt have been selected to take part in the programme which aims to more than double representation in the Olympic and Paralympic high-performance community in the three years from Tokyo to Paris

The pair will join 22 other promising female coaches from across 17 sports who will work with a highly respected group of five coach leaders.

The programme is designed to help some of the brightest female coaching talent from across sport to hone their skills. It also plays a critical role in demonstrating that coaching on the Olympic and Paralympic stage is a viable career for women. The new set of 24 coaches have been identified as having the potential to coach at the summer and winter Olympic and Paralympic Games from Paris 2024 and Milan-Cortina 2026 and beyond.

Each will be offered support and development opportunities, including observing their assigned coach leader in their environment, exploring



three fundamental topics to career development – namely leadership, environment and transition – as well as continuously

engaging in discussion and debate to consolidate their learning.

Sally Munday, CEO at UK Sport, said: "After the success of our inaugural female coaches leadership programme in 2021, I am delighted to welcome another strong cohort of hugely promising and talented coaches as it returns for another year.

"UK Sport is committed to powering a diverse and inclusive Olympic and Paralympic high-performance community. This programme forms an integral part of our ambition to grow our thriving sporting system and deliver against our ambition to see far more women coaching at the pinnacle of their sports."

You can read the full story at: [www.archerygb.org/female-coaches-leadership-scheme](http://www.archerygb.org/female-coaches-leadership-scheme)



## YOU SAID, WE DID

In 2020 we switched to a digital-only version of Archery UK after our publisher ceased trading. This was not an easy decision to make but we felt it was the best option at a time when Archery GB endured the same financial pressures and operational challenges that archery clubs were facing due to Covid-19.

Later that year, we began the process of finding a new publisher and, with the board's approval, were able to print a one-off edition in autumn 2021. We used this magazine to survey you on two possible options for 2022: digital-only or digital plus two printed editions. You voted overwhelmingly to bring the magazine back into print and we'd like to thank you for taking the time to let us know how strongly you feel.

A decision will be made this year on whether we can print all four issues next year. We will keep you informed.

For now, we hope you enjoy the first of our two printed editions this year, the next published in autumn.



## Archery GB online store – opening soon!

We're looking forward to revealing our new range of sporty clothing and accessories, some items of which include our new 'Start Archery' branding designed with clubs, new archers and general enthusiasts in mind! Here's a sneak peek at a couple of items from our clothing range, created by Kitlocker.com, which will be available to purchase via both the Archery GB and Start Archery ([www.startarchery.co.uk](http://www.startarchery.co.uk)) websites later this spring. We'll keep you posted through the usual channels as we approach the launch date.



BREAK OFF



SCREW-IN (BULLET POINT)



SCREW-IN (CONCAVE POINT)



GLUE IN



## DO YOUR POINTS DO THIS?

### BOHNING PREMIUM POINTS:

#### INDUSTRY-LEADING TOLERANCES

Guaranteed  $\pm 0.25$  grains of specified weight

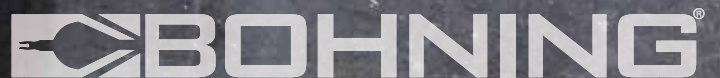
#### SUPERIOR CONCENTRICITY FOR A TRUE SPIN

Guaranteed concentric within 0.001" (0.0025cm)



# OURS DO!

*(NO ONE ELSE COMES CLOSE)*



7361 N. 7 Mile Rd. • Lake City, MI. 49651 USA

[www.bohning.com](http://www.bohning.com)



### ASIATIC BOWS

Following feedback from members, we have agreed to include the Asiatic bow as a recognised bowtype and the new rules below describe how it is dealt with and applied.

#### PART 2 BOWSTYLES

##### Rule 206B. Asiatic Bow

**(a) Bow.** The bow shall be composite in construction, made of multiple components leading to a single piece for the bow. Materials may be modern fibre glass, or traditional materials such a combination of wood, bamboo, horn. The bow may be wrapped in either leather, birch bark or snakeskin and lacquered. The bow may carry no support for the arrow. The bow must not have a pressure button or weights.

**(b) String.** The string may be of either natural or man-made substance.

**(c) Sights and Ground Markers.** A sight or ground markers are not permitted.

**(d) Arrows.** Arrows can be wood, aluminium, carbon or carbon composite. There is no limit to the maximum shaft diameter. The pile shall not exceed the diameter of the shaft at the point of fitment. Shouldered piles, whilst not disallowed, should be avoided because of excess damage to targets. Arrows shall be properly marked, so that there shall be no difficulty in claiming them.

##### (e) Hand Protection

(i) A thumb ring is permitted. Typically it is made of a single material, of leather, wood, jade, plastic, horn, and various metals. The string may rest on top of the ring, or behind the ring's edge.

(ii) The thumb hooks around the string and the index finger is placed over the thumb nail to assist the hold. The thumb ring provides protection from the release of the string like a finger tab.

(iii) On the bow hand an ordinary glove, mitten or similar item may be worn but shall not be attached to the grip.

##### (f) Safety

(i) For the purpose of Rule 302 Safety, the bow is considered to shot off the fingers. A thumb ring is not considered as a mechanical release.

(ii) The archer's anchor point may be different to other shooting styles however archers shooting with this bow will need to ensure that they conform to Rule 102(b).

There will be no records, classifications or handicaps for the next few years until we can determine the usage of the Asiatic bow.

In addition the following rule has been updated to include 206B:

# RULE



The following rule changes will take effect from 1 April 2022. However, the equipment failure will be effective immediately. For any proposal, interpretation or comments please email [rules@archerygb.org](mailto:rules@archerygb.org)



### 213. Competition between bowstyles

(a) Bows that are recognised in Rules 202, 203, 204, 205, 206, 206A and 206B may not be used in direct competition with bows recognised in Rules 207, 208 and 209. Competition on a handicap basis is not regarded as direct competition.

### SCORING

In order to assist with rebounds the rules have changed (as shown in *italic* below) to make it clear that a rebound has to be verified rather than seen.

### Rule 306. Scoring

(h) (i) If an arrow is *suspected to have rebounded* from a target, the archer concerned shall draw the attention of the Judge to the fact after having shot their sixth arrow (or third if shooting in ends of 3 only) by retiring two paces from the shooting line and holding their bow above their head.

### RECOGNISED ROUNDS

Proposed changes to the names of recognised rounds was delayed to allow for more feedback. Following the feedback received, the round names have been changed below and adopted a similar fashion to the Metric rounds. The number at the end of the round name indicates the furthest distance shot.

As previously published, the reason for the change is

## PART 3. TARGET ARCHERY – OUTDOOR

### Rule 308 RECOGNISED ROUNDS

(a) Table 3–1 Archery GB Imperial Outdoor Rounds 5 Zone Scoring – 122cm Face

	Round	100y	80y	60y	50y	40y	30y	20y	10y
A	St George	3	3	3					
A	Albion		3	3	3				
A	Windsor			3	3	3			
D	Windsor 50				3	3	3		
E	Windsor 40					3	3	3	
F	Windsor 30						3	3	3
A	New Western	4	4						
A	Long Western		4	4					
A	Western			4	4				
D	Western 50				4	4			
E	Western 40					4	4		
F	Western 30						4	4	
A	New National	4	2						
A	Long National		4	2					
A	National			4	2				
D	National 50				4	2			
E	National 40					4	2		
F	National 30						4	2	
A	New Warwick	2	2						
A	Long Warwick		2	2					
A	Warwick			2	2				
D	Warwick 50				2	2			
E	Warwick 40					2	2		
F	Warwick 30						2	2	

following commentary from archers and members that the names discourage some archers from shooting a round with the words junior in it, and by shooting that round it suits their personal circumstances.

The rounds re-named are those with the words Short and Junior within them.

It should be noted that any archer can shoot any round a club day or tournament,

irrespective of age. Tables 3-1, 3-2, 3-2A and 3-3 describe the rounds which allow archers to gain UK record and performance awards.

*Continues over...*

# CHANGES

# RULE CHANGE FAQ

These have been received from members with questions or concerns around the proposed rule changes

**Q. I am 50+ why do I have to shoot a round shorter?**

• Any archers can shoot any round, the table within rule 308 which defines the age and round group combination (Table 3-4) describes the round which allows archers to gain UK record and performance awards. All rounds in Tables 3-1, 3-2, 3-2A and 3-3 may be shot by any archer irrespective of age.

• The new 50+ category is to allow archers who are aged 50+ to gain a record at a shorter distance and shoot/compete with archers of their age. Alongside this there will be the relevant handicaps and classifications.

**Q. What about over 70s and 60s?**

• We will monitor what the uptake is for the 50+ age groups within competition before adding any more age groups.

**Q. Why aren't all rounds available for the 50+ group?**

• TOs put on any round for archers aged 50+ at any shoot i.e., in any round an archer would shoot the round below in distance however Archery GB only recognises the rounds in respect of the WA rounds and the York/Hereford rounds. If the 50+ category grows, Archery GB will look to add more records, handicaps and classifications as appropriate.

**Q. Will the new age change for the archer's year of birth disadvantage juniors born later in the year and force them out of the sport?**

• Unfortunately, whichever rule is used – either the year or date of birth – there are archers disadvantaged. Under the current age rules archers born in the summer are disadvantaged

and have to change their distance part way through the outdoor season. Under the new rule an archer will not have to change mid-season if they are born during the summer.

**Q. Will boys and girls be expected to shoot together under a mixed gender category?**

• No, it is not expected that they compete under a mixed gender category.

**Q. Why is this being done when there has been so much change with covid?**

• This project was something we were looking at prior to the pandemic and the development of the sport shouldn't be held up due to covid.

**Q. Why do we have Archery GB rules?**

• The World Archery rules only cater for the 50+ (masters), Adult, under 21 and under 18 ages. Participation in the UK covers a wider range of age groups and therefore it is felt archers need appropriate opportunities.

**Q. How will this impact classification and handicaps?**

• New tables and scores will be released with the rule changes.

**Q. What will be the impact on membership fees?**

• Membership fees were not part of this review. There is a wider membership review taking place during 2022 and we would welcome everyone to take part in this. Please keep any eye on the website and social media for more information.

**If you have any comments or question please use this link <https://forms.gle/8ZiQTPXCJ6T16Xu98>**

# RULE CHANGES

**EQUIPMENT FAILURES**

Following changes by World Archery, rules concerning equipment failures have been updated as follows. These will be effective immediately. The additional words are highlighted in italic below.

**PART 3 TARGET ARCHERY – OUTDOOR**

**Rule. 310 WA Rounds**

*(b) (i) (e) Equipment failures handled as per WA rules.*

**Rule 311. Archery GB Metric Rounds**

(a) When shot in conjunction with an equivalent WA round, Archery GB Metric Rounds are to be shot to the same standards as the WA round, *except for:*

*(i) Equipment failure rules as per 304 (n).*

(b) When shot separately, Archery GB Metric Rounds may be shot to Archery GB rules in their entirety or to the standards outlined for WA recognised rounds in Rule 310, *except for:*

*(i) Equipment failure rules as per 304 (n).*

**CROSSBOW TARGET ROUNDS**

To prevent bolt damage and general wear and tear of buttresses, the rule below has been adapted.

**PART 8. CROSSBOW TARGET ROUNDS**

**Rule 800. (a) (iv)**

Any of the above rounds may be shot on multi face setups where the buttress permits this and the face size (reduced zones or otherwise) is available.

The latest Rules of Shooting can be downloaded from the website (About Us-Rules of Shooting) or visit: [www.archerygb.org/about-us-structure-safeguard/about-us/the-rules-of-shooting](http://www.archerygb.org/about-us-structure-safeguard/about-us/the-rules-of-shooting).

**Age Groups rule change decision**

Last year Archery GB decided to review the current age bracket for junior and senior archers. This was in response to confusion over the years about

the differences set by Archery GB and World Archery.

In November 2021, proposals were laid out and a survey opened to receive views of the membership.

Following the survey, the percentage for change was a total of 76.7% but no clear consensus on which of the proposals we should implement. This means Archery GB will go ahead and change the age groups in 2022. However, the age group rule changes will not come into effect until 1 October 2022.

Therefore, we will do the following:

• Age group rules will follow World Archery's lead in terms of when someone qualifies for an age group (see section 4.2, <https://worldarchery.sport/rulebook/article/15>)

o Rule example for Under 16s - An athlete may participate in a Under 16 Class in tournaments when the competition takes place up to and in the year of their 15th birthday.

o Rule example for archers aged 50+ - An athlete may participate in a 50+ Class in tournaments when the competition takes place in the year of their 50th birthday and thereafter.

• World Archery terminology to be used for genders (Men / Women).

**Rounds**

There isn't a clear consensus on which of the two proposals outlined we should adopt, so rule changes will be delayed to 1 October 2022. More information on rounds will be communicated shortly. Outdoor Competitions for the 2022 season will stay under the current rules.

**Records**

The assessment of any impact to existing records will be made when the Rounds and Age group combinations are published.

# CLUB ROUND UP

Send us your club news  [magazine@archerygb.org](mailto:magazine@archerygb.org)

## Noak Hill hold charity shoot for foodbank

Members from Noak Hill Archers, based in Harold Hill, Essex held a fun Christmas shoot in aid of the local foodbank, raising over £400 for the cause



This was the first time they had been able to do this since their last fundraiser in 2018 due to Covid restrictions.

The archers got together on Sunday (12 December) morning to fundraise for their local foodbank with a mixture of donations of food, festive items and hygiene products as recommended by the Harold Hill Foodbank.

Senior and junior members got into the festive, fun spirit of the event by wearing an assortment of Christmas jumpers and novelty hats. They paid

an entry fee and also brought along donations as part of the fundraising event. Members who couldn't make the shoot left their donations at the club during the preceding week.

Mark Reeves from Harold Hill Foodbank was contacted about what the club planned to do and gave helpful pointers as to the types of donations that would be most needed over the festive period. In all, the club donated a trolley load of food and bought over £400 worth of food and other items raised from entry fees and donations.

Almost 40 archers attended and were challenged to shoot at a variety of festive themed targets as part of the competition before retiring to the clubhouse to indulge in mince pies and mulled wine (including a non-alcoholic option).

Chair Brian Lock said: "The majority of our members live in the London Borough of Havering and as such see our club as part of the local community. So it felt quite natural to want to help those in our borough who may struggle at this time of year in particular." He added: "I am so proud of our members who came out in force to fundraise in this way, although the choice of some of the Christmas jumpers on display was a little worrying! We just hope, in our own small way, that we will be able to make a difference."



### Rachel Nickson



👤 Rachel Nickson and her partner Ashton Thomas joined Laleham Archery Club in September, and in November during a club night, Rachel shot her first Robin Hood. Ashton said: "I'm not sure how long it'll take her to recreate that shot, but I know she'll have a lot of fun trying!"

### John Buckner



On 21 November, John Buckner of Endeavour Archers was in the process of shooting a round when this happened. Club secretary Brian Kilgannon said: "You see it once in a lifetime but a Robin Hood was achieved by John (aka Little John)!"

### Mark Comerford



Durham City Archers' Mark Comerford shot his first Robin Hood, also the club's first one of the year, on 15 January.

Thanks to Assistant Tournament Officer Mike Cusson for sending the photo in.

### Graham Pitman



Some sharp shooting by Graham Pitman of Fox Archers, who shot a Robin Hood on 9 October at a distance of 50 yards with

a longbow. Apparently, the arrow was repaired with a bit of glue and new twine and was in use again the following week!  
*Photo by Keith Rowland.*

## Know a rising archery star?

If you can recommend a rising archery star that we should feature, please get in touch: [magazine@archerygb.org](mailto:magazine@archerygb.org)

# Adriana Jones

Eleven-year-old Adriana Jones of Stratford Archers started archery last September with her mum and sister. With a 200 badge already under her belt, she tells us about her hopes for her sporting journey

### You started archery recently. What did you most enjoy about your beginners' course?

I started shooting regularly in October 2021, having completed the beginners' course in September. The course was brilliant. I mostly enjoyed meeting new people, learning about new techniques and the different bows.

### What type of bow do you shoot?

I shoot a 12lb barebow that the club lend me, and I'm comfortable with it. I'm looking forward to choosing my next bow.

### Your sister Sophia is also an archer – do you feel archery has brought you closer as sisters?

My sister and I have always been competitive. I do feel that archery has brought us closer although we are still as



competitive as ever. We've only entered one formal competition so far. In the club sessions, the scores can be very close. Sometimes she leads by one point, but by the next inning, I could be leading. It's usually neck and neck. She keeps me on my toes, but I've been told that I have the higher total scores so far.

### You won a 200 badge – was that your first competition?

I won a 200 badge for the scores in the first week that Stratford Archers started scoring the novices during a club session. I was pleasantly surprised since the previous sessions hadn't been scored. As an announcement for badges was made for club juniors first, my name was the very first one called out.

My first competition was a novice event organised by the University of Warwick when I was ten years old. I remember this vividly as there was an accident leading to me having a nosebleed just minutes before the first whistle was blown. Like most people, I found my first competition very nerve-racking. I would like to say that I am good at shooting under pressure, but I occasionally get sweaty hands, as everyone does. Towards the end of that competition, I found it fun, and made some friends too. I think it made my parents very happy as I won the gold medal for my category and my sister took home silver in the same category. Stratford Archers as

a club won all the gold medals in every category in the event.

### How do you think the sport helps you in other areas of your life, eg at school?

Since starting archery and being unable to do many other activities due to Covid restrictions for the last two years, the sport must have helped me focus and concentrate better, and given me an overall confidence boost.

In the same month that I joined Stratford Archers, I won my first archery gold medal. At school I also achieved gold level results in the Primary Mathematics Challenge, was selected to represent the school in the Central Warwickshire Sports Partnership intra-school rowing competition, and was awarded best player for my local football club for the week.

### What are your archery ambitions?

I am hoping to learn other techniques in archery including horseback archery. I've just been introduced to field shooting, and I enjoyed shooting a moving target which requires a different set of skills again.

I hope that I'll continue to make a positive contribution to Stratford Archers, make my parents proud and continue to make new friends.

# Handicap improver

On 11 December, Kingston Archers' chair, Mark Ricketts, presented member Evie Good with the Archery GB Handicap Improvement medal. This was for the member whose handicap had improved the most over the last year. Evie went from 71 down to 46, so an improvement of 25.

Evie joined the club in 2020 after completing a beginners' course and her shooting has gone from strength to strength.

The presentation took place at the club's inaugural 'Christmas Pudding' shoot, hence the Santa hats! Christmas-themed fancy dress was an entry requirement for the shoot.

Please turn to **page 89** for a **comprehensive list of Handicap Improvement medal winners.**



## Stephen Reed

Hot on the heels of Neil Ashton (September 2021) and Keith Eustace (October

2021) comes another Robin Hood from Burscough Archers. Stephen Reed shot this one during his first year of membership during a Portsmouth competition. He said: "It happened on the second targeting end of the night and as you can see, I had already got a 10 from the first three arrows. After that my scoring went decidedly downhill." Visit [www.burscougharchers.org.uk/pages/baRobinHoodClub.html](http://www.burscougharchers.org.uk/pages/baRobinHoodClub.html) to see more of the club's Robin Hoods!



## Chris Harding

This Robin Hood was shot on 2 December at Melbourn Village College during an Royston Heath Archery Club indoor shoot. Nicely done, Chris!



## Stuart Willis

Thanks to Stalybridge Archery Club's secretary Alison McGowan for sending in this photo of Stuart Willis and this, his second ever Robin Hood, shot on 26 November.



## Jeff Brewer

Jeff Brewer shot his first Robin Hood at Avalon Archery Club's pre-Christmas Fun Shoot on 22 December. There was a debate about how to score it on the 'pool' fun target face but Jeff didn't mind as he was heard to say: "That's a new set of arrows I'm getting for Christmas!" It all made up for his poor score at the club's 'Clout-mas Shoot' the previous Saturday!

## DIARY DATE

# Archery GB AGM – 23 April

Archery GB will hold its online-only AGM on Saturday 23 April 2022. If you prefer to receive paper copies of the voting forms, please be sure to select that option via your members' portal account, otherwise you will receive all voting papers via email. To do this, log in to your account, click on your membership and select the

'AGM Communications' tab. Ensure the box is ticked if you wish to receive a paper copy of a voting form rather than by email (it will default to email).

We will keep members updated about the proceedings of the AGM through our website, social media and e-newsletters in the coming weeks.

# Newark Castle Archers' festive indoor shoot

Mandie Elson, chair of Newark Castle Archers, was thrilled the club were able to make a smooth transition to shooting indoors for winter. She said: "Although it was subdued due to rising Covid cases around the UK, we managed to have our Christmas

shoot. We treated every member who attended to a small gift to say thank you, as I believe a small thing like that can make a huge difference with your members. Our first home educated archer also attend her first shoot with club, as a result of work I did last year."



# New clubhouse for Sway after ten-year wait



**SWAY BOWMEN IN HAMPSHIRE** are reaching a very positive end of a ten-year journey. In May 2012 the club was given the opportunity by the then owner of the club grounds, RMC Aggregates, to buy the land – some 3.8 acres. Purchase of the land was made and completed by the end of 2012, and in 2015 a decision was taken by the club to apply for planning and seek to replace an ageing steel clubhouse and two rusting storage containers. Planning, after a false start, was approved in August 2018 and funding gathered from three primary sources by 2019: Sport England, New

Forest District Council, club funds, plus other smaller contributions.

But then along came the pandemic. Club chair Simon Curtis, said: "The club finally started work on the project in June 2021. During this hugely delayed period of time, Sway Bowmen received great support from both of the main funding providers in delaying the supply of funds to the moment when it was most needed, and we are indeed also grateful for their general support."

## Clubhouse features

The smart-looking green timber building (pictured above left) is double-skin insulated and fire retardant. Internal and external centrally-linked security systems are installed and the building has its own solar power supply with a support back-up generator. The main space is open plan at 15m x 7.5m, with an additional section at the back of the main building (4.5m x 7.5m) which serves as a store and equipment room. There's also a kitchen area and toilet facilities.

Simon added: "It's ideal for gatherings, committee meetings, one to one coaching and other activities. We do not have and did not seek a licence for the clubhouse. The club feels privileged to have the new building in place for the coming outdoor season, and is proud to have both ownership of the field and a new clubhouse as the first steps in maintaining archery in the New Forest for many years.

"This development couldn't have happened without the influence of two groups of people: a positive and very active committee supported by a membership who have always been willing to turn up and lend a hand."

Please visit [www.sway-bowmen.org.uk](http://www.sway-bowmen.org.uk) for more details of how the club achieved this great new facility. Simon added: "We hope our story might benefit other clubs who may be considering doing something similar, and serve as a guide to avoid the pitfalls that we negotiated on the way to success."

## New Endeavours



**ENDEAVOUR ARCHERS** in Plymouth has been running for some four years now, with their base at Pentillie Castle. Club Secretary Brian Kilgannon said: "We have managed to hold on to most of the club members. Our senior coach David Wilson had to undergo major surgery to have his leg removed but it was great to see him back on the line coaching. We presented him with a memento on his return.

"We have a smattering of ages from 13-68 so hopefully

the message is being passed that archery is not just for the older generation. Again, we would love to thank the owners of Pentillie Castle for providing us veterans (plus friends and family) with somewhere warm and safe to practise our art. Owing to Covid restrictions, most of us found it extremely difficult to cope due to PTSD and other disabilities, so it's fantastic to be back behind the bow and able to release some of the pent-up frustrations and excess energy. My role as secretary has certainly been a busy one!

"If any service veterans in the local area are interested in archery, we are always ready to welcome you with a friendly smile and a cuppa."



Endeavour's John Buckner and newest member, Mitchell

Created using  M1

 **Shire Archery**

Online store at [www.shirearchery.co.uk](http://www.shirearchery.co.uk)  
07581 726161 • [shirearchery@hotmail.co.uk](mailto:shirearchery@hotmail.co.uk)



## Louth And District Disabled Archery Club (LADDAC) Active Partnership begins

In the Spring 2021 issue of Archery UK, we reported on the launch of a soft archery project for disabled people, set up by LADDAC in Lincolnshire. The impact of Covid meant that progress was stalled but at last it is now making headway to help make the sport accessible for all in the community.

Coaches Derek Burman and Rick Smith are now able to make good their pledge to deliver the archery experience to a group with a variety of disabilities at Louth's Virginia House.

Rick explained: "Soft archery was the name of the game. Seeing our new archers gain a sense of achievement as well introducing them to a different tactile experience makes the sessions a very satisfying, inclusive experience."

Under an agreement with Active Lincolnshire, LADDAC purchased six soft archery sets and some spare arrows. Arrangements were made with Virginia House to book sessions with two of LADDAC's coaches. However, at the first two sessions the weather wasn't kind. Rick said: "It rained which soured participants' enthusiasm, but it was third time lucky."

Richard Junior [Rick's son, a user of the services at Virginia House] in his role of Buddy, led the way with an impressive demonstration, which encouraged fellow participants to have a go. One special user felt unable to join in, until Derek came up with the idea of using touch and vibration, plucking the bowstring under tension like a musical instrument, then allowing the user to gently touch the bow for a reaction. Rick said: "Their expression of sheer delight, feeling the vibration of a moving bowstring and trying to draw the string, was the coach's reward. The mission continues!"



## Colwyn Bowmen awarded 'Be Active Wales' funding

COLWYN BOWMEN has received a share of funding aimed at supporting grassroots sports clubs after the Covid-19 crisis and into the future. The club was awarded £4,447 by Sport Wales' Be Active Wales Fund to help them grow their membership and to keep on supporting great charities like the mental health charity Hafal ([www.hafal.org](http://www.hafal.org)) with archery.

Thanks to Welsh Government and repurposed money from the National Lottery, the Be Active Wales Fund enables clubs to apply for three types of grants labelled 'Protect', 'Prepare' and 'Progress'. You can find out more about these grants at: [www.sport.wales/grants-and-funding/beactivewalesfund/](http://www.sport.wales/grants-and-funding/beactivewalesfund/)

Some clubs need the funding to help them stay afloat, while other clubs are using the money to make any adaptations required to ensure their activities are safe. Others are ready to move forward and progress with a project which will enable more people to enjoy sport. Colwyn Bowmen really needed a quick boost to ensure they had enough kit to keep their members shooting and enjoying archery while welcoming new members to their club.

Colwyn Bowmen is an *ontarget* Community Specialist Club, the first archery club in Wales to take part through the governing body, Archery GB, and is now working towards the *ontarget* Youth Specialism.

A spokesperson for Colwyn Bowmen said: "This funding will make a massive difference for our club. It will help us develop some new projects we've had to pause due to the pandemic. We hope to use it to ensure our club can be more sustainable and more innovative, which will no doubt attract more people to reap the benefits of archery that our existing members already enjoy."



Bespoke arrows • Traditional materials • Easy online ordering  
Archery supplies and materials • Expert help, advice and service

+ Low cost weight-based shipping

# Coach Tony Juncar steps down after 30 years

Archery GB is sorry to lose long-serving Level 2 coach Tony Juncar, who has helped countless archers with their sport over the last 30 years

Tony said of his time in the sport: "After first completing a Leaders course in 1992 with the late Tom Musgrove, then going on to be a Level 1 and 2 coach, I have taught and coached several hundred beginners and novices at Burton Constable Company of Bowmen, some going on to make or break county records.

"It has been a pleasure and also very rewarding to have played a small part in many archers' development and achievements. After retiring from work in 2020 and having coached for 30 years, I feel it's just the right time to step down and concentrate on a few other goals and targets (pardon the pun)."

**Burton Constable club secretary Mel Stephenson and treasurer Penny Farey pay tribute to Tony**

Tony first came to Burton Constable Hall (pictured) to fly birds of prey from the North Tower in the 1980s. He had already dabbled with many sports and had seen the members of the archery club many times on the front lawn, as he flew his tawny eagle in the skies above them.

Wanting another challenge, he decided to 'give archery a go' and enrolled on the training course offered by George Thorley, at the Burton Constable Company of Bowmen, who were (and still are) based in the magnificent setting of Burton Constable Hall, having been established there by John Constable and his wife in the 60s. The rest, as they say, is history.

Towards the end of the 80s, Tony started to assist George Thorley with the training courses for new archers, completing a leader's course in 1992, before extending this with an upgraded conversion course



Above: Tony Juncar: 30 years a coach

**>> He has taught many hundreds of archers with his quiet, sympathetic and knowledgeable approach. <<**

and, subsequently, a Level 2 qualification. Since then, he has taught many hundreds of archers with his quiet, sympathetic and knowledgeable approach to all trainees, using his excellent eye for spotting small errors that can make a huge difference. He has also assisted new coaches with their training, providing practice sessions, invaluable advice and, more importantly, a strong role model.

This is not to say that he neglected his own skills at shooting. He has shot mostly recurve bows (although he does possess a

longbow), entering target competitions at his own club and others across Yorkshire on a regular basis and obtaining at least two six-gold ends at eighty yards. But it was in clout shooting that he found most satisfaction and success, becoming Yorkshire Champion in 1992 and 1993. He still enjoys this discipline immensely today.

Other long-distance shooting took place in the nineties at Burton Constable, in the form of the National Flight Archery championships, on the flat and open acres of land next to the lakes. Tony recalls that the cattle had to be rounded up first before an electric fence was installed to keep the animals out and a target flag was set at half a mile, as an aiming point. There are few grounds that can accommodate this distance!

His best shot was 520 yards 4 inches – Master Bowman level and only 20 yards short of Grand Master – an amazing accomplishment, considering that the bow was about two and a half feet long and the arrows were like knitting needles. These were so small that archers had to make their own nocks and the vanes of the fletchings were made from film negatives. The arrows in the ground were collected by means of a very long rope, about 100 yards long, which was dragged across the ground and found the arrows by snagging against them.

Tony's coaching career took a different direction in 2008 when he was asked by Roy Smith, a fellow archer and coach, to set up a club in the Andrew Marvell Secondary School on one of the east Hull estates. This they did, with a grant from the National Lottery and assistance from other archers at the club, including Tony's wife Vanessa, who has supported him in this role throughout his career. The after-school club ran for over ten years and was a popular extension of the school's activities. Some children at the club even came to join the archers at Burton Constable as guest for competitions and a few became members too.

The club said farewell to Tony as a coach last summer and thanked him for his enormous commitment to the club. Fortunately, he will remain as a consultant on the committee and continue to run the popular bow set-up and tuning sessions, as he has always done, and share his enormous wealth of skills and knowledge to help others carry on his work.





THE FORMULA FOR GOLD



FORMULA X10 + VELOS

**HOYT**  
ARCHERY



## Dave Harrison

It is with the deepest sadness that we share the news that dedicated archery supporter Dave Harrison passed away on 3 January 2022. The former Archery GB Chair passed away peacefully in his sleep.

Dave was a founding member of the club the Bowmen of Walker in the 1970s. Since then he had established himself as a national judge. All the while, he stayed true to his love for volunteering and organising, becoming an irreplaceable and cherished figure within the sport.

Dave deeply valued the growth and success of our sport, aiding the running of many British-held national and international tournaments. He wanted nothing more than to see everyone enjoying themselves and achieving their goals, particularly among the junior

squads of which he was a passionate supporter.

As a result of his hard work and dedication, in 2018 he was awarded the gold plaquette by Archery GB for his services to archery.

There are few people among the archery community who are as well-loved and respected as Dave was. He was someone everyone knew, and who everyone wanted to get to know. His presence on any archery field, whether he was there as an esteemed judge, a valued member of Archery GB, or as a friend, made everyone light up.

Archery GB wishes to extend our deepest condolences to Dave's family and closest friends at this difficult time.

You can read Archery GB's full tribute here: <https://www.archerygb.org/a-tribute-to-former-archery-gb-chair-dave-harrison/>

## Bryan Sweetman

Bryan Sweetman, who sadly passed away on 21 January, was a well-loved and well-respected compound archer who touched the lives of many in the archery community across Surrey and Middlesex.

Bryan had a keen mind and abundance of interests: a love of boats ran in the family (he had just studied for and obtained his navigation licence); he was a fully qualified electrician (something he kept up as a hobby); and was an expert in the history of Rolex watches. So, it was perhaps inevitable that, upon first picking up a bow during a taster session at Center Parks, he would become instantly hooked.

He joined Greenwood Osterley Archers (GOA) and soon switched from recurve to compound, which became his passion. He

represented Middlesex on several occasions at the peak of his archery career, and many will doubtless remember Bryan's successful stint as Tournament Organiser for the club.

It was at GOA that he met his compound companion Doug Hobbs, and the two were something of a double act on the shooting line at competitions, and were regular attendees at Quicks in Walton during the winter season. After a brief spell at Spelthorne Archers – where Bryan also put his tournament-organising skills to good use – Bryan and Doug joined Royal Richmond Archery Club (RRAC) in 2019.

Even though he was with RRAC for a relatively short space of time, it was as if Bryan had been a member for years. Safe to say, he won everyone over with his gentle charm, sense of humour and generosity to his fellow archers.



**We will miss him on the shooting line. Rest in peace, dear Bryan.**



## Mike Broughton

Mike Broughton, who has died at the age of 79, was one of the longest-serving members of the Bowmen of Bruntwood in Stockport, having joined on his 40th birthday.

Mike was for many years the club's field captain, responsible, among many other things, for making line-marking easier by building a line marker fondly known as 'Larry Linemarker'. It meant club working parties no longer had to use paint brushes – back-breaking work which resulted in members getting covered in creosote!

Mike was a club coach for many years, also helping run an annual national tournament at Bruntwood for visually impaired archers. A recurve archer for all of his shooting career, he enjoyed attending tournaments in the north of England, the Midlands, Wales, and Scotland. A trip to Skye provided fond memories, especially as the tournament took place inside castle walls.

For Mike, the club and archery were vital elements in his life. Not shy at

making his views known, he always had the interests of the club at heart. He made many friends among the archery community, and even when he was no longer able to shoot he still kept in touch with the club, supporting Steve Ash and other coaches at Saturday morning coaching sessions. His long service and contribution to the club were recognised when he was made an honorary member.

An auto engineer and a member of the Institute of the Motor Industry (AMIMI), Mike used to run his own garage business, and after retiring from archery spent more time driving his classic bright red Volvo 850R to Volvo club meetings, and taking part in record-breaking gatherings.

**Mike will be greatly missed by all who knew him.**

# EVENTS

## Wollaton Hall scores a brace of finals

**European Para Cup Finals** 15 September  
**National Tour Finals** 16-17 September

Towards the end of the summer, the historic Wollaton Hall in Nottingham will host two major events: the European Para Cup Finals on 15 September, followed by the National Tour Finals on 16-17 September. We look

forward to welcoming spectators to both of these exciting outdoor events. Please look out for further information on our website, social media channels, in our ezines and the summer issue of Archery UK magazine.



## Winter round-up



It's been a busy competition season at home and abroad. Izzy Carpenter (above) followed the action, in between competing at a few tournaments herself, and kindly provided a number of our national and international match reports on the next few pages. For more competition reports, please visit:

[archerygb.org/news](https://www.archerygb.org/news)



## Trophy call

Archery GB's trophy cabinet is looking a bit bare of late. No, we haven't been burgled but we are eagerly awaiting the return of several awards that have enjoyed an extended stay with their worthy winners! If you are planning on attending a national shoot this year and have some of our silverware, please do bring your national trophy along and hand to one of our officials. Thank you.



# Meet Clive Jones

We caught up with VI recurve archer Clive Jones just before he flew out to Dubai for the World Archery Para Championships. Here he tells us about his journey into the sport, and hopes for his first major international event

## When and why did you take up archery?

I was blinded at the age of 26 during my Army career, and I found it all very difficult to come to terms with in the early days – the nature of how it happened made it harder still. However, many doors have been opened for me since then and my life has changed for the better. Twenty-one years on from the day my life changed for ever, I think I'm a nicer person. I am totally blind (no light perception) and shoot in the B1 VI 1 category.

I first came into the sport through St Dunstan's, the charity for VI service personnel (now known as Blind Veterans UK). I went to the their rehab centre in Brighton a few months later and during the process of rebuilding my independence, a friend asked me to try archery. So I did, and the rest is history. That was in summer 2001 and the following year I won the British Blind Sport - Archery Section (BBS-AS) Indoor National Championships. Since

**"I've led teams of Blind Veterans to archery shoots in Belgium, and organised competitions with the Tri-Services at Buckingham Palace, the Tower of London and Windsor Castle."**

**Clive Jones**

then I've led teams of Blind Veterans to archery shoots in Belgium; and through my military connections, I've organised competitions with the Tri-Services on the lawns of Buckingham Palace, at the Tower of London and at Windsor Castle. Outside of archery I do a lot of charity work and have raised over £100,000.

## What's your typical training regime?

I tend to shoot once a week for a few hours. I'm always looking at doing more, however I have to fit it in around family life and work commitments. My official club is Blind Veterans UK Bowmen, East Sussex, but I now live in Shropshire so I'm hoping to find a local club soon.

**Communication is key for VI archers. Did you find it easy to build trust and confidence in your spotter?**

In the early days I had trust issues and it was difficult. I had never met my spotter at Blind Veterans UK and I had to get to know the person as well as the sport. After a while, I accepted and learnt to cope with being blind, and the communication came and so did our friendship. My spotter's job is to help me get in the right place on the line. He or she is only allowed to tell me where the arrow's gone, the rest is down

"I don't have a set game plan [for Dubai], and I've no idea what to expect. I know that it's going to be completely different to what I'm used to and I'm really excited."

Clive Jones

to me to make little adjustments based on their feedback.

My spotter in Dubai is Graham Rees-Evans, chair of BBS-AS, who is also team captain for the trip. Graham knows how I shoot and we get on well – that's the main thing. I returned to archery in 2017 after a four-year break, and it's been great to have Graham's support, though logistically it's a challenge as he lives in South Wales and I'm in Market Drayton.

### How do you stay calm on the competition field?

Keeping calm hasn't come easy; I used to have a lot of nervous energy but now I just keep calm through breathing, going through my preferred routines and shooting as well as I can. I tend to go into a competition with low expectations too, and that seems to help. The Dubai weather will be the only issue for me – anything over 12 degrees and I wilt! And the other thing is it clashes with the Six Nations Wales vs England tournament – terrible timing!

### Do you have a set game plan for Dubai?

No, and I've no idea what to expect. I know that it's going to be completely different to what I'm used to and I'm really excited. All I can do is practise. I feel it's important to listen to others on the team as they've had experience of international shooting, and their knowledge will be invaluable. The Dubai trip features a very Welsh contingent, with three members of the same family involved!

### What are your archery aspirations?

To be as good as I can be. I want to shoot regularly and get myself a permanent spotter near to my home (Lilleshall area). I first made the BBS team in 2019 for the 2020 Para Euros in Italy, but due to the pandemic it was called off. I wish to stay on the team for as long as I can, and further promote blind archery in the hope that others will take up the sport. Archery has helped me immensely with my independence and social inclusion.

# 3D and field archery spring calendar

Thinking of getting competitive at field or 3D archery? There are plenty of tournaments to enter this year, whatever your skill level or experience

## March

**Pentref Bowmen** in Llwynypia, South Wales will kick the competition calendar off with their first field tournament of the year on 26-27 March. This will be a mixed field round so you will be able to test your distance-judging skills as well as your ability to shoot on varied terrain. It's a big year for Pentref Bowmen as they will also host the British 3D Championships at the beginning of May and the British Field Championships at the end of May.



## April

**Kendal Bowmen** will host the first 3D tournament of the year on 2-3 April. The Cumbrian venue is always stunningly beautiful in spring with bluebells aplenty and birdsong in the air. Kendal Bowmen will certainly test your fitness but you'll come away satisfied that you've been challenged, and knowing that you've shot one of the UK's loveliest courses.



## May

In May, we welcome a new venue into the competition calendar for the first time this year. **Ballands Bowmen** near Wincanton, Somerset are very experienced at hosting National Field Archery Association (NFAS) shoots but plan to hold their first World Archery 3D tournament. **Deer Park Archers** near Cheltenham, Gloucestershire are also hosting their annual 3D tournament in May.



**Dearne Valley Archery Club** and **Wharfe Valley Archers**, both in Yorkshire and **Overton Black Arrows** in Hampshire also have field shoots in the diary, along with **Ballyvalley Archers Banbridge** and **Lough Cuan Bowmen** in Northern Ireland.

Visit [www.gbnifield.co.uk/shoots](http://www.gbnifield.co.uk/shoots) to see the complete field and 3D archery calendar and how to enter, or visit the individual club websites. If you are nervous about entering any of these tournaments, do get in touch with the tournament organiser and let them know. They will always do their best to pair you up with an experienced archer who will be happy to show you the ropes and get you hooked!



# European Youth Championships

15-20 August, **Lilleshall**

The Archery GB competitions team is busy preparing for a very exciting year, which will see the return of events with spectators this year. One of the highlights will be the European Youth Championships on 15-20 August (competition begins 16 August) at Lilleshall, when the team looks forward to welcoming more than 350 athletes from 30 countries to our Shropshire headquarters.

There will be free viewing to members during the week and

more details to come on how you can see the medal-winning matches both online and in person. With team, mixed team and individual events for both under 18s and under 21s shooting compound and recurve, there will be plenty of exciting matches from the best young archers in Europe.

**Keep an eye on our website, social media and ezines to find out how to register for tickets.**



*"The team looks forward to welcoming more than 350 athletes from 30 countries to our Shropshire headquarters."*

## Volunteer at the European Youth Championships

Would you like to help the Archery GB Events team host the European Youth Championships? We'd love to hear from you, however much time you can spare to lend a hand.

To apply for a role at the European Youth Championships, please visit: [www.surveymonkey.co.uk/r/SXB3TK2](http://www.surveymonkey.co.uk/r/SXB3TK2) where you will be taken through a quick survey. This will help you to apply for specific roles, such as field of play volunteers, athlete, admin or media support – all great opportunities to make new friends, learn new skills, and help your CV stand out from the rest!

While our volunteers can be under the age of 18, a parent or legal guardian will need to sign a consent form. They will also need to provide a point of contact who'll be available for the event. As with any major sports event, the hours that will be worked will be long, but also very rewarding and fun!

For more information, please visit our dedicated webpage: [www.archerygb.org/volunteer-at-the-european-youth-championships](http://www.archerygb.org/volunteer-at-the-european-youth-championships)

**European  
Youth Archery  
Championships**

**LILLESHALL 2022  
15-20 August**



# See Europe's best youth archers shoot for glory

**15-20 August, Lilleshall, Shropshire**

The week-long event at Archery GB's HQ at Lilleshall incorporates team, individual and mixed team events, and promises to be the event of the year for hundreds of archers and spectators.

## Schedule

**Sat 13 and Sun 14 August**

Arrival of teams

**Monday 15 August**

Official practice

**Tuesday 16 August**

Qualification rounds

**Wednesday 17 August**

Team matches

**Thursday 18 August**

Team matches and mixed team finals

**Friday 19 August**

Individual matches and team finals

**Saturday 20 August**

Individual finals

## #EYAC2022

You're all invited! Keep an eye on Archery GB's website, social media, summer Archery UK magazine, and ezines for more details.

**We look forward to  
seeing you there!**



Lilleshall



**world archery  
europe**



Words by Izzy Carpenter

# European Indoor Championships

14-19 February, Laško, Slovenia

At the 2022 Indoor European Championships in Lasko, Slovenia, Great Britain won four medals in the individual finals

## Barebow

GB's barebow archers had an amazing week at the European Indoors, and to top it off, all three of them will be returning home with an individual medal.

Fifteen-year-old Oliver Hicks who has been competing in the senior barebow men's category, has won the silver medal. He faced Leo Pettersson of Sweden in the finals, and they shot an incredibly close match. The Swedish archer took the first four set points, and Oliver followed this with a 30 in the third end. They archers drew the fourth end both with a 25, and also the fifth end with two 29s. The match concluded with 6-4 in Pettersson's favour, meaning that Oliver will take away with silver medal for the barebow men.

Oliver said: "It was a tough match and a great challenge to shoot against Leo. I'm most proud of shooting a 30 to stay in the match, and coming back from 4-0 down to finish only two points behind. I really appreciate the support from all the GB team at my first international competition. It has been an amazing week and a fantastic experience."

Up first for the under 21 barebow women was Kathryn Morton versus Italy's Eleonora Meloni for the bronze medal. Kathryn opened

strong, taking the first four set points. The Italian then came back to take the next four set points in ends three and four. It all came down to the final end, where the winner of the match would be whoever took the next two points. Kathryn shot a 23 to Meloni's 20, earning her the win and the bronze medal for the under 21 barebow women.

**"I am happy with how I shot and I know where to improve to finish at the top."**

**Amelia Chumber**

Kathryn said: "I'm really happy with how my match went today. I shot strong shots that I was happy with, but they just didn't go where I wanted them to."

I'm definitely most proud of my comeback after qualification, and I'd like to thank the coaches and the team for their support this week."

In the under 21 barebow women's gold medal final, Amelia Chumber competed against Elena Topliceanu from Romania. The first end was won by the Romanian, and



end number two was drawn between both of the archers. Amelia took the next two set points with a 28, and the women drew again in end number four. At four all, the winner would be decided with the last three arrows. Amelia's 22 points to Topliceanu's 25 meant that the Romanian took the title. Amelia is coming home with silver medal for the under 21 barebow women.

"I am happy with how I shot and I know where to improve to finish at the top," said Amelia. "Being one of the first barebow archers to compete in the European Indoors is exciting."

You can read more about Amelia Chumber in our feature on page 44.

## Compound

For the compound women's gold medal match, Ella Gibson met Elizaveta Knyazeva of Russia to fight it out for the title. Ella opened strong with a 30 to the Russian's 29. For the remaining 12 arrows of the match, Knyazeva shot a consistent 28 points every end. Ella took her advantage, gaining one point over her opponent in the third end, and then two points above in end four. The women went into the final three arrows at 113-115 points in Ella's favour. Both shot a 28 to finish, which was enough for Ella to keep her two point lead, winning her the gold medal, 141-143.

Full results on [www.ianseo.net](http://www.ianseo.net).



# QUICKS Archery

Quicks Archery  
18-21  
Stakes Hill Rd  
Waterloovill  
PO7 7JF

Quicks Archery  
Unit B1  
Reme Drive  
Honiton  
EX14 1SE

Quicks Archery  
Coming  
Soon



*Team spirit: GB's archers returned home with with gold and silver medals*

**OVERSEAS COMPETITIONS**

# World Archery Para Championships

20-27 February 2022, Dubai

**T**he World Archery Para Championships took place in Dubai in February, with GB represented by a smaller team than anticipated, following a positive Covid-19 test from two of the original athletes, Victoria Rumary and Nathan Macqueen.

The final line-up featured: Compound Women Open: Jess Stretton, Jodie Grinham, Phoebe Paterson-Pine; Compound Men Open: Jamie Harris; W1 Women: Victoria Kingstone; W1 Men: Martin Saych; Recurve Women Open: Hazel Chaisty; Recurve Men Open: Cameron Radigan, Dave Phillips

Ahead of the event, Tom Duggan, Archery GB's Performance Director, commented: "A World Championships at this time of year for us presents some different challenges in terms of how we prepare, given it comes in the middle of winter. Nevertheless, the athletes and staff are looking forward to that challenge as we look to build upon the Tokyo cycle and our preparations for Paris."

British Blind Sport - Archery Section (BBS-AS) was represented by VI 1 archers and spotters:

- Clive Jones, VI 1:** Graham Rees-Evans, Spotter and Team Manager
  - Roger Rees-Evans, VI 1:** Ian Rees-Evans, Spotter
  - Stuart Rodgers, VI 1:** Rick Smith, Spotter
- Clive Jones, Roger Rees-Evans and Stuart Rodgers finished in 9th place after losing in the 1/8 matches.
- Carol Davies, BBS-AS Secretary, said before the event: "Owing to a lack of entries, World Archery had to combine the VI 1 and VI 2/3 categories, which meant that VI 2/3 had to shoot in blindfolds. Sadly our three VI 2/3 archers withdrew from the competition because they did not have enough time to practise. The competition will not be the same without them: Steve Prowse, Nick Thomas and Phil Tranter will be greatly missed."

Despite the smaller team, the event was a great success with the GB team bringing home bronze and silver medals!

**See the full results of the Championships on lanseo, read our reports from the event at [www.archerygb.org/news](http://www.archerygb.org/news) and our social media channels.**

## Paralympic coach Rikki Bingham moves into new role

The World Archery Para Championships was Rikki Bingham's last competition as a coach for the Paralympic team. Tom Duggan, Archery GB's Performance Director, said: "Rikki has now moved full time into a new role as Performance Programmes Manager, working across the Paralympic, Olympic and Pathway programmes.

"Over the course of the Rio and Tokyo cycles, Rikki has been pivotal to the development and success that the Paralympic programme has had on the international stage. Today's match was a fitting end with two of the athletes she has worked with over the past two cycles fighting it out for a World medal.

Rikki added: "I have been privileged to have worked with almost everyone on the team at some stage of their archery career. And they all continue to get stronger. Luckily my new role means I continue to be able to work and travel with them, just in a different capacity."



# Silver for Phillips and Radigan in Recurve Doubles



Above: Dave Phillips and Cameron Radigan congratulate their opponents

**"After a difficult couple of years with some limitations on training, it's been great to shoot alongside Cameron on his international debut. And securing a World Championship silver in the Men's Doubles!"**

Dave Phillips

**GB MEN** Dave Phillips and Cameron Radigan won silver in the Recurve Doubles. The event was the first of its kind for World Archery while the win marks an incredible introduction to the international competition circuit for 19-year-old Radigan.

The pair lost out to the Iranian duo of Gholamreza Rahimi and Asghar Zareinejad in their final match, finishing 4-5. The Russian Archery Federation (RAF) took the bronze. The GB pair had finished 4th in qualification earning them a bye to the quarterfinals where they won 6-2 against Thailand. They then faced RAF in the semi-finals reproducing their efforts with another 6-2 win. In the final, GB and Iran drew 4-all after four sets, taking the match to a shoot-off. Both teams shot a 9 and a 7 but Iran's 9 was closer to the centre meaning they took the gold.

Speaking after the match, Dave Phillips said: "It has been a privilege to shoot in the first Doubles event ever to be held. After a difficult couple of years with some limitations on training, it's been great to shoot alongside Cameron on his international debut. And securing a World Championship silver in the Men's Doubles!"

Cameron Radigan added: "Really pleased with my shooting and we did our best on the field!"

● For more on the action, visit [www.archerygb.org/news](http://www.archerygb.org/news)

# Bronze for Gibson at Lancaster Archery Classic

30 January,  
Pennsylvania, USA



Compound archer Ella Gibson finished third after making her debut at the Lancaster Archery Classic in Pennsylvania, USA. Gibson was competing in the Women's Open Pro category where she ranked first with a score of 653 in qualification. She won her first match against US archer Baylee Deer 129-128, describing the match as "tricky" before taking a "nice win" 132-130 against Sharon Wallace, also of the US.

**"My coach told me pretty much just to enjoy it."** Ella Gibson

Ella said she was looking forward to trying the new finals format, where archers have the choice of shooting for a 12-point scoring ring. The high-risk, high-reward ring measures 1.5cm across and is positioned below the centre of the target, on the line separating the 7 and 8-point rings meaning a miss will likely result in a score of either 7 or 8 points.

Archers must call the 12-ring before they shoot at it, and they can only call for it once per three-arrow end. The idea is to give an archer a chance to make up lost ground or to try to seal a victory.

In the semi-final, Ella faced Jyothi Surekha Vennam, of India. She lost the first round 31-33 before drawing in the second 33-33 and the third 32-32. Vennam went into the fourth round with a two-point lead and later won the match.

Vennam went on to take the gold, with Paige Pearce of the US in second and Ella in third. Ella later told the commentator: "My coach told me pretty much just to enjoy it."

# Two bronze medal wins for GB Compound Open archers



Left: Jamie Harris and Jessica Stretton shoot their way to a bronze medal

Worlds with Jess was amazing."

In the Compound Open Individual matches on the same day, Phoebe Paterson Pine faced Jessica Stretton in the bronze match. Taking it to a one arrow shoot-off, Jessica shot first scoring 10, but Phoebe shot a better 10, taking the bronze medal.

Jessica commented: "Phoebe did amazingly in our match. We both shot really well and I couldn't have asked for a better competitor to take it to a one arrow shoot-off." Bronze medal winner Phoebe Paterson-Pine said: "The match today was incredibly hard. And it's always tough coming up against a teammate, especially someone as amazing as Jess is. But I managed to keep my cool and stay in my own lane for the duration of the match. I managed to perform to the best of my ability as well."

**GB'S COMPOUND OPEN MIXED TEAM**, comprising Jessica Stretton and Jamie Harris, claimed bronze on 25 February. Jessica commented: "Jamie and I shot well together, and we had a lot of fun." Jamie added: "Shooting on the finals field for the first time has been an exhilarating experience and to win a medal at the



## OVERSEAS COMPETITIONS

# Penny Healey strikes gold at Indoor World Series

6 February, Las Vegas, USA

Words by Izzy Carpenter

At the 2022 Indoor World Series Finals held in Las Vegas, USA, Great Britain's Penny Healey brings home the title as the recurve women's champion. The Series Finals' competitors are ranked based on their combined performances at both the Nimes Archery Tournament and The Vegas Shoot. The top ranked 16 archers from each category then compete in head to head rounds starting at the 1/8 all the way to the finals.

In the 1/8 round, fourth ranked Penny Healey was unfortunately pitted against fellow GB teammate, Bryony Pitman. Pitman came into the Series Final ranked in 13th position. The two archers took their match all the way to a shoot off where both of them shot a ten. In the end, Healey's arrow was closest to the centre, sending her through to the quarter finals. Healey next fought against fifth ranked archer from the Netherlands, Laura Van Der Winkel. The match was over in three ends, Healey easily taking the win 6-0.

In the all-important semi-finals, Healey faced Colombia's Ana Maria Rendon who entered the competition in 9th position. Healey managed to only let three points slip in the Colombian's favour, taking the match 7-3.

Then came the live finals, where 16-year-old Healey, who is a member of Audco Archers, in Newport, Shropshire, met the decorated USA archer, Casey Kaufhold. Kaufhold, one of her country's Tokyo 2020 Olympians, was ranked just above Healey in third position for this event. Healey took an early lead in the gold medal match, and was 5-1 up on the American by end number three. Kaufhold took the next end, bringing her up to 3 points. Going into the fifth and final end, all Healey needed to take the win was a nine to draw the end and bring her to six set points. Healey put her final arrow in the ten to take the match 7-3, earning herself the Indoor World Series recurve women's title.

The last winner that Great Britain had at this event was back in 2013 when Andrea

Gales took the compound women's title.

"I'm so happy, I never thought this would happen. I was so nervous that I didn't think I'd get any points at all. It's my first gold medal match as a senior. The win means so much, I don't know how to explain it. I'm lost for words," said Penny Healey, the new recurve women's Indoor World Series Finals champion.

### About Penny

Penny started archery aged ten after watching the film, Brave. In just six years, she has achieved incredible things in the sport, including making history as the youngest archer to win the National Tour Finals at Lilleshall in 2021, more than earning her place on Archery GB's Performance Archery Potential Programme. She said: "It feels amazing knowing that all my hard work has given me this opportunity, and that I'm getting closer to my goals. My advice to other young archers is to work hard and stay motivated, even when you may be struggling or not getting the outcome you want. Just focus on your end goal and it will work in your favour."

## LAST CHANCE ARCHERY

ONE CHANCE | ONE MOMENT  
ONE SHOT

## REVOLUTION ARROW SAW

AVAILABLE

- ARROW SAW
- WATER DRIPPER
- SQUARING DEVICE
- SPIN TESTERS
- DEBURRING TOOL
- COTTON SWABS
- WIRE BRUSHES
- BROADHEAD TOOL
- 230V or 115V MOTOR
- 10,000 RPM



## ReachITWrench

AVAILABLE

- 24 TOOLS IN 1
- STRONG & DURABLE DESIGN
- "STUBBY" HEX WRENCHES
- HEX BITS INCLUDED (torx, phillips, flat head)
- CARRY CASE INCLUDED
- BUILT TO USE IN TIGHT AREAS



AUTHORIZED DISTRIBUTORS



# ARCHERY World

## Coaching with JOHN STUBBS

25 Yrs on the AGB Squad  
Olympic Gold Medal  
Olympic Silver Medal  
Multi World Champion  
Multi World Record holder\*

enquiries@archeryworld.co.uk

Archery World, Gough Lane, Bamber Bridge, PR5 6AQ

\* Achieved as Gents compound para archer

## THE GRASSROOTS

# CLUB

# SPOTLIGHT

We're rightly proud of our club network and the hard-working teams offering great archery experiences for all. In the next few issues, we'll be showcasing some of your stories

## LONSDALE ARCHERS

**Founded:** 2016 **Address:** Queen Elizabeth School, Kirkby Lonsdale, Cumbria LA6 2HJ **Facilities:** Indoor and outdoor range

>> The club is an active contributor to Archery GB initiatives. <<

Lonsdale Archers was formed in August 2016 after survey work for a new sports pavilion in the village highlighted that archery was one of the top two sports most wanted by local residents. This was subsequently put to the test with two highly successful taster days organised by a resident to gauge actual demand. Initially, however, the club struggled to attract junior members, with its first two years characterised by a junior membership of less than five of its 16-20 members.

Since 2016/17, Lonsdale has grown steadily to a membership of 38, with positive recruitment cycles each year. The club welcomed a big influx of juniors in 2019 who now represent 50 per cent of the membership as a whole.

### Junior focus

A focus on junior recruitment and retention was a major part of the club's first published Development Plan for 2019-2021. This plan has been shared on the Archery GB Learning Hive as good practice.

To facilitate this increase in membership, the club obtained a grant of £950 from the Two Ridings Community Foundation and £100 from the local Methodist Church to support junior development. These grants have been used specifically to purchase more junior equipment, but importantly to subsidise junior annual membership fees, which were waived (usually only £25 pa) for the 2019/20 membership

**On the up:** In a short time, Lonsdale Archers has forged strong links in the local community



**Right:** Members benefit from endless opportunities to hone their skills

year intake, and have been kept at £25 since. Monthly field fees are just £3 per month for juniors, ensuring again that there are no major financial barriers to entering the club.

Lonsdale is unusual in making the sport accessible to youngsters from seven years old upwards, and is keen to involve parents as much as possible in supporting events such as the club's annual Junior Championships. This continues to offer a fun and relaxed innovative format, featuring four mini-competitions within the overall competition structure, enabling variety as well as more chances for different youngsters to shine (10-15 yard target shoot; colour themed shoot; 'race to the moon' shoot; and a head-to-head).

## Community ambitions

Four members have now qualified as Level 1 archery coaches, with two focused on supporting junior development. The club currently holds both the AGB Young People and Community specialisms, and is working hard to achieve the Performance specialism, offering six performance squad workshops for members in the year, including three junior members who have entered regional events such as the Cumbria and Lancashire Open Portsmouth events.

The club is an active contributor to Archery GB initiatives including the Big Weekend event (now rebranded as Start Archery Week), with a successful year in 2019 when AGB's chair Mark Briegal attended the event, complementing Lonsdale on its professional organisation and involvement of members in making archery an attractive offer to newcomers.

Driving the junior recruitment and retention is Aaron Christie, one of the youngest on the AGB Ambassador programme, aged 12 when he was selected. Aaron has been instrumental in giving his time to support events in various guises in customer liaison, registration desk, archer demonstrations, supporting coaches, promotional outreach work with the local youth club and Women's Institute, and attending training at AGB headquarters at Lilleshall in Shropshire.

Club secretary Mark Christie is also a part of the related AGB National Mentoring Scheme, supporting Aaron and other ambassadors in their important work. Aaron is a great role model for the youngsters and they are all keen to take him on in the junior events! In 2021, Aaron organised the Big Weekend and was awarded AGB's prestigious Young Volunteer of the Year Award after being nominated by club chair, Peter Blyth.

The club's efforts in making itself family friendly were recognised by Sport England, who bestowed them with special ClubMark accreditation in November



## >> Lonsdale is unusual in making the sport accessible to youngsters from seven years old upwards, and is keen to involve parents as much as possible. <<

2019. This involved meeting very rigorous standards in terms of a range of policies and procedures, including finance, safeguarding, inclusion, community contribution and member satisfaction.

Marketing via social media helps publicise member achievements, as well as participation-oriented events and activities. Lonsdale is looking forward to setting up its pop-up stand this year to help market the club at local events such as the local fun-run. The club is no stranger to appearances in Archery UK magazine too, with coverage of Aaron's work as a Young Ambassador. In his role, Aaron is a shining example of how engagement with sport can significantly raise a child's confidence.


Outreach work is a focus for Lonsdale Archers, now accredited to the Mental Health Charter for Sport. Work is under way to engage people at risk of mental ill health,

such as mild to moderate depression, to be referred via their GP or other services to the club for taster days.

## Promoting excellence

Lonsdale is not just about participation – it also has performance-related ambitions. More members are now engaging with local and regional competitions, and the club continues to offer and diversify its own events, with seniors and juniors enjoying the annual championships, along with other internal events, pre-Covid.

In addition, the club runs lots of opportunities to monitor archers' improvement, with handicap shoots, or the option of obtaining Arrows awards through AGB or their own '252' award scheme at different distances, with an entry level badge at 15 yards. The club keeps a record of people's scores to help benchmark improvements and also help with any setting of handicaps in club competitions.

During Covid, the club kept in touch with members through email and online meetings and quizzes. Despite everything, only six members were lost who had in any case moved to other parts of the UK. "We've proven very resilient," said club secretary, Mark. "And we've now moved to new premises at Queen Elizabeth School in Kirkby Lonsdale, which gives us an outdoor option as before but also an ideal indoor option with a 40-yard hall which could also host local competitions for Cumbria Archery Association, our new affiliation county." 

 [www.facebook.com/LonsdaleArchers](https://www.facebook.com/LonsdaleArchers)

## LIKE TO SEE YOUR CLUB FEATURED?

 [Email: magazine@archerygb.org](mailto:magazine@archerygb.org) sending a brief outline (bullet points will suffice) highlighting recent innovations, achievements, competition results, interesting facts and figures or news, and we'll follow it up with you.





## CLUB PEOPLE

*Allison Wright* is no stranger to battling cancer, and continues to fight in the wake of incredible challenges. Throughout, archery has been her passion to which she returns whenever possible. And she does so with style, shooting her way to victory in field and 3D

# WINNING ATTITUDE





was diagnosed with mesothelioma, a rare type of lung cancer, in 2020 after tests showed that my breathing problems were not Covid related. I was given six to eight months to live, but I'm not a worrier – never have been. Cancer runs in the family: my dad and two sisters died of it in their forties, and I overcame breast cancer in my twenties, so I'm no stranger to hospitals but it was a very exhausting time for my husband and daughter as I underwent various tests during the first wave of the pandemic. There was a glimmer of light at the end of the tunnel though: doctors told me of a new drug trial specifically for my condition, so I grabbed the chance to participate.

When I feel well enough, I crack on with the sport I took up by chance six years ago, aged 50. I never expected to be much good at it and archery friends often used to tease me about my lack of skills, but perseverance paid off. I currently hold 11 indoor county records and have won six national titles. I shoot with both Riverside Archers and Butsfield Bowmen in the North East, and

mainly use an American flatbow these days and also a barebow. I quickly became hooked and started entering competitions and it's gone from there. My method is to work out the distance, then shoot using a modified form of gap shooting by looking at the centre and letting the arrow move to the gap in my peripheral vision. It takes a lot of practice to master the technique, and I've spent many hours working on tiny changes to improve my game.

I've been so lucky to have taken part in many major competitions including the 3D World Championships in Canada in 2019, where I just lost out to making it through to the semi-finals. At a competition recently, one of my arrows looked like it was off course but then somehow found the target. I thought maybe one of my late sisters had a hand in that!



**>> I never expected to be much good at it and archery friends often used to tease me about my lack of skills, but perseverance paid off. <<**

In August 2021, I was given a real confidence boost when I won the National Field Archery Society's annual shoot in Kendal with my American flatbow. I couldn't believe I won a gold medal – I was in tears at the end with relief and happiness. It was a really challenging course and technically difficult, and was such a thrill just to participate, let alone win. And it was wonderful to feel so supported by fellow archers.

Two months later in October, I managed to compete in the National Field Archery Society's National Championships in the Ladies American Flatbow class. I was beyond thrilled to win the championship and there wasn't a dry eye on the course. I also won the Wooden Arrow Mixed Team trophy, along with three fellow archers from Butsfield Bowmen. It was the first time the club had won a nationals trophy. I was especially pleased to have done so well with both those summer championships as I hadn't had long to practice; I just hadn't felt strong enough. I'd spent a lot of the past year in a wheelchair as I'd been too weak to even stand, so to reach the stage where I could shoot my bow and walk a course was fantastic.

Despite some dark times when I thought I might never return to the sport, my love for it continues to lure me back. Just to have the bow in my hand gives me such good feelings and amazing memories. I'd be out there shooting all day every day if I could – I'll never give it up. Sadly my cancer is growing again and I haven't been able to shoot for several months now, but I haven't given up hope of shooting again – watch this space.



**All photos:** Allison's mastery of field and 3D competitions is in spite of long spells out of the sport due to health issues

## HISTORY

Have you tried horseback archery yet?  
*Arthur Credland* gallops through the history books to reveal the origins of the practice

# SHOOTING FROM THE SADDLE



Fig.4



Fig. 2



Fig. 1



**Fig. 3** Relief on the ostrich feather fan of the pharaoh Tutankhamun (c.1341-1323 BC) shows him hunting in his chariot.

**N**owadays when we think about archery, we automatically think of an individual drawing their bow while calmly standing on terra firma. However, mounted archery has a long history and there are many notable images of ancient kings and princes demonstrating their skill with the bow while astride a horse or riding a chariot. Ashurbanipal (seventh century BC), the great

Assyrian king, is shown in the hunting field, bow at full draw, with a servant coming up behind with a supply of arrows (fig.1). Handling a bow needs two hands, so control of the animal was achieved by pressure with the thighs and knees rather than with the reins. Even more remarkably, this was achieved without a stirrup, and the earliest kind, a toe loop of cord, did not appear before 500BC.

The legendary horse archers of the Asian steppes, the Scythians, were masters of the small composite bow with strong recurve and curling tips, giving it the shape known as the Cupid's bow. The illustration shown (fig.2) is from a gilded vessel of the fourth century BC found in a burial mound.

The relief on the ostrich feather fan of the pharaoh Tutankhamun (c.1341-1323 BC) shows him hunting in his chariot (fig.3). The bow, of composite construction, shows a smooth semi-circular form at full draw, but at rest it would have an angular shape, which can be seen on the other side of the fan.

Nearer home, a medieval man at arms in the 13th century, armoured and helmeted, draws his bow. Such heavily equipped and mounted archers were probably largely used

---

## Arthur Credland

Archery GB's official historian

✉ [historian@archerygb.org](mailto:historian@archerygb.org)

---

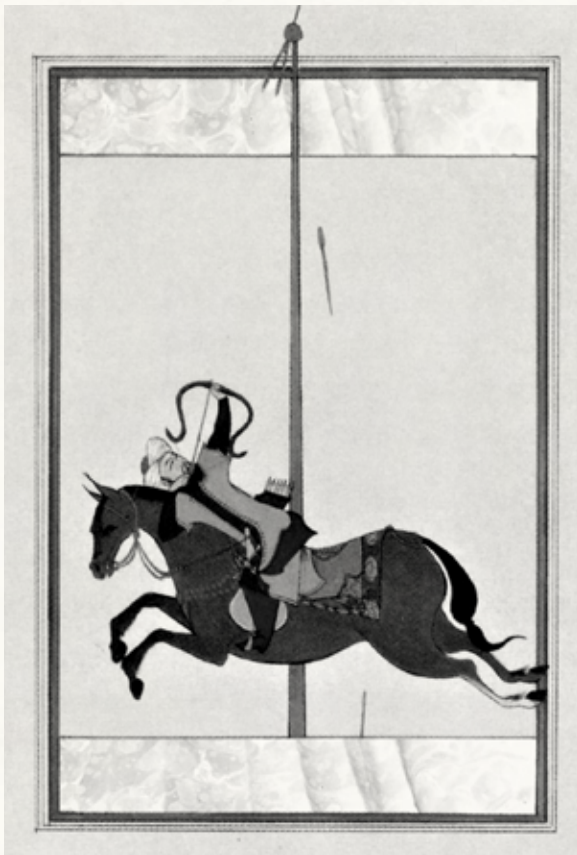


Fig.6

in skirmishes or as escorts to parties of nobility travelling across country. Lightly armed archers or 'hobelars' functioned as mounted infantry, the horse providing a means of rapid transport to where their services were needed (fig.4).

The striking 14th-century Japanese warrior (depicted in a 19th-century print) carries his yumi, a large bow, which was some seven feet or more long. It is asymmetrical in form – the upper limb being some two thirds of the total length. Despite its size, the yumi was used to great effect on horseback. The design of the armour, with its large and loosely-hung thigh defences and shoulder pieces, helped deflect the arrows of the enemy (fig.5).

The Turks brought the composite bow to a high degree of technical perfection and it was a weapon used to great effect by lightly armoured troops on horseback using hit and run tactics. Target shooting was a favourite pastime of the Ottomans and a popular demonstration of skill was galloping past a wooden mast aiming at a gourd placed on the top, as seen in the 15th-century illumination shown (fig.6). Horse archery persisted into the 19th century and the Indigenous Americans of the plains used the bow for hunting bison as well as in battle (fig.7).

Edward McEwen (1934-2020) of the Society of Archer-Antiquaries, taught himself to ride and to use bows of all kinds, including a longbow and a yumi, from the saddle. In fig.8, he is seen using a replica Turkish composite bow he had made himself – quite the dashing, daring showman!

**Interested in taking up horseback archery? See Archery UK's autumn 2020 issue for what to expect from a lesson.**



Fig.5



Fig.7



Fig.8

All pictures from the Archery GB archive. For more information, contact: ✉ [historian@archerygb.org](mailto:historian@archerygb.org)

# THE BARE NECESSITIES

If you've admired the ability of barebow archers but are unsure whether it's the bow for you, three recent medal winners discuss its merits

**M**ary Louca of St Neots Bowmen and James Annall of Bath Archers won gold in the barebow events at the National Indoor Championships 2021, while Noak Hill Archers' Amelia Chumber won silver. So what makes a barebow champion?



## JAMES ANNALL BATH ARCHERS

I took up archery in 2008 when I started university. I went to a have-a-go during freshers' week and was hooked.

Other than the first two weeks of the beginners' course, I only shot recurve for the first year using a club wooden trainer bow. I think I struggled a lot with finger pinching the arrow, having big hands and a long draw length.

The second year I gave barebow a try as I wanted to try competing. I wasn't selected for the university league's match shooting recurve, and the British barebow champs

happened to be about three weeks later, so I put my name down for that. There were a couple of relatively good barebowers in the club who showed me the ropes with string-walking. I progressed from there, experimenting as I went along.

I love the challenge of barebow; it's very much a journey, experimenting with different techniques and aiming references and methods to find what suits you best. Using the arrow for aiming, I feel a stronger connection to the bow than recurve.

Over the years, I've got pretty clued up on the technical aspects of maintaining the bow. There was very little information out there giving specific details of barebow set-up in the past, and it was a case of relying on the FITA manual.

I must stress the importance of basic bow set-up (same as a recurve), limb alignment, bracing height, nock points, centre shot etc. For string walking, particularly for shorter distances, a high nock point and possibly negative tiller might be needed to stop the bow feeling twitchy. For group tuning I just adjust the button. I'll make tiny adjustments to the centre shot to adjust group size, and then adjust the button pressure to move the group left or right.

I've been making my own strings for about ten years. Ordering several strings for a 72" bow gave inconsistent lengths, so I decided to make my own; it comes in useful for different limb brands. I've made my own tabs for about eight years too, mainly because there wasn't much choice back then for a 'three-under' tab, plus it keeps the cost down.

The biggest challenges of shooting are the same as for recurve really; it's just harder to keep draw length consistent, not having a clicker. Aiming references can also be a challenge for outdoors; it took several years of experimenting to find what worked consistently for me. I combine string walking





**>> Going to competitions is like having an archery extended family. It's a chance to catch up with people around the country, see how they're getting on. <<**

and anchoring under the chin for longer distances (corner of mouth reference for shorter distances). The most important factor for me is being able to aim at the middle of the target (or at least somewhere on the vertical centreline of the boss) for all distances, otherwise you're relying on trees or patches of daisies to aim at.

I didn't do any special prep for the National Indoor Championships. I put my focus on executing my shot routine, with only a small amount on aiming. I know that if I execute the shot properly then I'll score at least an eight, and if I get any nerves, I just need to muffle them and get on with the routine – stretching the diaphragm by moving about or humming.

There was a fair bit of luck too. My grouping wasn't quite up to scratch on the day, whether down to the lighting or my tab needing a trim, I'm not sure. I just kept a level head, shooting 27s on my good ends. Luckily the couple of awful ends I had in the semis and finals coincided with my opponents' best ends.

Going to competitions is like having an archery extended family. It's a chance to catch up with people around the country, see how they're getting on, and push each other to improve with some friendly rivalry.

I'll start doing a bit more outdoor target shooting again now that barebow is a recognised category for World Archery, and with the introduction of the 50m 720 round, it'll be useful to gain more head to head experience. My ambitions are to get some British records, and I'd like to medal at World/Europeans for field/3D, and perhaps target too if barebow gets added to the international target events.

It's been great to see barebow going through a bit of a renaissance thanks to people such as John Demmer III, David Jackson, Jake Kaminski, and Martin Godio putting useful content out there.



**>> Indoor and outdoor seasons both have their own types of positives. I find indoors is a lot more intense. It gives me a bigger opportunity to compare myself more to recurve archers. <<**

**Left:** Amelia shot her way to silver at the National Indoor Championships at Stoneleigh Park in 2021

## AMELIA CHUMBER NOAK HILL ARCHERS

I chose barebow because it was different. It stood out to me. I started archery at a have-a-go session and a year after my beginners' course I was entering competitions regularly. I find barebow more of a challenge in terms of the extra demands it adds and how I'm able to improve each time I shoot, but I also find it relaxing. It's fun and that's important.

I think my success at the National Indoors was due to my determination and happiness in the sport. I want to learn how to improve and I will work hard to do that. I want to get the best out of my ability so I am always willing to listen, take instruction and learn from my coach, Richard Burgess. He has been my coach since 2019 and makes learning easy. I always feel confident, even when I am asked to correct things, and I wouldn't be the archer I am today had he not been my coach.

I have what other archers describe as a winning attitude. My focus is on my performance and not on what others are doing. I am only thinking of my score and don't get distracted. I try to remain positive and think of the goals and challenges I have set for myself and what I need to do to achieve them.

I have entered many competitions in the short time I have been shooting, from local to international level. I love the aspect of improving my own score in new environments and meeting new people. I enjoy the different kind of pressure competitions give, especially when it comes to head to heads. There is always something to learn at a competition.

I have become more involved in the technical aspect of archery, and enjoy that as much as I do shooting. Coach Richard has helped me learn how to maintain my bow, button, arrow rest, serving, nocking points etc. He has taught me to become more independent rather than relying on others but also to pass the knowledge on. That way we all improve.

Indoor and outdoor seasons both have their own types of positives. I find indoors is a lot more intense. It gives me a bigger opportunity to compare myself more to recurve archers. Outdoors is a very different atmosphere as it has the added distances which I love to experiment with. I have discovered field archery and love that

as well, especially shooting in all types of weather and surroundings.

My ambitions are to return to shoot at the Lancaster Classic in the USA and get to the podium shoot-offs. I would also like to get a few more UK, European and World records. I have always wanted to shoot for GB – mostly I would like the opportunity to shoot in international competitions.

I admire John Demmer III from the USA. He's a multi-national- and world champion and passionate in helping archers develop and grow the barebow community worldwide. I also admire Lina Bjorklund from Sweden – she's been a top, world archer for a very long time and I hope to be like that. I was fortunate to shoot alongside both archers in 2020.

I would definitely recommend barebow to new, young archers. It's becoming more popular and that is good for the sport. There is less distraction when it comes to the amount of equipment you need to shoot, and the challenges are just the same. Most recognise that it's okay to enjoy a different type of archery. It's okay to be different.

## MARY LOUCA ST NEOTS BOWMEN

At university I had the opportunity to attend a few different taster sessions during freshers' week and the archery club had some friendly faces so I joined. The rest is history!

At the beginning, I found barebow allowed me to develop my form without worrying about the scores and the equipment variables that come with other bowstyles. I have now consciously chosen barebow as it allows me to adapt quicker should conditions change, which in turn benefits me by increasing my self-awareness.

I personally ensure that my string is waxed, my equipment is always dry before storing, and that my arrows are fletched. I cared for my equipment as a novice in the same way that I do now which I find easy and quick.

I regularly compete. I think it's important to compete as you get to meet a lot of archers from around the country which really makes you appreciate how strong and supportive the archery circuit is in the UK. It had been difficult to get to the range regularly before the National Indoors competition last December, so I focused



**>> At the beginning, I found barebow allowed me to develop my form without worrying about the scores and the equipment variables that come with other bowstyles. <<**



on my mental preparation. As it was the first year barebow was at the event, I drew from my experience of the UK Masters to prepare for the head to head as much as I could.

Shooting indoors is rather different to outdoors. When outdoors, there are other variables to consider – the weather, the perspective of the field, and change in equipment can all be very challenging but at the same time archers seem to be more relaxed and enjoy the nice day out (and the snacks throughout the day). For indoors, it's a more focused environment, albeit still friendly, and the only variable you need to control is yourself, therefore the mental preparation is significantly more important.

I thoroughly enjoy shooting at amateur level and due to my other time commitments, it would be challenging to aspire to be a professional. My ambition is to get Grand Master (GM) status and although I have achieved GM scores in some competitions in the past two years, due to Covid, I was unable to obtain the required three in the same season so far.

I admire barebow archer Sarah-Ruth Hubbard. She is an incredible archer nationally and was number one a few years ago when I first started competing regularly. Having had the opportunity to shoot with her recently, I admire her mental preparation and game during competitions. She is very much a competitor and does not entertain a negative attitude in herself or others. As such, she has inspired me to focus on the mental aspect of competing. Furthermore, Sarah-Ruth has put significant effort in raising archery's profile in Norfolk and beyond by organising competitions and creating links with archers in other counties.



**Above and left:** Mary started archery at university – now she wins gold medals!



## Backstop Netting

- white or green nylon nets
- any size
- all nets supplied with steel headline wire for easy erection
- ask your retailer for Knox



W&J Knox Ltd  
Mill Road, Kilbirnie, Ayrshire,  
Scotland KA25 7DZ

Telephone: +44 1505 682511

Email: [nets@wjknnox.co.uk](mailto:nets@wjknnox.co.uk)

Website: [www.wjknnox.co.uk](http://www.wjknnox.co.uk)

Max Hamilton

Tom and Millie Fisher

# Celebrating 50 years

**2021 marks our 50th Year in Business**

*making 100% of our products right here in Prescott Valley, Arizona.*

*As the **largest** Nock and Vane manufacturer in the world, we have been dedicated to the betterment of archery for last 5 decades. AAE is a team of passionate target archers resulting in well thought out and tested products.*

**Integrity • Excellence • Innovation**



[www.arizonaarchery.com](http://www.arizonaarchery.com)



# STUDENTS' UNION

*Laser focus: Students battle it out at the 2020 BUCS Indoor Championships*



# As universities nationwide begin to return to a 'business as usual' format, **Izzy Carpenter** looks at the rich rewards of seeking out the student archery club

**Inset:** Warwick University graduate Tom Hall (centre) became an Olympian at Tokyo 2020



For many people, archery becomes a new hobby they discover while at university – a fun sport to get stuck into that's social, interactive and great for introducing you to people who you might not otherwise meet. For others, archery is a chance to flex their skills competitively.

University archery can appeal to both types of needs. Tom Hall of the Great Britain Olympic squad is one of this country's best archers whose journey started off at university. He said: "I started archery at Warwick University in 2010. Just found the club by chance really. I did my beginners' course and shot for the novice team in my first year. That was really important – it meant I got to experience being a part of a team and shooting for something bigger than me right from the start, even though I was just trying to crack the 500 mark on a Portsmouth round."

If a university has an archery club on site, it will be listed on their website. However, it is worth noting that not all universities have archery clubs. Alternatively, you can find a list of all the clubs in the country on the Start Archery website ([www.startarchery.co.uk](http://www.startarchery.co.uk)) under the 'Find a Club' tab. Depending on if you want to commute to university or live on campus, this is something to consider looking into before applying. You may also need to take into account the type of archery club that is available and

**>> I started archery at Warwick University in 2010. Just found the club by chance really. I did my beginners' course and shot for the novice team in my first year. <<**

**Tom Hall, British Olympic Archer**

what bowstyles and equipment they can accommodate. The clubs should usually provide a point of contact via email so that you can ask the relevant questions.

Birmingham and Derby alumna, Philippa Taylor, spoke a little about the process of getting into the archery clubs of the

Pics courtesy of BUCS



**Study and shoot:** Everyone from beginners to competition winners are welcome in university archery

universities she attended and how they differed: "Both Derby and Birmingham had social media pages and a stand at their freshers fairs/virtual drop-in sessions [lockdown] to join. For Derby there was no limit on members so anyone was welcome. But Birmingham had a limit so you had to be selected to be a part of the club. Prices varied at both universities, but these included AGB membership, so this was a very reasonable membership in comparison to the usual external club rates."

British Universities & Colleges Sport (BUCS) is the national governing body for higher education sport in the UK. The BUCS archery website ([www.bucs.org.uk/sports-page/archery.html](http://www.bucs.org.uk/sports-page/archery.html)) has a lot of information about up-and-coming events. The BUCS annual events, including the outdoor and indoor championships, are the perfect student-only tournaments for a new university archer to aim towards. The events are well run, team-orientated, and there are many different categories to cater to the needs and skill levels of all competitors. These tournaments are also the best place to go to talk to fellow archers and get to know your peers and ask them questions. Everyone there is inviting and friendly, so don't hesitate to introduce yourself!

**>> University archery is very special due to the ability to compete at both a novice and experienced level with all bow types. <<**

**Philippa Taylor**



"University archery is very special due to the ability to compete at both a novice and experienced level with all bow types, and everyone's enjoyment of archery is celebrated through more teamwork than I've seen in other disciplines of archery," Philippa added.

Tom continued: "I got onto the experienced team after that and spent a few years progressing up, using the BUCS championships as my big targets. I started to get into doing national tournaments by 2013. I did a lot of tournaments way above my head those years, just to experience shooting at a higher level. Every time I came away determined to get better so that I could compete there."

If you're someone who wants to take their archery to the next level, as Tom did, and start doing more national events, all of the year's tournaments are listed on the Archery GB section of the Sport80 website: <https://agb.sport80.com/public/widget/2>. The best way to grow as an athlete and get better is to shoot among the best in the country. Not only can you watch these archers shooting, but you can also have a chat with them and get more of an understanding of the level you want to aim for.

"Being in a very competitive environment with other experienced archers can help

## >> University archery has been a big part of my life, not only in having a second family, but also the support the university and BUCS gave towards international events. << Philippa Taylor

push you to your limits and have regular friendly rivalries which can end in great friendships," Philippa explained.

Before attending these shoots, chat to some of your university club members to see what they are doing. It's always a good idea to consider travelling to competitions with other people. Carpooling is not only good for saving a bit of cash, but it's also nice to go to a tournament where there will be a familiar face on the shooting line. Some university clubs attend national shoots as a group, often car-sharing or getting a small bus. It's worth looking into these options while you're first getting into serious competitions.

"Once I'd latched onto those tournaments, it pulled me up to getting my 1200 FITA and selection for the World University Games into 2015," Tom said.

For many students, they know from the very start that their primary end goal is to make the GB team for World University Games. The event is like a small Olympics, but just for athletes at university. Students from all over the world, doing all kinds of sports, come together for a week of competition. This tournament is a great way to meet other GB students, learn more about their sports, and sometimes you even get a chance to support them and watch them compete. It also allows you to meet archers from other countries and form new friendships. The next World University Games will take place from 26 June – 7 July 2022 in Chengdu, China.

Both Tom Hall and Philippa Taylor have attended the World University Games. Tom went to the 2015 in Gwangju, Korea, where he and his teammates came in ninth place for the recurve men's team round. Philippa went to the most recent Games in 2019 in Naples, Italy. Both events saw thousands of athletes from around 20 different sports compete in the same place.

"University archery has been a big part of my life, not only in having a second family, but also the support the university and BUCS gave towards international events," said Philippa. "They gave me the support and preparedness to compete at the World University Games."

Before looking into attending any of the BUCS competitions, whether indoor or outdoor, it is important to check if you are eligible to apply. Closer to the time of the event, a criteria form will be sent out which will state what scores you



Pic: World Archery



are required to attain in order to attend the BUCS competitions. This is usually a couple of scores of the relevant round (indoor and outdoor) over a certain score, shot at a record status event. If you are already affiliated with a university, their competition team should contact you in regards to this. If not, give them a ring for the information.

"The organisation of BUCS events is very smooth and the judges that are involved are very welcoming, and so much hard work goes in behind the scenes," Philippa said.

Tom Hall, 2020 Tokyo Olympian (pictured above at the Games), summed up his experience quite simply: "Student archery literally changed my life forever."

### More information

For more about student archery, visit [www.bucs.org.uk/sports-page/archery.html](http://www.bucs.org.uk/sports-page/archery.html)

For all student archery queries, contact: [olivia.hellas@bucs.org.uk](mailto:olivia.hellas@bucs.org.uk)

# HOW TO: BUILD A JUNIOR ARCHERY CLUB

Want to increase the number of juniors at your club? Wallingford Castle Archers has the highest number of U18 archers in the country – we asked head coach and president *Marc Tamlyn* how it all works

**W**allingford Castle Archers was Archery GB's *ontarget* Young People Club of the Year 2021 winner. Founded in 2015, the Oxfordshire club has since grown to have the most junior members in the country, with more than 100 archers under 18 years old.

### Structure is essential

The vast majority of Wallingford's (WCA) junior members take part in weekly coach-led sessions with a group of their peers. The number and type of the groups has changed many times as the club has grown, but the core ideas remain the same.

➦ Children (and their parents!) have busy schedules and benefit from a clearly defined, predictable time in the week for archery. It also makes it easier for coaches to commit to attending, meaning parents aren't always required to be there – extremely helpful for those with multiple children with differing interests.

➦ Archery is an individual sport, but it's also a social experience. Training with people of a similar age and ability boosts the sense of belonging and helps to forge friendships which can keep people involved when progress feels harder.

➦ A 'little and often' approach to coaching helps junior archers take on new information in bite-size chunks. With coaches curating their technical development over a longer period of time it can also help stave off bad habits before they become embedded.

**>> Without the structure in place, it would be impossible to manage the number of archers shooting every week. <<**

Without structure in place, it would be impossible to manage the number of archers shooting every week, but it started out with just one or two groups. The benefits become clear really quickly, not only in their improving archery skills but also in motivation and retention. Once sufficiently competent, archers are encouraged to shoot more often if they want to, especially those with other family members who shoot.

### Age is no barrier

WCA currently runs nine junior training groups every week, made up of four different levels: Minis 1, Minis 2, Arrows and Junior Team. More than half the club's archers are between the ages of five and 11.

➦ Archers under the age of 12 really benefit from a dedicated space and time to shoot, especially when they are first starting out.

➦ Sessions need to be relatively short to retain children's attention. If shooting single detail then you can fit in warm-ups, some technique work, practice time and a game or some scoring all in a 45-minute session. With short distances to walk to, and the natural inclination of younger children to shoot very quickly, they can shoot as many as 60 arrows in that time! Older groups shoot for 90 minutes, and work in more technical detail towards their competitive goals.

➦ Trainer bows are available in a wide range of sizes, right down to tiny 48" bows and this equipment is provided for mini sessions. The equipment does take a bit of a battering, so a dedicated team to help maintain bows and arrows is important!

---

**Youth squad:** Coach Marc Tamlyn has built Wallingford Castle Archers' junior contingent to more than 100 under 18 year olds



# JUNIOR CLUBS



⊕ It is imperative that children understand that the activity they are doing is potentially dangerous, and be respectful of the equipment and the processes of the range. Behavioural issues are extremely rare, as most are so excited to be allowed to “play with real pointy arrows” that they instinctively behave sensibly. A question-led introduction to safety rules allows children to work out the process for themselves and encourages understanding.

⊕ We find that children need to be in Year 1 at school before they start regular archery. At this age they are typically tall enough to be able to draw the bows, aware enough of their body to learn the technique, and have also learned how to be in the right place at the right time – essential for range safety. Younger children typically need more direct supervision, but at WCA have-a-go events, even two year olds can get their first taste of shooting! The majority of our junior members start at around eight years old.

## Everyone loves a badge

Archers at almost every level love a new achievement, whether that is a personal best, classification improvement or medals and titles. Children are no exception, but full distance rounds can be very challenging when they first start out. World Archery has an excellent badge scheme designed for beginner archers: the feather and arrow awards. Each level has a score component, some technique to master, and useful information about the sport to know and understand. Pin badges are available from the World Archery shop for around £3 each.

The scheme also provides a great framework when selecting distances and target faces for archers to shoot at. Our ‘Minis’ start off on 80cm faces at just 6m, progressing to 8m and then 10m when they are confident and competent at each distance. Older children may start at 10m, progressing to 14m and 18m, all on the larger faces, before then tackling a

**>> We have been lucky enough to watch some of our junior members grow up from nervous pre-teens to confident young people heading off to work or university. <<**



*Above: Confidence building is key*

Portsmouth or longer distances at full-size faces outdoors. This ensures archers are always shooting at a distance which is challenging but achievable; this is key for developing confidence.

Harder targets, especially new straw targets, will typically result in a lot of bouncing arrows with the very low poundages shot by small children. We’ve had the best results with layered foam targets. Depending on the design, you could also consider placing them on the floor to make it easier for littler ones to reach their arrows.

*Above: Through the sport, young people blossom in all aspects of their life*

## More information

If you are a coach or club administrator who is interested in developing their junior club, have questions or want advice, Marc would love to hear from you. Contact Marc at: [hello@wallingfordcastle.co.uk](mailto:hello@wallingfordcastle.co.uk)

## Rewards for hard work

Coaching children can definitely be hard work, but the rewards are also great. It’s a wonderful thing to be involved in a child’s development, and the connections you form as a coach are precious. We have been lucky enough to watch some of our junior members grow up from nervous pre-teens to confident young people heading off to work or university. Some have even now trained as coaches and help to teach the younger ones.

Wallingford’s coaches are professionals who are paid for their work. Marc is the only full-time coach, but the club’s other coaches are also reimbursed for their time. This doesn’t require any additional professional insurance beyond Archery GB membership when working in a club setting and when your coaching licence is up to date. Parents are generally very happy to pay for a quality experience, and it is what they expect when compared to other similar activities. When considering what you can reasonably charge, compare your club to local sports and activities such as tennis, golf, dance classes and music groups. Finding the right pricing matters, not only to fund the time of the coaches and the purchase and maintenance of equipment, but also to ensure the experience is viewed with the value it deserves.



UK's largest manufacturer of  
World Archery registered  
target faces



**ARROWHEAD**   
info@arrowheadtargets.co.uk



**New IR PERFECTIUM™**

The New IR Perfectium™ is the highest quality glass lens ever seen in Archery. Feather Vision worked with ZEISS, a pioneer in optics, borrowing from the research and development in ophthalmic lenses, to deliver the highest level of optical refraction available. The optical material class selected for the IR Perfectium™ provides the highest level of clarity and overall optical quality.



**Feather VISION™**  
www.feathervision.com

# NEW PERSPECTIVE

County coach *Emma Broxholme* suggests ways that coaches can cultivate a more inclusive environment for people with autism and additional needs



I began coaching in my mid-teens after helping at a club open day. I enjoyed it so much that I signed up for a Level 1 coaching course. As I was still a junior, I had to work under the supervision of more experienced coaches, which was a great opportunity to observe different coaching styles. From very early on, I was interested in the techniques used to build relationships with archers and ways to explain new ideas.

It was great fun putting these techniques into practice, first at my local club and then at the university archery club when I moved away to study. Coaching also came in useful when I started working in secondary schools, allowing me to run have-a-go sessions for pupils with additional learning needs and autism. Many of these pupils had found it difficult to take part in PE lessons

and some were initially anxious about trying a new sport, but as we already knew them well, we could create an environment where they felt comfortable. It also allowed us to think of ways to help them to learn effectively and enjoy the experience. For some, this meant discussing the activities beforehand, while for others it was important to have step-by-step instructions or extra time to think about what they had learned before trying it out.

Several years later, when studying to be a Level 2- and then a county coach, I was interested to learn that all these things were a key part of good coaching practice. We were encouraged to take a performer-centred approach so that we could discover ways to help our archers learn new skills, stay motivated and enjoy the sport. Ever since, considering the goals and needs of the archer has been the starting point for my coaching activities and motivates me to learn more about their experiences so I can deliver effective sessions.

While it is true that the more you understand a particular condition, the more prepared you will be to support your archers, you don't have to be an expert to deliver inclusive sessions. Planning activities well, sharing information, creating a positive environment and getting to know participants are all great ways to help everyone get the most out of coaching. The more we practise, the more skills we have to make archery an accessible sport for everyone. 🌱

## Creating an inclusive environment



- 🌱 Keep things calm – some people may be distracted by things like music, bright lights or large groups of people, so a well-organised environment, or a break space, can help with concentration
- 🌱 Be patient – new experiences can be very stressful for some people. Allowing them to work at their own pace helps them learn better
- 🌱 Be positive – meeting new people may be an anxious time for an archer. Being supportive and understanding will increase their confidence and help them trust you
- 🌱 Be organised – uncertainty or a lack of structure can make some people worried. Planning activities and sharing that information can reduce anxiety about coming to sessions
- 🌱 Know your archer – some archers may have particular needs or know techniques that help them learn better. The more you can discover about the individual, the more effective you can make your sessions
- 🌱 Be flexible – people think and learn in a variety of ways, so try out different methods of sharing information, including demonstrations, pictures and written instructions





**UNSTOPPABLE PERFORMANCE.**



**trx**  
S E R I E S



Learn more at [mathewsinc.com](http://mathewsinc.com)

## SPOTTING FOR VI ARCHERS



**Left:** Over the years, Stuart and Rick have created a winning formula

coach, suggested that Stuart would be an ideal candidate to instruct as a beginner. So the stage was set: an experienced archer wishing to learn how to communicate his skills to a complete novice who had never handled a bow before, with the added challenge of being vision impaired (VI)!

### Gaining insight

Introductions were made and Rick set about getting to know Stuart. What did Stuart hope to gain from the day's experience? What was he able to see, if anything? Was the impairment from birth or when/how did it occur? Did he do any other sports and were they since the onset of his impairment? How does he cope with the impairment?

Stuart had contracted glaucoma from the effects of diabetes some 18 years earlier. Medical treatment failed to correct the condition resulting in his total blindness. Stuart describes it as a very thick fog or dense white smoke but is able to notice the difference between daylight and darkness. He initially struggled to come to terms with the condition, but after meeting and setting up home with his partner, Terrie, his life began to change. The couple had recently moved to Lincolnshire from Watford where he had been a member of a rifle shooting club, but found that using the sonic sighting equipment was rather too easy and boring. He wanted to participate in a sport offering more of a challenge, and heard that archery might just suit him perfectly. Loving the prospect of something different, Stuart said that if he could master archery, he would want to be a champion!

### First steps

To begin with, Stuart was shown the equipment using his sense of touch to 'see'. He handled a basic training recurve bow and its component parts, so that he could differentiate between upper and lower limbs. A small button was stuck to the lower limb to enable him to assemble the bow by himself. The arrows had four fletches to do away with the need to nock the arrow one way. Then Rick guided Stuart to the shooting line, positioning him in a square stance to the target which was only five or six metres away.

Stuart was instructed to carry out the drills and master the shooting position the same as any beginner, and straight away from the first arrow release he hit the target boss. The rest of the day was repeating the drills. By Stuart's second visit to the club, Rick had done his homework in finding out how to set up a foot locator on the shooting line so that Stuart could stand in the same position each time he came to the shooting line.

The other piece of equipment required by a VI archer to assist them is a tactile

# SPOT ON

Do you have what it takes to be a 'spotter' for a visually impaired archer? Coach **Rick Smith** describes his volunteer role

**T**he story begins 20 years ago when Louth and District Disabled Archery Club (LADDAC) Chair Rick Smith was working in Germany.

A seasoned archer, Rick had competed in both America and Germany with some degree of success, also assisting his German coach with instructing/translating for American servicemen and their families, on the archery field. On Rick's return to the UK, work commitments interrupted his archery, until he eventually retired.

In 2014 Rick began a Level 1 coaching course to set himself a goal. It so happened LADDAC was holding a 'have a go' weekend session and one of the attendees was Stuart Rodgers, a blind man who expressed an interest. Rick's course mentor, Derek Burman, the club's leading

**>> Stuart has accrued an impressive collection of trophies, with his pride and joys being podium trophies from tournaments in France and Andorra. <<**

sight. This is an index pointer, ball or small barrel shape that fits on the top of an adapted camera tripod, or variations of this. The dimensions of this assistive equipment are set out in the rule book. And for further advice, British Blind Sport Archery Section (BBS-AS) are very helpful and knowledgeable, and clubs shouldn't hesitate to contact them for advice about VI archery. The tactile index gives the archer a recognisable height position to come to each time he/she is ready to shoot. The spotter can assist in setting up the device and then inform the archer of the fall of the arrow once released. The main thing for coaches to appreciate is that the device should be adjusted/set to the archer. Don't let the archer position themselves to the device, as they should be comfortable, relaxed and able to raise their bow arm to the tactile without rotation of the torso.

### Teaming up

Stuart started entering competitions with BBS-AS, with Rick as his spotter/assistant at Archery GB's HQ in Lilleshall, Shropshire, where they met and gained valuable advice from Malcolm Higman and Sue Mangan, two experienced VI coaches.

Through the guys' development as a competing VI pair, Stuart has accrued an impressive collection of trophies, with

**RIGHT:** VI archers require some special kit to help with lining up to the target

his pride and joys being podium trophies from tournaments in France and Andorra. He has also represented GB at the World Para Archery Championships in Holland in 2019, where he was eliminated in the quarter-final head to heads, 6-2, by the Belgian event winner, Ruben Vanhollebeke.

These past couple of years have been difficult for us all, none more so than Stuart. In January 2021 he suffered an open fracture to his right leg, nearly losing his foot. He then contracted Covid and suffered family bereavement, so when his reselection to the GB para archery team was confirmed, it was the best tonic he could wish for! In February 2022 in Dubai, Stuart had a chance to improve on his 2019 quarter-final performance in Holland.

It's Stuart and Rick's wish that more VI people take up archery – could you inspire a sight-impaired archer on their way to greatness?

### Next steps

To find out how you might help VI archers reach their sporting potential, visit

[www.bbsarchery.org.uk](http://www.bbsarchery.org.uk)

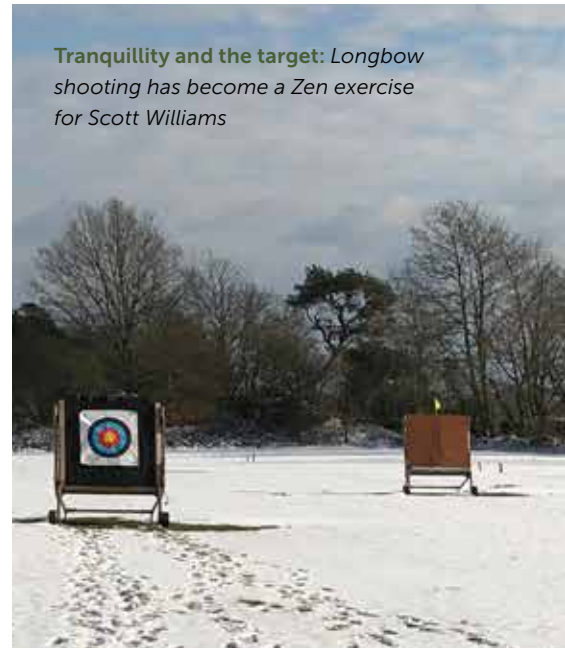


## PRACTICAL: WELLBEING

# IN THE ZEN

Longbow archer **Scott Williams** extols the mental health benefits of the sport

*Tranquillity and the target: Longbow shooting has become a Zen exercise for Scott Williams*



**T**he early morning air is crisp about me, and I feel immersed in nature. I feel the breeze, and my senses soak into the surroundings and my environment. I watch the trees moving behind those around me, and am immersed in the moment. I straighten, relax, and turn to face a target 100 yards away. I take in a deep breath, letting it out slowly, and quieten my mind. I raise my bow towards the target, fingers gently resting on the string and focus my eyes on the far away circle of yellow. Another deep breath as I pull back the string. I feel my body making the draw, the bow in my arms becoming an extension of my physical body. My fingers reach the familiar anchor point under my chin while I never waiver from looking at the target. A moment of stillness where everything feels right... and then I release. The arrow speeds towards my intent; I hear a satisfying thud as it reaches its goal.

I shoot a traditional English longbow with wooden arrows, and together with Karen, my wife, I compete at events across the country throughout each summer. This year I ranked within the top ten in the UK. My scores rate me as a Master Bowman. It is a discipline which I have mastered for its many benefits.

### Archery in our DNA

Since humankind has been able to paint the walls of ancient caves, archery has been a part of us. Traditionally, the bow was part of our survival; it brought us food and enabled us to defend our homes. But the bow is more than just a weapon. It is a part of our history and a part of what it means to be human. The ancient ways of creating bows, and over 50,000 years of development, are now being forgotten because we no longer count on our skills with the bow for our survival. We archers know, just as our ancestors did, that the process of mastering the bow is more than just getting good with a weapon. One must be able to focus, clear their mind, and concentrate on the simple movements involved. We think of it as a form of meditation.

Ancient cultures knew this – one of the best examples that still survives is in Japan where archers practise an ancient form of archery. The traditional martial art ritual of kyudo uses the philosophy of Zen to quiet the mind and balance the spirit. Kyudo 'the way of the bow' is, I believe, the ultimate expression of this ancient mindfulness. It mixes religious and military traditions with Eastern philosophy into a deeply meditative, ritualistic practice, closer to an art than a sport. What matters is the perfect shot, not where the arrow ends up. **[See the Winter 2021 issue of Archery UK for more about kyudo].**

I love what's called traditional archery, using a stick with a piece of wood and a string. No sights, no stabilisers, and only wooden arrows. What I'm doing is instinctive, it's devoid of analytical thought, and pure in intent. Like any martial art, I have

perfected my basic form to the point where I don't actually have to think about what I'm doing. All I do is still my mind, let the actions flow and focus my intent.

That's actually much harder than it sounds, and that's why I've been hooked on it for a decade now. I can get lost for hours trying to not think about anything I need to do in order to hit the target. There's a simple goal, to hit the target, but also to quiet the mind, to focus and centre yourself through a skill as old as humankind itself.

**>> We archers know, just as our ancestors did, that the process of mastering the bow is more than just getting good with a weapon. <<**

### Fringe benefits

Through archery I have brought breath control and mindfulness into my daily life, uncovering those ancient practices that bring together mind, body and spirit. But archery doesn't just require me to be at the range. I practise 'shooting arrows' mentally, working through the steps of my shooting process and concentrating on my breathing.

When I have a bow in my hand, I try to be aware of every sensation of my body. The feeling of my muscles and bones, the pressure on my feet, my balance and my stance, the strain from the bow, and the balanced movement of both hands. I let these feelings flood my mind, and can



**Left:** The traditional English longbow lends itself to meditative practice



>> **When I have a bow in my hand I try to be aware of every sensation of my body.** <<

feel when something is different from the sensations that my body has memorised. I can mentally visualise and run through that feeling, reinforcing the movements I need to focus on even when I'm not shooting.

These days I have to be wary that I don't unintentionally train a habit that can restrict the control I have, and I have coaches (because I shoot for the county team) that iron those issues out. I still find myself sometimes focusing too much on the results, particularly when in the indoor season. I have to be kind to myself, focus only on the present, rather than on past or future arrows.

Archery isn't all about living in a sense-focused 'being' mode. We do have to switch to an analytical 'doing' mode for scoring, and because it's a sport there are competitive and technical sides. Switching instantly from one mode to another is what makes the sport so interesting for us participants. Sometimes the wrong mode kicks in at the wrong moment; this causes tension internally and ultimately leads to a miss. This state of flux is the hardest to master, switching in and out of that meditative state 20-25 times in a competition.

Many of the psychological benefits of an archery session: clarity of mind, relaxation and so on – are identical to the benefits of mindfulness. Quite simply, I have come to realise they are the same thing.



Scott Williams is the publisher and editor of **Reconnect** magazine, a free, good living, mindfulness, and community magazine for South Devon. Scott is a proficient longbow archer, classified as a Master Bowman and ranked eighth in the UK. In 2021 he finished sixth at the National Indoor Championships at Stoneleigh Park, and reached fourth place at The Masters and fifth at the British Target Championships. This article originally appeared in Reconnect's December 2019 issue, and is reproduced by kind permission of the author.

# SHOOTING PAINS

After years of putting up with arthritic pain in his release hand, *Dr Rod Flanagan* decided to trial an aid to ease the pressure. If you're afflicted with similar discomfort, Rod's story may well inspire you to find your own way to carry on shooting

**A**s a finger-picking guitarist for more than 50 years, my right hand has been worked rather harder than perhaps it should have been. I first became aware of osteoarthritis in my overworked third finger around the time I returned to archery about six years ago. (*Pic 1: Ignore bent fourth finger – that's congenital!*) But then, one cold Monday last September after just 30 minutes of shooting, the pain in that finger became rather severe. I stopped and decided not to shoot again until either an osteopath sorted me out or I could develop a work-around.

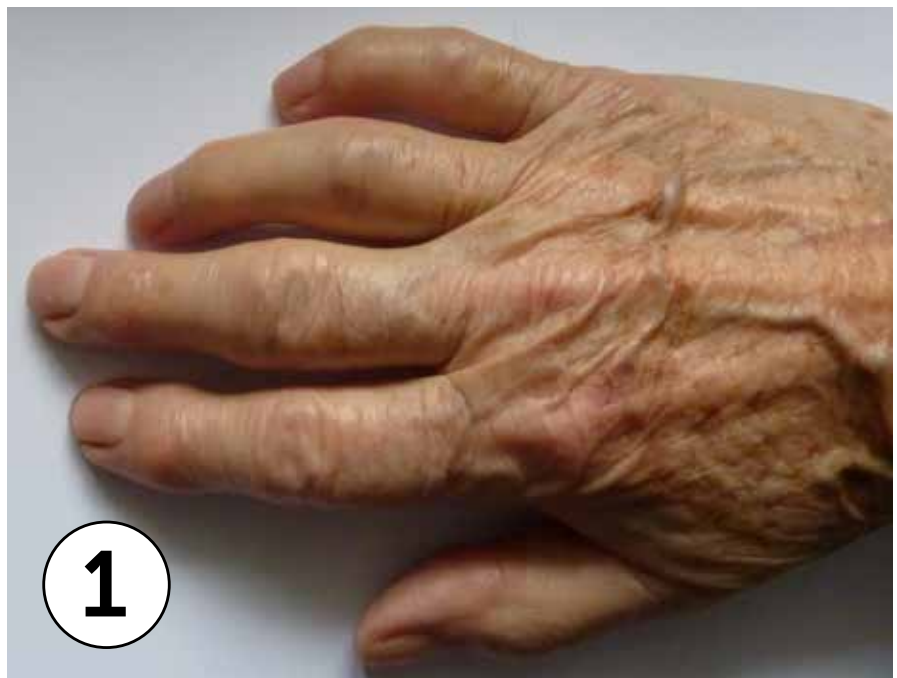
I'm a recurve archer. I was aware of the compound archers' wrist release and knew using it would bar me from serious competition. It's fortunate that I have no interest in competitions so could consider such a device simply to keep me shooting.

Our club guru, Roy Samples, expressed concern about the impact on the arrow flight and suggested I contacted Kieran Carr, Paralympic Technician at Archery GB.

Kieran was incredibly helpful and recommended a release (the TRUBALL Valor CG), a brush arrow rest (the Maximal Capture Arrow Rest) and the addition of a D-loop (BCY D-Braid Release Aid Loop cord) to my bow string. He even sent me a link to a video on how to tie a D-loop: [www.youtube.com/watch?v=50Tu5cQOcX8](http://www.youtube.com/watch?v=50Tu5cQOcX8).

I wanted to make everything reversible in the hope that the osteo's exercises will eventually reduce the pain and enable a return to conventional shooting. For example, the old arrow rest has stayed but kept out of the way with every engineer's favourite material, Blu Tack.

The arrow rest pushed the arrows about 3mm to the left of where they were on my previous rest, even at the extreme of the adjustment, so it had to be packed out



(*Pic 2*). Vertically, it was fine.

The single fixing point, even with maximum tightening (take care here not to strip the thread in your riser), left an unstable arrow rest. My riser has two tapped holes so I was able to fit a second screw in the holding bracket. Not very pretty, but functional! (*Pic 2*).

### Session 1

On a cold December day, Roy and I visited the range. He was able to watch and guide me. The first thing I noticed was the sensitivity of the trigger – truly a hair trigger. You need to keep your trigger finger well away from the trigger until you're on your release point.

Then, for the first shot, I couldn't reach the trigger. Roy noticed the slippage of the release wrist band and the problem was solved once I tightened it up. The recoil effect was an early surprise but I got used to that after a few arrows.

My anchor point, to start with, was non-existent; the string was too far 'out' from my face. Roy guided me towards a more fixed position and suggested the addition of a kisser button.

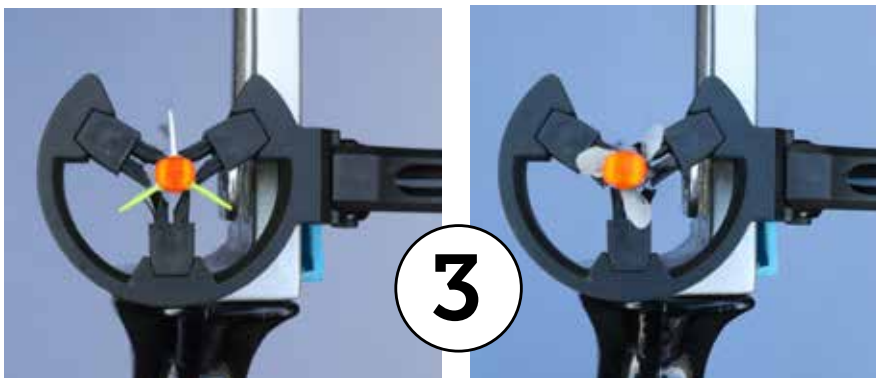
After about 20 arrows, I damaged a fletching and we agreed that it was caused by the brushes in the arrow rest. Roy explained that compound archers fletch their arrows with the index fletch at the top. I use spin vanes so this adds

**>> Please note:** Bows shot using a mechanical release require 150yds of ground to the overshoot boundary regardless of type; when recurves are used with release aids, this must be for practice only. They cannot be used in competition.





**>> The experiment with a wrist puller has proven successful. It's helped me realise my objective: I can carry on shooting. I will only go back to a finger tab if my osteoarthritis improves. <<**



to the complexity of getting the arrow through the rest. I unfortunately still found some fletching damage even with the twisted nocks.

By the end of the session, I was getting tighter groups, albeit at only ten yards, so was clearly starting to develop an anchor point.

**>> ACTION POINT:** In readiness for my next visit to the range, I refletched my arrows with straight fletchings. It's clear to see (*Pic 3*) that this gives full clearance through the arrow rest.

### Session 2

My anchor point is improving, especially with the addition of a kisser button (*Pic 4*). I recognise that compound archers turn their draw palm outwards but I understand that leaving it palm inwards is acceptable.

The groupings, albeit at ten yards, are now where I want them. Four arrows shot, four tens! (*Pic 5*). Be aware that the release is quite 'explosive' compared to a tab – another early surprise!

### Session 3

Roy was instrumental in helping me locate and fit a kisser button. It has now fixed my anchor point and I'm happy to continue shooting with this set-up.

### Conclusion

The experiment with a wrist puller has proven successful. It's helped me realise my objective: I can carry on shooting. I hope this warts-and-all article is helpful to any recurve archer with OA in their draw-hand fingers. I will only go back to a finger tab if my OA improves but have serious doubts that that will happen.



**Above:** Getting there, 4 arrows at 10 yards

Dr Rod Flanagan would like to thank *Kieran Carr* and *Roy Samples* for their help with this project. Without their valued input, Rod would probably have given up archery. **Please note:** please speak to your GP for advice before undertaking any exercise that may exacerbate existing conditions.

# BACK<sup>2</sup> BASICS



Produced in association with Wales Archery

We all need a little help now and again. That's why we're running this series of back to basic guides by **Adam Lewis** of **Wales Archery**

## THIS ISSUE: FLETCHINGS

START >>

Fletchings are a topic that we always get asked about in store. Fletchings are designed

to help stabilise, control and spin the arrow, and in this article we'll address what different types of fletchings do, as well as how the sizes and placement on the shaft impact the arrow flight.

### Position

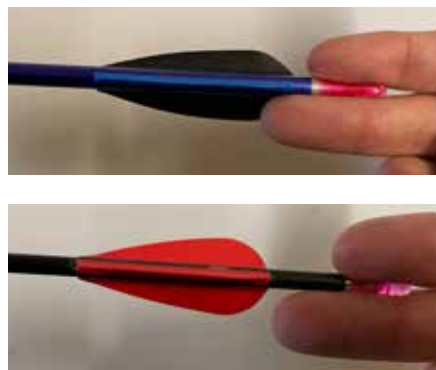
The position that an arrow is fletched is very important. In compound shooting with a release aid, we want the fletchings as close to the nock as possible as there is nothing to interfere with the fletchings. In recurve shooting, we need the fletchings to be as close to the nock as possible but not too close – the reason is because if we open our fingers and the fletchings are too close we can cause contact which can interfere with the shot cycle.

If the fletchings are too far down the shaft they won't help to control and steer the arrow. Usually a distance of around an inch from the nock groove to the start of the fletching is good. However, we all have different-length fingers so it is worth checking if your fingers are contacting the fletchings.

### Style

**Plastic vanes** are one of the most popular choices of fletchings. Easy to fletch, waterproof and extremely durable, the plastic vane needs very little maintenance, making it an all-round good choice.

**Feathers** are used in nearly every single traditional shooting style, however you might be surprised to learn that many



**Above:** Style and substance: there's a fletching for every occasion

top archers, including multiple world championship gold medal winner Brady Ellison, use feathers for certain events, such as indoors.

Feathers used are from a specific part of the bird called the flight feathers which give the bird lift and manoeuvrability.

Feathers are lighter than plastic vanes and, due to the texture, have better air flow allowing the arrow more control. Feathers also hold their shape extremely well in both hot and cold conditions. Feathers are less critical if there is a clearance issue that needs addressing.

The downside to feathers are twofold: firstly, if an arrow comes into close contact

it can cause damage to the feather which then needs replacing. Second is that due to the nature and make-up of a feather, they are very susceptible to absorbing moisture. This not only makes the feather heavier, it also temporarily shrinks resulting in far less control and stability. This can be overcome with a waterproofing powder.

**Spin vanes** are designed to alleviate the 'archer's paradox' much more quickly than a plastic or feather vane. This results in far less drag force which allows the arrow to stabilise much more quickly and makes for tighter groupings. Spin vanes are also very light when compared to a plastic vane; they are however very fragile and can be high maintenance.

### Angle

**Straight** fletchings offer maximum speed at the cost of reduced stability, which is compensated when shot over long distances as the arrow has time to straighten back up.

**Helical** fletchings offer maximum stability, allowing for greater accuracy due to the arrow coming under control faster. The downside to this is that the arrow does lose speed, and it can cause contact issues.

### Size

Whether you are choosing plastic, feathers or spin vanes, the fletching will perform the same way whatever its size.

Smaller fletchings, such as a 1.75-inch, gives maximum speed at reduced stability as it takes the vane longer to control the arrow. This is the ideal length if you are shooting longer distances as it gives the fletchings time to straighten up the arrow.

Larger fletchings such as a 4-inch allows for maximum control and stability, straightening up the arrow as soon as possible, which creates a very forgiving arrow but at the cost of loss of speed.

**>> Feathers are lighter than plastic vanes and, due to the texture, have better air flow allowing the arrow more control. <<**



## Indoors and out

Often you will hear of people having 'indoor' and 'outdoor' arrows. Not only might they have bigger diameter shafts but also different fletching styles. Now we'll look at what set-ups work best for the indoors vs the outdoors.

The indoor fletching choice that I think works the best, and the one many top archers use, is a 3-4inch feather. As discussed, the increased size helps to stabilise and control the arrow with the increased control from it being a feather. This all results in a much more forgiving

**>> ...outdoor fletchings are dominated by various different spin vanes, from RangeOMatic to the latest KSL.<<**

**If you have any questions, please drop Adam a line at [AdamL@walesarchery.com](mailto:AdamL@walesarchery.com)**

shot: the arrow is travelling slower which isn't a problem when shooting shorter distances and there won't be an issue of moisture due to shooting indoors.

The outdoor fletchings are dominated by various different types of spin vanes, from the traditional RangeOMatic to the latest KSL. They all offer a similar effect and a similar size of between 1.75-2 inches. This size allows for maximum speed with the spin vane design helping to bring the arrow under control faster. This results in the fastest set-up for getting the distance with excellent control. The only drawback is that they can be high maintenance.



***When I move up and down shooting distances, I find I have to move my sight's windage. The longer the distance, the further to the right I need to move it. My groups are still reasonable, but it's not a practical way to shoot. What can I do to fix it?***

**T**his is a fairly common problem that I've experienced myself several times. Fortunately though, it should be quite easy to solve by going over the following steps.

The first thing to do is to check the tune of your bow; windage problems can be caused by poor arrow flight so it's important to ensure your bow is set up correctly. I'd recommend doing a paper test to check your arrow flight and take the appropriate steps to fix any tuning issues the test shows. It's also worth double checking your arrow spine is appropriate for your set-up by consulting the manufacturer's spine charts; although uncommon, a poorly spined arrow can produce a reasonable tuning result but can negatively affecting your results at the target.

Once you are confident your bow is reasonably well tuned, you should double check your bow's centre shot position by carrying out a French tune; this is an abbreviated form of walk-back tuning. Choose a calm day and set a target at 50 metres, get a sight mark then walk up to the target so that you are standing approximately three metres away. Without adjusting your sight, shoot an arrow aimed perfectly in the centre of the target and adjust your sight's windage until your arrow hits dead centre. This can take a few tries but it's important that you are happy that your arrow is hitting precisely where it is aimed. Once you've done this, walk back to 50 metres and again, without adjusting your sight, shoot the rest of your arrows aiming at the centre of the target. The arrows shot at 50 metres should hit in the same place as the ones shot at three metres – a little higher or lower is not a problem; we're only interested in any left or right impacts. If the 50 metre arrows hit to the right of the close-up arrow, move your rest slightly to the left and vice versa for a left impact. Once you have made any adjustments go back to three metres and reset your sight's windage. Keep redoing the test until the arrows you shoot at three metres hit in the same place as those shot at 50 metres. Remember, if

you make any significant changes to your bow or arrow set-up, it's always wise to run through this tuning procedure again to ensure your bow is set up correctly.

An out-of-line sight can cause you to shoot the bow with a cant; this is when the top limb leans to the left or right, consequently forcing your arrows in the direction your bow is tilted. Making sure your bow is sitting perfectly upright during the shot will help you to avoid any inconsistent left and right impacts at the target, so I'd also recommend you check your sight's first and second axis settings. The easiest way to do this is with a sight levelling device (I use a Hamskea, which is available from all good bow shops) but a small spirit level will work fine.

Begin by checking your sight's second axis; this is your scope's orientation to the sight track. Attach the levelling tool to the sight track or place the spirit level on a perfectly flat part of the sight's elevation track. Check that the bubble in your scope matches the one on the sight leveller or spirit level; if it doesn't, make the necessary adjustments and recheck it.

It is important to point out that not all sights have the ability to adjust the second axis. If yours doesn't then you can skip this part, but most good compound sights will and it's always a good idea to make sure this is set square to the sight track.

Now check your first axis; this is the orientation of your sight's elevation track to the extension bar. Place a spirit level on a flat part of the sight's extension bar and look to see if the scope's bubble is level. If not, loosen the mounting screws holding the track to the extension and realign it so that the bubbles in both the scope and spirit level are sitting in the same position.

Finally, always remember to check your bubble when shooting. It's easy to forget but getting into this habit will dramatically improve your consistency at the target.

**>> Problems can be caused by poor arrow flight so it's important to ensure your bow is set up correctly. <<**

▶ You can find more advice at [www.duncanbusbyarchery.com](http://www.duncanbusbyarchery.com)



# BITZENBURGER

Manufacturers of Precision Fletching Equipment

[www.bitzenburger.com](http://www.bitzenburger.com)

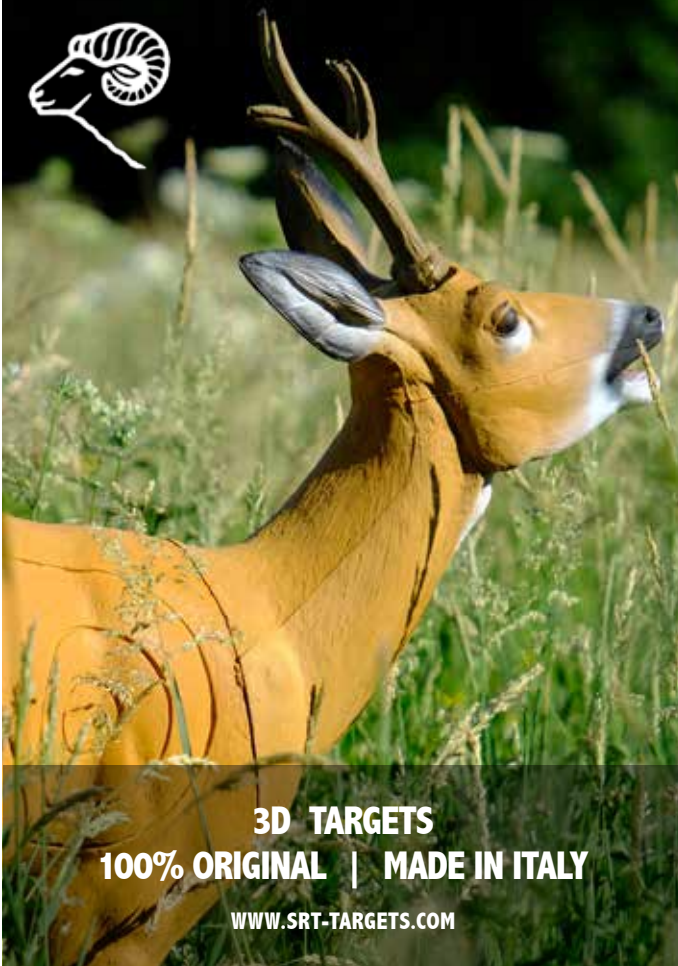
## BITZENBURGER JIGS HAVE SET THE INDUSTRY STANDARD FOR FLETCHING TOOLS FOR OVER 50 YEARS

It is today's only true precision fletching instrument used by every major manufacturer of quality arrows around the world.

Unparalleled quality along with simplicity, design and precision sets this fletching tool in a class by itself.



Bitzenburger Machine & Tool INC  
13060 Lawson Road - Grand Ledge  
MI 48837, U.S  
Phone/Fax: (517) 627-8433



**3D TARGETS**  
**100% ORIGINAL | MADE IN ITALY**

[WWW.SRT-TARGETS.COM](http://WWW.SRT-TARGETS.COM)

# BCY BOWSTRING

**BOWSTRING MATERIALS,  
SERVING, AND ACCESSORIES**



**Rely on BCY**

Please contact your usual Archery supplier

**BCYFIBERS.COM**  
**860.632.7115**



**MANUFACTURED  
IN THE USA**  
Some raw fibers are produced overseas

# KITBAG

Fancy some retail therapy? Check out the latest archery products on the market



## Last Chance Archery MagBright5X

◀ Use the MagBright5X wherever you tune your archery equipment. It will attach to your table, to your bow press, or to anything that's under 2.25" square using the included clamp. It's perfect for lighting up your work area or for seeing small parts. It features a bright LED light; 3 color modes; USB plug included; hands-free swivel arm; magnifying glass (5X magnification); and is dimmable with six brightness settings.

**MRSP: \$45**

[www.lastchancearchery.com](http://www.lastchancearchery.com)

## X Sight Sport 2RX AR1 – 2 Lens Set

▶ The 2RX AR1 set offers the perfect introduction to X Sight's impressive range of 22 lens colours, with a light brown and ultra-blue lens designed to optimise light conditions and boost target contrast. Features a magnetic lens-change mechanism, height adjustable arms for a custom fit, ventilation bar for airflow and an option for a prescription insert. The sets come in a smart zip-up hard case, with various accessories and are available in pre-defined sets of two or five lenses, and are customisable.

**Price: £99.99**

[www.xsightsport.com](http://www.xsightsport.com)



## CBE® Torx Carbon Micro™ Stabilizer

◀ The CBE® Torx Carbon Micro™ Stabilizer brings ultimate balance and stability while combining vibration reducing technology into a slim and lightweight design. The 8, 10 or 15 inch high modules micro carbon rod features a seamless integration of the dampers and the 2oz of black stainless steel weight. The CBE® Torx Carbon Micro™ is available as a standalone stabilizer or as one of two kit options: 8 and 10 inch or 10 and 15 inch. The stabilizer kit features a tapered fit to ensure that the stabilizer doesn't move once set, while the integrated front and back bar quick disconnect allows for easy disassembly for travel if needed.

**Price from: \$89.99**

[www.custombowequipment.com](http://www.custombowequipment.com)

## Doinker Champion Stabilizer 30" 14.7oz

▼ Due to its .475" outside diameter, this hi-mod carbon is ideal for outdoor shooting situations, where wind may be a concern (without sacrificing strength for supporting a large amount of weights) for optimum stability.

The modular eXo Doinker gives maximum vibration absorption, while providing the strength to easily hold 15 ounces or more of weight. Standard is a complete set of the low-profile, 1-ounce increment 421 weight system. Also included is a complete set of weight system screws.

**Price: \$417.99**

[www.doinker.com](http://www.doinker.com)





## CBE® Trek Pro™ & Trek™ Bow Sight

▲ The all-new CBE Trek Pro & Trek Bow Sights are packed with premium features that will handle any distance and any light condition, all in a simple-to-use, versatile bow sight. Fine-tune your sight at 30 and then 60 yards and then simply affix one of the 14-laser engraved aluminium sight tapes to ensure accuracy at any distance in between.

For easy set-up, the Trek Pro & Trek offers micro-adjustable windage and elevation with a top pin dead stop and Rapid Drive Technology for fast adjustment. Featuring two floating pins and multiple indicator pointers, there's not a distance or scenario the new Trek Pro or Trek can't handle. With first, second and third axis adjustment, the Trek Pro & Trek is suitable for right- or left-handed shooters and is also compatible with quiver mounts so that you can avoid bracket extensions when mounting your new sight.

**Price from:**

**Trek \$249.99**

**Trek Pro \$329.99**

[www.custombowequipment.com](http://www.custombowequipment.com)

## SRT Targets 3D Bunny

► The new bunny from 3D international is both cute and tough. The Group 4 target offers four kill zones at a great price. Withstands any kind of archery competition.

**Price: 65 Euro**

[www.srt-targets.com](http://www.srt-targets.com)



## Last Chance Archery Double Bright

► Use the Double Bright wherever you build your arrows. It will attach to your arrow saw, to your fletching jig, or to the edge of your table using the included clamp. It's perfect for lighting up your work area or for seeing small parts. It features dual lights (one wide beam and one directional); USB plug included; hands-free flexible arms; is dimmable, with ten – brightness settings; and a universal clamp (max width 3").

**MRSP: \$32**

[www.lastchancearchery.com](http://www.lastchancearchery.com)

## Bohning Strip-Pro

▼ Coming this spring: new, improved Strip-Pro tool from Bohning Archery. Featuring a heavier handle for better grip, the new black Bohning Strip-Pro easily removes fletchings, adhesive residue and wraps from your arrows. The angled steel blade is safe for carbon, aluminium and fibreglass arrows of all diameters. The new black tool is replacing both the previous red and green tools. Made at the Bohning factory in Michigan, United States.

**Price: \$22.12**

[www.bohning.com](http://www.bohning.com)



## NEW PRODUCTS

**FEATURE PRODUCT**

● *Light up your archery life with Last Chance Archery's Double Bright*



● *3D bunny creations from SRT Targets*

## NOTE: IMPORT DUTY AND VAT

Please be aware that if you order goods online from an overseas supplier which have to be imported into the UK, you are likely to find yourself liable for both import duty and VAT on top of the original retail cost.

# DAY IN THE LIFE

THE PEOPLE WHO KEEP THE WHEELS TURNING AT OUR ARCHERY GB HQ

Archery GB headquarters is (usually) a busy centre for our Olympic and Paralympic squads, coaches, managers and operational staff. In each issue, we'll be finding out more about their roles on a typical working day.

**THIS MONTH WE TALK TO:**

**Helen Smedley**, Regional Development Officer (Midlands)



I have been a part of Archery GB for nine years, now in my fourth different role – Regional Development Officer (RDO) for the Midlands. I've always had a passion for sport, particularly the friends and enjoyment it can bring, so it is a great fit for me to play my small part in enabling others to participate in archery. I was born and have lived in various parts of the East and West Midlands most of my life so it is great to be able to support this area. What I particularly love about the RDO role is the regular contact with archers in clubs, and also at County and Regional level.

**8.40am** The RDO role is still relatively new in the Midlands with lots of people to get to know. I have been doing a lot of visits to learn the background and structures in place, the history, to see the facilities and to meet the volunteers across the Midlands. I have club visits lined up later on so it's time to spend a while making notes, checking up on the latest actions, and generally researching the clubs.



**9.30am** The regular RDO team meeting presents an opportunity to pool our knowledge and experience or ask for help, stay connected across the whole country, share sources of support and approaches that have worked well. I follow up with a few emails that came out of the meeting, and requests that will not wait for tomorrow.



**11.00am** The handy part of working from home is there is time to do a few quick jobs around the house, and admin jobs for my badminton club. I have an early lunch break before hitting the road.



**2.00pm** I meet with members from three different clubs in two different counties, but located reasonably close together.

The first club, Harworth Archers, have moved to a new location fairly recently, so we have the chance in the winter sunshine to have a quick look around and consider how they might use the space



## >> Meeting volunteers from clubs is such a privilege and always highlights to me the dedication and passion that members have for the sport. <<

in the spring and summertime, or any improvements they might make in future. In the clubhouse we discuss their plans to reach out to the local community, and how they are progressing with their club development plans as part of the *ontarget* club development programme.

I meet members from other clubs: St Sebastian Archers in a local pub, and then Welbeck Archers at an archery shop after closing time, where I also have the privilege of presenting Keith with the posthumous award for his wife, Christine Gascoigne, who gave so much of her life to archery coaching.

For both clubs, it is not their shooting time, so we have an unhurried opportunity to catch up about their beginners, coaches and possible new coaches, club finances, how to keep juniors progressing, member retention issues, availability of volunteers, committee structure, and how they might take part in Start Archery Week's (formerly



**Above:** Welbeck Archers' committee members gather for a chat with Helen

known as the Big Weekend) 10th birthday bash this May: a major part of my work at the moment.

Meeting volunteers from clubs is such a privilege and always highlights to me the dedication and passion that committee members have for the sport. They are

**Below:** Helen presents Keith Gascoigne with Archery GB's posthumous award for his wife Christine, a devoted archery coach and mentor of many years

always looking for more volunteers to help share the load! I try to find ways I can make things easier, or put people in touch with each other if they are making similar changes in their clubs. There are always resources to mention to people, and training opportunities to consider that hopefully help too.



**9.00pm** Driving home I'm usually going over how the meetings have gone, and making mental notes of follow-up emails to send later that week, hoping I offered support and encouragement. Tomorrow there will be more time at my desk to process some of the conversations, and tackle other tasks as well as planning next week's visits, but hopefully there will be no motorway closures tonight because first I'm ready for a good sleep!

▶ **Have questions for Helen about her role?** Email us at [magazine@archerygb.org](mailto:magazine@archerygb.org)



# MAILBAG

**Write to:** Mailbag, Archery UK magazine, Archery GB, Lilleshall National Sports & Conferencing Centre, Newport, Shropshire TF10 9AT or **email:** magazine@archerygb.org

>> Keep sending your letters to be in with the chance of winning a fantastic Opticron scope

## Does our sport rely too much on volunteers?

I'm sure the archery community is enormously grateful to all those who volunteer in any capacity within our sport. It's not my intention to disrespect the work of so many but to question whether our reliance on their work is helping to maintain archery as a minority sport?

I originally entered the sport aged 11. I'm now in my 60s and whilst much in the sport has changed for the better, it has still not moved away from expecting volunteers to support clubs and associations to provide and make archery accessible to all with an emphasis on affordability.

If we look at some of the key volunteering roles within our sport, I believe that moving in a paid-for professional direction would increase standards, retain existing- and attract new people with fresh ideas and, who knows, may in time even filter through to improved

>> You wouldn't expect to hold a low-level football match and not pay the referee yet we are quite happy to ask judges to give up multiple weekends for a handshake and a bottle of wine. <<

athlete performance at international level.

So where would I start? The obvious place is with judges. There appears to be fewer and fewer and who can blame them? You wouldn't expect to hold a low-level football match and not pay the referee, yet we are quite happy to ask judges to give

up multiple weekends for a handshake and a bottle of wine with some cash to cover expenses. Surely this is ridiculous. Without these people we could have no tournaments so we should be doing everything possible to encourage more people to take up the role, retain those who are already doing it and reward them for their efforts with a 'tournament' fee befitting the status of the tournament and their position.

Then it's coaching: why is ours a sport where participants 'expect' to receive coaching for free and clubs and coaches expect to provide it without cost?

In almost every other sport or hobby coaching is paid for. In our case, coaches could be paid for by the club for 'club' coaching activities or by individuals for one-to-one or group coaching. This 'professionalism' offers huge advantages to the club, the archers and the coaches. The club if paying for a 'service' can be more critical of the service they are getting and can recruit resources at a competitive level. The coaches if they wish to remain in a 'competitive' environment will need to ensure their personal development, coaching knowledge and material meets the challenges being set. For archers, by ensuring that the coach's knowledge and skills are appropriate, may achieve a higher level of performance.

I would then be looking to reward club-, county- and regional officers, all of whom work tirelessly for the benefit of their memberships. These people give up many hours per week and yet receive nothing, in most cases not even a thank you!

I'm hopeful that many will agree that these functions should be paid for but the question is then who pays?



**Opticron**  
www.opticron.co.uk



**Adventurer II WP Spottingscopes**  
Compact, lightweight, fully multi-coated 65mm and 80mm spottingscopes featuring integrated zoom eyepiece with twist-type eyecup. Prices from £129.



It's simple: the archery community pays a realistic cost that is no longer being subsidised by the hard work of a small minority. In the case of judges, if we pluck some figures out of the air and say that they should be paid between £60 and £100 per day, with three judges at a

**>> Volunteers should not be financially out of pocket for the roles they undertake and it would be great if clubs could help reward and recognise their volunteers by investing more into their training and developmental costs. <<**

typical open tournament with 25 bosses, the entry fee would only have to increase by £3 per person if all three judges were to receive the maximum amount.

For coaches, as stated the clubs can negotiate what coaching they want to provide whether this is for beginners' courses or more advanced coaching, and can negotiate who will provide the required training and the cost. The cost can of course be added to the beginners' course fee or the club's membership fee. Coaches can then offer their services to individuals and other clubs, their fees determined by their qualifications, experience and knowledge.

Club officers should receive, again paid for by an addition to their club's membership fees, a realistic sum to cover the work they do and the hours they give to the sport.

I am now expecting the cry that this will make our sport elitist, that it will drive away participation, that it will destroy our clubs. My view is that it won't do any of this; it will instead place a value on the work being done and will remove the 'if it's free it can't be worth it' tag from our sport. You only have to look at the cost of archery equipment and the prices club members are prepared to pay to realise that ours is not a 'cheap' sport and I think we should stop pretending it can be.

My experience over the last 15 years within archery is that volunteering is underappreciated by the wider archery community and that the sport's reliance on it does little if anything to raise standards or help develop clubs and associations. Instead, it is probably a significant contributor to holding back the sport's progression.

**Tim Bull**

### Archery GB's Head of Clubs & Communities Gayle Pink, and Head of Workforce Hannah Bussey, replies:

"Volunteers are the heartbeat of archery and they do so much to make the archery experience so positive to all those involved. Volunteers also help keep the delivery costs of the sport low, including club membership, courses, competitions and social events, which help to make the sport more accessible and inclusive to more people.

"It's also important to understand that there are many benefits to volunteering for both the individual as well as the sport. There are many different reasons why people volunteer, such as wanting to improve things/help people, to use and learn new skills/knowledge and

to meet people/make friends. We also know that volunteering helps retain people in the sport for longer.

"We would love to be able to work with you, Tim, to further investigate your ideas. Please email [katy.cumming@archerygb.org](mailto:katy.cumming@archerygb.org) to identify a date to discuss, especially around the payment of judges and identifying the true monetary value of the amazing work our volunteers do on a daily basis.

"Archery GB fully supports licensed coaches to be paid for their time and to recoup money back from training costs. It would be interesting to hear from any club committees who use a payment model to share their experience of this, and what it was like transitioning from voluntary to more paid roles.

"Volunteers should not be financially out of pocket for the roles they undertake and it would be great if clubs



could help reward and recognise their volunteers by investing more into their training and developmental costs. The added benefit of offering financial incentive is that it opens opportunities to a wider range of people who otherwise cannot financially afford to volunteer, yet who would be an asset to tournament and club delivery."



Adventurer II WP scopes are available to purchase online from [www.amazon.co.uk](http://www.amazon.co.uk) or call us on 01582 726522 for your nearest stockist.



**opticron**  
[www.opticron.co.uk](http://www.opticron.co.uk)

# PRIZE LETTER

Win an **Opticron MM3 50**  
**13-39x scope** worth over £270!



For more details about the prize go to [www.opticron.co.uk](http://www.opticron.co.uk)



## Burscough Archers help veteran archer return to the range at 88

I write this as a sincere thank you to Roy Samples, secretary and senior coach of Burscough Archers, for enabling my dad, Dr John Crooke, to relive an old hobby.

My dad was one of life's great enthusiasts. However, over the last five years a series of strokes had robbed him of some of his activity and passion. As a child, dad was a keen, if unorthodox bowman. His father was chief engineer at a steelworks in Scunthorpe and with his job came residence at Brumby Hall, a small works-owned stately home. Dad would stand on the castellated ramparts at the front of the Hall and shoot down to the target on the front lawn. He would also, more alarmingly, shoot over the house, from back to front, to try and hit the target laid flat on the lawn!

Dad introduced me to archery as a child. He had accumulated a number of bows – two were as tall as dad and too hard for me to draw; one was far shorter so I used that.

We propped a Jaques straw boss on the grass and used an assortment of wooden arrows, with inlaid ebony nocks and steel tips. The feathers were an assortment of natural colours from whichever bird provided them.

Years passed and life continued without archery. Then I joined Phoenix Bowmen in Birkdale in the early noughties. It only

**>> Dad was thrilled at the prospect of trying to shoot again, and used the time waiting for a dry day to exercise from his chair with a TheraBand. <<**

lasted a year due to other commitments and it wasn't until my retirement in 2021 that I responded to an advert, posted in the hospital, for a free taster session hosted by Burscough Archers. I tried it again and was hooked.

Dad is 88 and my return to archery provoked an enthusiasm that we had not seen for a long time. I took my new bow for him to see and the glint that returned to his eyes when he held it was moving to see. Questions started to come but best of all was: "Can I have a go?"

Roy Samples [below, right] couldn't have been more helpful in making this happen. Dad was thrilled at the prospect of trying to shoot again and used the time waiting for a dry day to exercise from his chair with a TheraBand. We hadn't seen him so motivated since before his initial stroke.

When the day came, Roy selected a light-draw bow and suitable arrows. I could see his concerns as he watched dad's first shaky attempts to nock the arrows and his slow, wobbly draw undertaken with great concentration and effort. He need not have worried. The arrows were on target from the outset and accuracy improved with the passing minutes. Hours later, despite the cold, dad's response to our suggestions that it might be time to stop were met with, "I'm having too much fun!"

Thank you, Burscough Archers, for allowing us to see a glimpse of our old dad; for giving him more enjoyment than he has had in a long time.

**Dr Jim Crooke**

**PLEASE NOTE:** We cannot print letters sent to us without a name and address or an email address (although we can withhold the address if you wish). Letters may be edited for publication. Please try to keep them to 250 words if possible. Letters containing personal attacks will not be published. By submitting a letter to Mailbag you understand that, should your letter be selected as the Prize Letter, your address will be passed on to Opticron so that the prize can be delivered.



# Targetcraft Archery



**Owners retiring, all remaining stock at discount prices. Call for details**

Bows arrows targets & faces  
accessories cases books DVDs  
Olympic, compound & longbow

One price policy: shop, phone,  
internet or post

Information & advice

Telephone 01536 726677

28 Duke Street, Burton Latimer  
Northants NN15 5SG



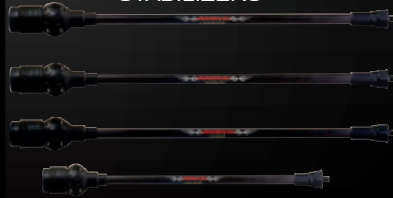
email: [sales@targetcraft.com](mailto:sales@targetcraft.com)    [www.targetcraft.com](http://www.targetcraft.com)

# DOINKER

## 2022

### ULTRA HI-MOD

#### STABILIZERS



#### MIGHTY MOUNT



#### BACK PROTECTORS



#### WEIGHTS & EXTENSION



#### DAMPENERS



### DOINKERS



LEVEN INDUSTRIES  
42913 Capital Drive Unit 113  
Lancaster CA93535  
Phone:661-948-7900

[WWW.DOINKER.COM](http://WWW.DOINKER.COM)

# NITRO strings

**Tokyo 2020 Paralympic  
Bronze medal taken by  
NITRO STRINGS  
shooter  
VICTORIA RUMARY**

**Available from  
CUSTOM  
BUILT  
ARCHERY**

**Distributed throughout  
Europe and Asia by  
SSA Archery**



WWW.NITROSTRINGS.COM

# FEBRUARY TO SEPTEMBER 2022

# DIARY

START PLANNING YOUR SEASON WITH OUR UK-WIDE COMPETITIONS GUIDE



## KEY TO DIARY SYMBOLS

National Events	
National Tour Stage	
WA Star Tournament	
WA Arrowhead Tournament	
Closed Tournament	
Rose Tournament	
Tassel Tournament	

## 27/02/22 – 13/03/22

### Gloucestershire County Indoor Championships 2022

**Event Type:** Target  
**Round:** Target: Portsmouth  
**Record Status:** UK Record Status  
**Venue:** Balcarras School, East End Road, Charlton Kings, Cheltenham GL53 8QF  
**Contact:** Peter Sisson  
**Telephone:** 07855954771  
**Email:** [petersissondpa@gmail.com](mailto:petersissondpa@gmail.com)

## 05/03/22 – 06/03/22

### DCAA Indoor Championships

**Event Type:** Target  
**Round:** Target: Portsmouth  
**Record Status:** UK Record Status  
**Venue:** Derwent Bowmen Archery Club, Gold Close, Darley Bridge, Matlock DE4 3LA  
**Contact:** Sue Humberstone  
**Telephone:** 07917101207  
**Email:** [dcaa-indoor-champs@hotmail.com](mailto:dcaa-indoor-champs@hotmail.com)  
**Web:** <https://www.derbyshirearchers.com/>

## 06/03/22

### Lancashire 44<sup>th</sup> Indoor

**Event Type:** Target  
**Round:** Target: Portsmouth  
**Record Status:** UK Record Status  
**Venue:** South Ribble Tennis & Fitness Centre, Cuerden Way, Bamber Bridge, Preston PR5 6BJ  
**Contact:** Angela Kellet  
**Telephone:** 07557306866  
**Email:** [afox1300@hotmail.co.uk](mailto:afox1300@hotmail.co.uk)  
**Web:** [www.lancashire-archery.org](http://www.lancashire-archery.org)

## 06/03/22

### Winter Series (Indoors)

**Event Type:** Target  
**Round:** Target: Worcester  
**Record Status:** Non-Record Status  
**Venue:** Peter Paine Performance Centre, Rosebery Avenue, Boston PE21 7QR  
**Contact:** Rebecca Clay  
**Telephone:** 08438865315  
**Email:** [becclay@friskneybowmen.org.uk](mailto:becclay@friskneybowmen.org.uk)  
**Web:** <http://www.friskneybowmen.org.uk/>

## 06/03/22

### Redhill Archers Vegas 300

**Event Type:** Target  
**Round:** Target: Vegas  
**Record Status:** Non-Record Status  
**Venue:** Redhill Archery Club, Silver Street, Wythall, Birmingham B47 6LZ  
**Contact:** Jack Middleton  
**Telephone:** 07905816512  
**Email:** [elizwhitworth@outlook.com](mailto:elizwhitworth@outlook.com)  
**Web:** <https://redhill-archers.org.uk>

## 12/03/22

### WAA Junior Indoor Championships

**Event Type:** Target  
**Round:** Target: Portsmouth  
**Record Status:** UK Record Status  
**Venue:** Sports Wales National Centre, Welsh Institute Of Sport, Sophia Gardens, Cardiff CF11 9SW  
**Contact:** Debbie Cooke  
**Telephone:** 07896828983  
**Email:** [cpplenum@aol.com](mailto:cpplenum@aol.com)  
**Web:** <http://welsharcheryassociation.com/>

## 12/03/22 – 13/03/22

### Ballyvally Shamrock Shoot

**Event Type:** Field  
**Round:** Field: WA Marked, Field: WA Unmarked  
**Record Status:** Arrowhead Status  
**Venue:** Whytes Estate, Loughbrickland, Banbridge BT32 3NH  
**Contact:** Marion Patterson  
**Telephone:** 07752476463  
**Email:** [marionsterry@gmail.com](mailto:marionsterry@gmail.com)  
**Web:** <https://www.facebook.com/groups/275867305771857/>

## 12/03/22 – 13/03/22

### ECAA Indoor Champs

**Event Type:** Target  
**Round:** Target: WA 18m  
**Record Status:** UK Record Status  
**Venue:** The Sandon School, Molrams Lane, Chelmsford CM2 7AQ  
**Contact:** Martin Skinner  
**Telephone:** 01245352146  
**Email:** [indoor.organiser@ecaa.org.uk](mailto:indoor.organiser@ecaa.org.uk)  
**Web:** [ecaa.org.uk](http://ecaa.org.uk)

## 13/03/22

### YAA Indoor Championships

**Event Type:** Target  
**Round:** Target: Portsmouth  
**Record Status:** UK Record Status  
**Venue:** Queen Elizabeth Grammar School, 154 Northgate, Wakefield WF1 3QX  
**Contact:** Andrew Neal  
**Telephone:** 01757249233  
**Email:** [an@agneal.co.uk](mailto:an@agneal.co.uk)  
**Web:** [www.yorkshirearchery.co.uk](http://www.yorkshirearchery.co.uk)

## 13/03/22

### 2022 RAF Archery Indoor Championships

**Event Type:** Target  
**Round:** Target: Portsmouth  
**Record Status:** UK Record Status  
**Venue:** Sheik Gymnasium, RAFC Cranwell, Saddle Row, Sleaford NG34 8GR  
**Contact:** Robert Hamnett-Day  
**Telephone:** 07795344343  
**Email:** [dayr272@googlemail.com](mailto:dayr272@googlemail.com)

## 19/03/22

### March Madness

**Event Type:** Target  
**Round:** Target: WA 70m/60m/50m  
**Record Status:** World Record Status  
**Venue:** Whitehill Sports Club, Whitehill, Bordon GU35 9DA  
**Contact:** Ciaran Finn  
**Telephone:** 07703404360  
**Email:** [aliensurfer1985@hotmail.com](mailto:aliensurfer1985@hotmail.com)  
**Web:** [www.whitehillarchers.org.uk](http://www.whitehillarchers.org.uk)

## 19/03/22

### BUCS Indoor Archery Finals

**Round:** Target: WA 18M  
**Record Status:** World Record Status  
**Venue:** Cryfield Old Farmhouse, Leighfield Road, Coventry CV4 7EU  
**Contact:** Olivia Hellas  
**Telephone:** 07590722061  
**Email:** [olivia.hellas@bucs.org.uk](mailto:olivia.hellas@bucs.org.uk)

## 19/03/22

### SAA Disability Indoor Championships 2022

**Event Type:** Target  
**Round:** Target: WA 18M  
**Record Status:** World Record Status  
**Venue:** SportsScotland, Inverclyde Recreation Centre, Burnside Road, Largs KA30 8RW  
**Contact:** Fiona Hirst  
**Telephone:** 07851779975  
**Email:** [fiona5422@btinternet.com](mailto:fiona5422@btinternet.com)

## 19/03/22

### CWAA Junior Indoor Champs

**Event Type:** Target  
**Round:** Target: Portsmouth  
**Record Status:** UK Record Status  
**Venue:** Droitwich Spa High School, Westlands Way, Droitwich WR9 0AA  
**Contact:** Sarah Czyrko  
**Telephone:** 07719003055  
**Email:** [tournaments@droitwicharchery.co.uk](mailto:tournaments@droitwicharchery.co.uk)  
**Web:** [www.droitwicharchery.co.uk](http://www.droitwicharchery.co.uk)

## 19/03/22

### SAA Junior, Novice and U21 Indoor Championships 2022

**Event Type:** Target  
**Round:** Target: Portsmouth  
**Record Status:** UK Record Status  
**Venue:** SportsScotland, Inverclyde Recreation Centre, Burnside Road, Largs KA30 8RW  
**Contact:** Fiona Hirst  
**Telephone:** 07851779975  
**Email:** [fiona5422@btinternet.com](mailto:fiona5422@btinternet.com)

**19/03/22 – 20/03/22****Red Kite 3D Shoot**

**Event Type:** Field  
**Round:** Field: WA 3D Round  
**Record Status:** World Archery Status  
**Venue:** Ballywalter Park, Co Down, Newtownards BT22 2PP  
**Contact:** Bill Latimer  
**Telephone:** 07392005761  
**Email:** [tournamentofficer@loughcuanbowmen.org](mailto:tournamentofficer@loughcuanbowmen.org)  
**Web:** <https://loughcuanbowmen.org>

**20/03/22****Wymondham Archers 2<sup>nd</sup> WA Combined**

**Event Type:** Target  
**Round:** Target: WA Combined  
**Record Status:** World Record Status  
**Venue:** Easton Sports And Conference Centre, Bawburgh Road, Easton, Norwich NR9 5DU  
**Contact:** Sarah Hubbard  
**Telephone:** 07525368343  
**Email:** [competitions@wymondhamarchers.co.uk](mailto:competitions@wymondhamarchers.co.uk)  
**Web:** [www.wymondhamarchers.co.uk](http://www.wymondhamarchers.co.uk)

**20/03/22****March Madness**

**Event Type:** Target  
**Round:** Target: St George/Albion/Windsor  
**Record Status:** UK Record Status  
**Venue:** Whitehill Sports Club, Whitehill, Bordon GU35 9DA  
**Contact:** Ciaran Finn  
**Telephone:** 07703404360  
**Email:** [aliensurfer1985@hotmail.com](mailto:aliensurfer1985@hotmail.com)  
**Web:** [www.whitehillarchers.org.uk](http://www.whitehillarchers.org.uk)

**20/03/22****SAA Senior Indoor Championships 2022**

**Event Type:** Target  
**Round:** Target: WA 18M  
**Record Status:** World Record Status  
**Venue:** SportsScotland, Inverclyde Recreation Centre, Burnside Road, Largs KA30 8RW  
**Contact:** Fiona Hirst  
**Telephone:** 07851779975  
**Email:** [fiona5422@btinternet.com](mailto:fiona5422@btinternet.com)

**20/03/22****Gronant Bowmen Vegas 300**

**Event Type:** Target  
**Round:** Target: Vegas  
**Record Status:** UK Record Status  
**Venue:** Rhyl Leisure Centre, 86 Grange Road, Rhyl LL18 4BY  
**Contact:** Rhys Harper  
**Telephone:** 07474963560  
**Email:** [gronant.tournaments@gmail.com](mailto:gronant.tournaments@gmail.com)  
**Web:** <https://gronantbowmen.uk/>

**20/03/22****The Castle Archers Indoor Club Champs & Open Worcester**

**Event Type:** Target  
**Round:** Target: Worcester  
**Record Status:** UK Record Status  
**Venue:** Newcastle Emlyn Leisure Centre, Emlyn Square, Newcastle Emlyn SA38 9LN  
**Contact:** David Evans  
**Telephone:** 01994419015  
**Email:** [dcevans@globalnet.co.uk](mailto:dcevans@globalnet.co.uk)  
**Web:** <https://www.castlearchers.com/>

**20/03/22****SAA Barebow/Longbow Indoor Championships 2022**

**Event Type:** Target  
**Round:** Target: Portsmouth  
**Record Status:** UK Record Status  
**Venue:** SportsScotland, Inverclyde Recreation Centre, Burnside Road, Largs KA30 8RW  
**Contact:** Fiona Hirst  
**Telephone:** 07851779975  
**Email:** [fiona5422@btinternet.com](mailto:fiona5422@btinternet.com)

**27/03/22****Corus Deeside Archery Club Single and Double Worcester**

**Event Type:** Target  
**Round:** Target: Worcester  
**Record Status:** UK Record Status  
**Venue:** Coleg Cambria, Kelsterton Road, Connah's Quay, Deeside CH5 4BR  
**Contact:** Pete Pendrey  
**Telephone:** 07522489213  
**Email:** [pete.pendrey@sky.com](mailto:pete.pendrey@sky.com)  
**Web:** <https://toxarch.co.uk/corus/>

**02/04/22****Redhill Archers WRS 720**

**Event Type:** Target  
**Round:** Target: WA 70m/60m/50m  
**Record Status:** World Record Status  
**Venue:** Redhill Archery Club, Silver Street, Wythall, Birmingham B47 6LZ  
**Contact:** Jonathan Rutland  
**Telephone:** 07769221906  
**Email:** [jon.rut@hotmail.co.uk](mailto:jon.rut@hotmail.co.uk)  
**Web:** [redhillarchers.co.uk](http://redhillarchers.co.uk)

**02/04/22 – 03/04/22****Clophill Spring FITA 4**

**Event Type:** Target  
**Round:** Target: WA 70m/60m/50m  
**Record Status:** World Record Status  
**Venue:** Kiln Lane, Clophill, Bedford MK45 4DA  
**Contact:** Mr Terry Course  
**Telephone:** 07968668612  
**Email:** [enquiries@clophillac.co.uk](mailto:enquiries@clophillac.co.uk)  
**Web:** [www.clophillac.co.uk](http://www.clophillac.co.uk)

**02/04/22 – 03/04/22****Kendal Bowmen 3 D field**

**Event Type:** Field  
**Round:** Field: WA 3D Round  
**Record Status:** Non-Record Status  
**Venue:** Hutton Park Plantation, New Hutton, Kendal LA8 0BE  
**Contact:** Tony Tideswell  
**Telephone:** 07815454953  
**Email:** [tonytid33@gmail.com](mailto:tonytid33@gmail.com)  
**Web:** [kendalbowmen.co.uk](http://kendalbowmen.co.uk)

**03/04/22****Bowbrook Archers WRS 720**

**Event Type:** Target  
**Round:** Target: WA 70m/60m/50m  
**Record Status:** World Record Status  
**Venue:** Bowbrook Archers, Hollowdene, Withington, Shrewsbury SY4 4PS  
**Contact:** Joanne Rawlings  
**Telephone:** 07815566935  
**Email:** [joannerawlings72@gmail.com](mailto:joannerawlings72@gmail.com)

**03/04/22****Southampton Spring Clout**

**Event Type:** Clout  
**Round:** Clout: AGB Imperial Clout (one way)  
**Record Status:** UK Record Status  
**Venue:** Southampton Archery Club Limited, Hardmoor Sports Ground, Stoneham Lane, Southampton SO50 9HT  
**Contact:** Roz Summers  
**Telephone:** 02380273763  
**Email:** [roz.summers2@yahoo.co.uk](mailto:roz.summers2@yahoo.co.uk)  
**Web:** <https://www.southamptonarcheryclub.org/>

**03/04/22****Lincolnshire County Indoor Championships**

**Event Type:** Target  
**Round:** Target: Portsmouth  
**Record Status:** UK Record Status  
**Venue:** Spalding Grammar School, Priory Road, Spalding PE11 2XH  
**Contact:** Ian Macrae  
**Telephone:** 07769667385  
**Email:** [ianmacrae65@gmail.com](mailto:ianmacrae65@gmail.com)

**03/04/22****Kettering & Open Clout Angela Bray Memorial Shoot**

**Event Type:** Clout  
**Round:** Clout: AGB Imperial Clout (one way)  
**Record Status:** UK Record Status  
**Venue:** Kettering Sports Club, Northampton Road, Kettering NN15 7JX  
**Contact:** Sandra Allison  
**Telephone:** 07736466308  
**Email:** [booallison@hotmail.co.uk](mailto:booallison@hotmail.co.uk)  
**Web:** [ketteringarchers](http://ketteringarchers.org)

**07/04/22****Para Archery Open Selection Opportunity 1**

**Event Type:** Target  
**Round:** Target: WA 70m/60m/50m  
**Record Status:** World Record Status  
**Venue:** Lilleshall Hall, Lilleshall, Newport TF10 9AT  
**Contact:** Sarah Smith  
**Telephone:** 01952677888  
**Email:** [sarah.smith@archerygb.org](mailto:sarah.smith@archerygb.org)  
**Web:** [www.archerygb.org](http://www.archerygb.org)

**09/04/22****Junior "Blow Away the Cobwebs"**

**Event Type:** Target  
**Round:** Target: Metrics 122, Target: Metrics 80  
**Record Status:** UK Record Status  
**Venue:** New House Farm, Cwms Lane, Church Stretton SY6 7JH  
**Contact:** Susan Williamson  
**Telephone:** 01694722767  
**Email:** [sue@chelmickforge.co.uk](mailto:sue@chelmickforge.co.uk)  
**Web:** [www.longmyndarchers.co.uk](http://www.longmyndarchers.co.uk)

**09/04/22****British Blind Sport Archery Section Championship**

**Event Type:** Target  
**Round:** Target: VI Portsmouth  
**Record Status:** UK Record Status  
**Venue:** Wenlock Hall, Lilleshall, Newport TF10 9AT  
**Contact:** Malcolm Higman  
**Telephone:** 01243785302  
**Email:** [tournament-org@bbsarchery.org.uk](mailto:tournament-org@bbsarchery.org.uk)

**09/04/22 – 10/04/22****Ron Bell Memorial Field Competition**

**Event Type:** Field  
**Round:** Field: WA Mixed  
**Record Status:** Arrowhead Status  
**Venue:** Clandeboye Estate And Courtyard, Clandeboye Estate, Bangor BT19 1RN  
**Contact:** Bill Latimer  
**Telephone:** 07392005761  
**Email:** [tournamentofficer@loughcuanbowmen.org](mailto:tournamentofficer@loughcuanbowmen.org)  
**Web:** <https://loughcuanbowmen.org>

**09/04/22 – 10/04/22****Stortford Clout Weekend**

**Event Type:** Clout  
**Round:** Clout: AGB Metric Clout, Clout: AGB Imperial Clout (one way)  
**Record Status:** UK Record Status  
**Venue:** Bishops Stortford High School, Jobbers Wood Sports Pavilion, Great Hadham Road, Much Hadham SG10 6FB  
**Contact:** Rachel Boynton  
**Telephone:** 07480164466  
**Email:** [rachelboynton1502@gmail.com](mailto:rachelboynton1502@gmail.com)  
**Web:** [www.stortfordarchers.org.uk](http://www.stortfordarchers.org.uk)

**09/04/22 – 10/04/22****Southampton Double York**

**Event Type:** Target  
**Round:** Target: York/Hereford/Bristol  
**Record Status:** UK Record Status  
**Venue:** Southampton Archery Club Limited, Hardmoor Sports Ground, Stoneham Lane, Southampton SO50 9HT  
**Contact:** Vicky Loader  
**Telephone:** 07811365519  
**Email:** [vickyloader@uwclub.net](mailto:vickyloader@uwclub.net)  
**Web:** [southamptonarcheryclub.org](http://southamptonarcheryclub.org)

**10/04/22**

**Meriden Spring 720**

**Event Type:** Target  
**Round:** Target: WA 70m/60m/50m  
**Record Status:** World Record Status  
**Venue:** Meriden Archery Club, Birmingham Road, Meriden, Coventry CV7 7JS  
**Contact:** Tom Duncan  
**Telephone:** 07890433256  
**Email:** [t.p.duncan@gmail.com](mailto:t.p.duncan@gmail.com)

**10/04/22**

**"Blow Away the Cobwebs"**

**Event Type:** Target  
**Round:** Target: WA 70m/60m/50m  
**Record Status:** World Record Status  
**Venue:** New House Farm, Cwms Lane, Church Stretton SY6 7JH  
**Contact:** Susan Williamson  
**Telephone:** 01694722767  
**Email:** [sue@chelmickforge.co.uk](mailto:sue@chelmickforge.co.uk)  
**Web:** [www.longmyndarchers.co.uk](http://www.longmyndarchers.co.uk)

**10/04/22**

**Cheshire Trials**

**Event Type:** Target  
**Round:** Target: WA 1440  
**Record Status:** UK Record Status  
**Venue:** Knutsford Sports Club, Mereheath Lane, Knutsford WA16 6SZ  
**Contact:** Fiona German-Lloyd  
**Telephone:** 01513564132  
**Email:** [pandfgl@ntlworld.com](mailto:pandfgl@ntlworld.com)  
**Web:** [www.cheshirearcheryassoc.org](http://www.cheshirearcheryassoc.org)

**10/04/22**

**County of Worcester County Trials - Invitation Only**

**Event Type:** Target  
**Round:** Target: WA 1440  
**Record Status:** UK Record Status  
**Venue:** Upper Arley C Of E Primary School, Upper Arley, Bewdley DY12 1XA  
**Contact:** Maxine Palmer  
**Telephone:** 07975924553  
**Email:** [wfca.tournaments@hotmail.co.uk](mailto:wfca.tournaments@hotmail.co.uk)  
**Web:** [wfca and cwaa](http://wfca.andcwaa)

**15/04/22**

**Wallingford Good Friday 720**

**Event Type:** Target  
**Round:** Target: WA 70m/60m/50m  
**Record Status:** World Record Status  
**Venue:** Wallingford Sports Park, Hithercroft Road, Wallingford OX10 9RB  
**Contact:** Andrew Buchan  
**Telephone:** 07982997790  
**Email:** [andrew@thebuchans.com](mailto:andrew@thebuchans.com)  
**Web:** [www.wallingfordcastle.co.uk](http://www.wallingfordcastle.co.uk)

**16/04/22**

**Waterside Archers Spring Clout Weekend**

**Event Type:** Clout  
**Round:** Clout: WA Clout  
**Record Status:** UK Record Status  
**Venue:** Waterside Archers, Summer Lane, Exbury, Southampton SO45 1AZ  
**Contact:** Phil Collins  
**Telephone:** 07460896409  
**Email:** [wato@philcollins.me.uk](mailto:wato@philcollins.me.uk)  
**Web:** [waterside archers.co.uk](http://watersidearchers.co.uk)

**16/04/22 – 17/04/22**

**YAA 4<sup>th</sup> Clout Weekend**

**Event Type:** Clout  
**Round:** Clout: AGB Metric Clout, Clout: AGB Imperial Clout (one way)  
**Record Status:** UK Record Status  
**Venue:** Hutton Cranswick Sports And Recreation Association, Hutton, Driffield YO25 9QA  
**Contact:** Mark Hayes  
**Telephone:** 01484 428761  
**Email:** [mah63@btinternet.com](mailto:mah63@btinternet.com)  
**Web:** [www.yorkshirearchery.co.uk](http://www.yorkshirearchery.co.uk)

**17/04/22**

**Waterside Archers Spring Clout Weekend**

**Event Type:** Clout  
**Round:** Clout: AGB Imperial Clout (one way)  
**Record Status:** UK Record Status  
**Venue:** Waterside Archers, Summer Lane, Exbury, Southampton SO45 1AZ  
**Contact:** Phil Collins  
**Telephone:** 07460896409  
**Email:** [wato@philcollins.me.uk](mailto:wato@philcollins.me.uk)  
**Web:** [waterside archers.co.uk](http://watersidearchers.co.uk)

**17/04/22**

**Droitwich Archery Society Spring Warwicks**

**Event Type:** Target  
**Round:** Target: Warwicks  
**Record Status:** UK Record Status  
**Venue:** Meadow View, Salt Way, Hanbury, Droitwich WR9 7LZ  
**Contact:** Sarah Czyrko  
**Telephone:** 07719003055  
**Email:** [tournaments@droitwicharchery.co.uk](mailto:tournaments@droitwicharchery.co.uk)  
**Web:** [www.droitwicharchery.co.uk](http://www.droitwicharchery.co.uk)

**18/04/22**

**Easter Bunny**

**Event Type:** Target  
**Round:** Target: National Rounds  
**Record Status:** UK Record Status  
**Venue:** Cheltenham Racecourse, Evesham Road, Prestbury, Cheltenham GL50 4SH  
**Contact:** Danielle Wade [Edward Kain  
**Telephone:** 07472023137  
**Email:** [easterbunny@outlook.com](mailto:easterbunny@outlook.com)  
**Web:** [cheltenhamarchers.com](http://cheltenhamarchers.com)

**23/04/22 – 24/04/22**

**Ballyvally 3D Shoot**

**Event Type:** Field  
**Round:** Field: WA 3D Round  
**Record Status:** World Archery Status  
**Venue:** Kilnacrew Road, Banbridge BT32 3TB  
**Contact:** Marion Patterson  
**Telephone:** 07752476463  
**Email:** [marionsterry@gmail.com](mailto:marionsterry@gmail.com)  
**Web:** <https://www.facebook.com/groups/275867305771857/>

**23/04/22 – 24/04/22**

**Thirsk Bowmen WA weekend**

**Event Type:** Target  
**Round:** Target: WA VI Outdoor  
**Record Status:** World Record Status  
**Venue:** Baldersby Park, Topcliffe, Thirsk YO7 3PG  
**Contact:** Malcolm Dukes  
**Telephone:** 07914786871  
**Email:** [dukesmalcolm@gmail.com](mailto:dukesmalcolm@gmail.com)

**24/04/22**

**Tim East Invitational**

**Event Type:** Target  
**Round:** Target: York / Hereford  
**Record Status:** Rose Status  
**Venue:** Vigo Rugby Football Club, Harvel Road, Meopham, Gravesend DA13 OUA  
**Contact:** Peter Dallas  
**Telephone:** 07966023141  
**Email:** [captain@archerykent.org.uk](mailto:captain@archerykent.org.uk)

**24/04/22**

**Cleve Spring Tournament**

**Event Type:** Target  
**Round:** Target: WA 70m/60m/50m  
**Record Status:** World Record Status  
**Venue:** Down Yonder, Old Bromley Heath Road, Bristol BS16 6JU  
**Contact:** Denise Bunce  
**Telephone:** 07717232348  
**Email:** [clevetournaments@gmail.com](mailto:clevetournaments@gmail.com)  
**Web:** [clevelandarchers.co.uk](http://clevelandarchers.co.uk)

**24/04/22**

**Pagoda Shoot**

**Event Type:** Target  
**Round:** Target: St George/Albion/Windsor  
**Record Status:** UK Record Status  
**Venue:** Royal Richmond Archery Club, Old Deer Park, Kew Road, Richmond TW9 2AZ  
**Contact:** Barbara Wanzenried  
**Telephone:** 07774471173  
**Email:** [barbara.wanzenried@btinternet.com](mailto:barbara.wanzenried@btinternet.com)  
**Web:** <http://royalrichmond.co.uk/pagoda-shoot.html>

**24/04/22**

**CPB 48<sup>th</sup> Open Tournament**

**Event Type:** Target  
**Round:** Target: York / Hereford  
**Record Status:** Rose Status  
**Venue:** Old Dunstonians Sports Club Ltd, St Dunstons Lane, Beckenham BR3 3SS  
**Contact:** Lewis Brown  
**Telephone:** 07890756983  
**Email:** [to@crystalpalacebowmen.org.uk](mailto:to@crystalpalacebowmen.org.uk)  
**Web:** <http://www.crystalpalacebowmen.org.uk/cpb2022/index.shtml>

**24/04/22**

**Nottinghamshire County First League Shoot**

**Event Type:** Target  
**Round:** Target: American  
**Record Status:** Non-Record Status  
**Venue:** Greasley Castle Farm, Church Road, Greasley, Nottingham NG16 2AB  
**Contact:** Mike Thomason  
**Telephone:** 01159820470  
**Email:** [michael.thomason@ntlworld.com](mailto:michael.thomason@ntlworld.com)

**30/04/22**

**Bath Archers WA 70**

**Event Type:** Target  
**Round:** Target: WA 70m/60m/50m  
**Record Status:** UK Record Status  
**Venue:** Bath Archers, to the rear of, 144 London Road West, Bath BA1 7DD  
**Contact:** Stuart Ohren  
**Telephone:** 07866368445  
**Email:** [stuart.ohren@gmail.com](mailto:stuart.ohren@gmail.com)  
**Web:** <http://www.batharchers.org/events.php>

**30/04/22 – 01/05/22**

**Bucks or Bounty (National Tour Stage 1)**

**Event Type:** Target  
**Round:** Target: WA 70m/60m/50m  
**Record Status:** World Record Status  
**Venue:** Lilleshall National Sports & Conferencing Centre, Newport TF10 9AT  
**Contact:** Paul McColl  
**Email:** [borb.organiser@gmail.com](mailto:borb.organiser@gmail.com)  
**Web:** <http://www.bucksorbounty.co.uk/>

**01/05/22**

**Middlesex County Archery Association Weekend**

**Event Type:** Target  
**Round:** Target: York / Hereford  
**Record Status:** Rose Status  
**Venue:** Hillingdon Archery Club, Field Heath Road, Hillingdon, Uxbridge UB8 3RN  
**Contact:** Simeon Keenan  
**Telephone:** 07751762818  
**Email:** [outdoor@middlesexarchery.org.uk](mailto:outdoor@middlesexarchery.org.uk)  
**Web:** [www.middlesexarchery.org.uk](http://www.middlesexarchery.org.uk)

**01/05/22**

**Ted Mallett Open Clout Tournament**

**Event Type:** Clout  
**Round:** Clout: AGB Imperial Clout (one way)  
**Record Status:** UK Record Status  
**Venue:** Allerton House, Allerton Park, Knaresborough HG5 0SE  
**Contact:** PAul Lomas  
**Telephone:** 07447452843  
**Email:** [paulomas73@hotmail.com](mailto:paulomas73@hotmail.com)



**02/05/22****Middlesex County Archery Association Weekend**

**Event Type:** Target  
**Round:** Target: WA 1440, Target: Metrics I-V  
**Record Status:** World Record Status  
**Venue:** Hillingdon Archery Club, Pield Heath Road, Hillingdon, Uxbridge UB8 3RN  
**Contact:** Simeon Keenan  
**Telephone:** 07751762818  
**Email:** [outdoorto@middlesexarchery.org.uk](mailto:outdoorto@middlesexarchery.org.uk)  
**Web:** [www.middlesexarchery.org.uk](http://www.middlesexarchery.org.uk)

**02/05/22****Redhill Archers Open American**

**Event Type:** Target  
**Round:** Target: American  
**Record Status:** Non-Record Status  
**Venue:** Redhill Archery Club, Silver Street, Wythall, Birmingham B47 6LZ  
**Contact:** Jon Rutland  
**Telephone:** 07769221906  
**Email:** [jon.rut@hotmail.co.uk](mailto:jon.rut@hotmail.co.uk)  
**Web:** <https://redhill-archers.org.uk>

**03/05/22****Para Archery Open Selection Opportunity 2**

**Event Type:** Target  
**Round:** Target: WA 70m/60m/50m  
**Record Status:** World Record Status  
**Venue:** Lilleshall Hall, Lilleshall, Newport TF10 9AT  
**Contact:** Sarah Smith  
**Telephone:** 01952677888  
**Email:** [sarah.smith@archerygb.org](mailto:sarah.smith@archerygb.org)  
**Web:** [www.archerygb.org](http://www.archerygb.org)

**07/05/22****Waterside Archers WA Weekend**

**Event Type:** Target  
**Round:** Target: WA 70m/60m/50m  
**Record Status:** World Record Status  
**Venue:** Summer Lane, Exbury SO45 1AZ  
**Contact:** Phil Collins  
**Telephone:** 07460896409  
**Email:** [wato@philcollins.me.uk](mailto:wato@philcollins.me.uk)  
**Web:** [watersidearchers.co.uk](http://watersidearchers.co.uk)

**07/05/22****Cleadon Archers WRS WA900**

**Event Type:** Target  
**Round:** Target: WA900  
**Record Status:** World Record Status  
**Venue:** Boldon Cricket & Squash Club, Sunderland Road, East Boldon NE36 0BT  
**Contact:** Pam and Kevin Duncanson  
**Telephone:** 07733011960  
**Email:** [to@cleadonarchers.org](mailto:to@cleadonarchers.org)  
**Web:** [www.cleadonarchers.org](http://www.cleadonarchers.org)

**08/05/22****Kestrels York/Hereford/Bristol's Tournament**

**Event Type:** Target  
**Round:** Target: York / Hereford  
**Record Status:** Rose Status  
**Venue:** Stratton Upper School, Eagle Farm Road, Biggleswade SG18 8JB  
**Contact:** Carol Castlo  
**Telephone:** 07971817289  
**Email:** [c.castlo@icloud.com](mailto:c.castlo@icloud.com)  
**Web:** [www.kestrelsarchery.org](http://www.kestrelsarchery.org)

**08/05/22****Gloucestershire-Worcestershire County Friendly**

**Event Type:** Target  
**Round:** Target: York / Hereford  
**Record Status:** Rose Status  
**Venue:** Deer Park Archers, Shurdington, Cheltenham GL51 4UD  
**Contact:** Peter Sisson  
**Telephone:** 07785954771  
**Email:** [petersissondpa@gmail.com](mailto:petersissondpa@gmail.com)

**08/05/22****Cleadon Archers Open**

**Event Type:** Target  
**Round:** Target: York / Hereford  
**Record Status:** Rose Status  
**Venue:** Boldon Cricket & Squash Club, Sunderland Road, East Boldon NE36 0BT  
**Contact:** Pam and Kevin Duncanson  
**Telephone:** 07733011960  
**Email:** [to@cleadonarchers.org](mailto:to@cleadonarchers.org)  
**Web:** [cleadonarchers.org](http://cleadonarchers.org)

**08/05/22****North Cheshire Open**

**Event Type:** Target  
**Round:** Target: WA 70m/60m/50m  
**Record Status:** World Record Status  
**Venue:** Knutsford Sports Club, Mereheath Lane, Knutsford WA16 6SZ  
**Contact:** Joe Shaw  
**Telephone:** 07860630923  
**Email:** [tournaments@northcheshirebowmen.co.uk](mailto:tournaments@northcheshirebowmen.co.uk)  
**Web:** [www.northcheshirebowmen.co.uk](http://www.northcheshirebowmen.co.uk)

**08/05/22****Redruth Archers WRS Double 70 & 50m**

**Event Type:** Target  
**Round:** Target: WA 70m/60m/50m  
**Record Status:** World Record Status  
**Venue:** Club Ground, New Portreath Road, Redruth TR16 4HJ  
**Contact:** Peter Conisbee  
**Telephone:** 01209821433  
**Email:** [pcatthebarn@gmail.com](mailto:pcatthebarn@gmail.com)

**08/05/22****Waterside Archers WA Weekend**

**Event Type:** Target  
**Round:** Target: WA 1440, Target: Metrics I-V  
**Record Status:** World Record Status  
**Venue:** Summer Lane, Exbury SO45 1AZ  
**Contact:** Phil Collins  
**Telephone:** 07460896409  
**Email:** [phil@philcollins.me.uk](mailto:phil@philcollins.me.uk)  
**Web:** [watersidearchers.co.uk](http://watersidearchers.co.uk)

**08/05/22****Open WA 70/60/50 and head to head and VI**

**Event Type:** Target  
**Round:** Target: WA 70m/60m/50m  
**Record Status:** World Record Status  
**Venue:** Washingborough Playing Fields, Fen Road, Washingborough, Lincoln LN4 1AB  
**Contact:** Ian Prescott  
**Telephone:** 01522821420  
**Email:** [i.prescott@ntlworld.com](mailto:i.prescott@ntlworld.com)  
**Web:** <https://sites.google.com/view/lincolnarchers2/home>

**08/05/22****Newbies Nationals**

**Event Type:** Target  
**Round:** Target: National Rounds  
**Record Status:** Non-Record Status  
**Venue:** New House Farm, Cwms Lane, Church Stretton SY6 7JH  
**Contact:** Susan Williamson  
**Telephone:** 01694722767  
**Email:** [sue@chelmickforge.co.uk](mailto:sue@chelmickforge.co.uk)  
**Web:** [www.longmyndarchers.co.uk](http://www.longmyndarchers.co.uk)

**11/05/22****Southern Counties Archery Meeting (SCAM) - Longbow Day**

**Event Type:** Target  
**Round:** Target: National Rounds  
**Record Status:** Non-Record Status  
**Venue:** Waterside Archers, Summer Lane, Exbury, Southampton SO45 1AZ  
**Contact:** Carla Piper  
**Telephone:** 01722743476  
**Email:** [secretary.scam@scasarchery.org.uk](mailto:secretary.scam@scasarchery.org.uk)  
**Web:** [scasarchery.org.uk](http://scasarchery.org.uk)

**12/05/22 – 13/05/22****Southern Counties Archery Meeting (SCAM) - Championship**

**Event Type:** Target  
**Round:** Target: York / Hereford  
**Record Status:** Rose Status  
**Venue:** Waterside Archers, Summer Lane, Exbury, Southampton SO45 1AZ  
**Contact:** Mrs Carla Piper  
**Telephone:** 01722743476  
**Email:** [secretary.scam@scasarchery.org.uk](mailto:secretary.scam@scasarchery.org.uk)  
**Web:** [scasarchery.org.uk](http://scasarchery.org.uk)

**14/05/22****City of Cambridge Double WA720**

**Round:** Target: WA 70m/60m/50m  
**Record Status:** World Record Status  
**Venue:** Downing College Sports Ground, Cambridge CB3 9EA  
**Contact:** Anke Hanneemann  
**Telephone:** 07401284677  
**Email:** [tournament@cityofcambridgebowmen.co.uk](mailto:tournament@cityofcambridgebowmen.co.uk)  
**Web:** [www.cityofcambridgebowmen.co.uk](http://www.cityofcambridgebowmen.co.uk)

**14/05/22****Bowmen Of Glen May H2H day 1**

**Event Type:** Target  
**Round:** Target: WA 70m/60m/50m  
**Record Status:** World Record Status  
**Venue:** Newton Lane, Great Glen LE89AB  
**Contact:** Eddie Pemberton  
**Telephone:** 07834763743  
**Email:** [tournaments@bowmwnofglen.org](mailto:tournaments@bowmwnofglen.org)  
**Web:** <https://bowmenofglen.org/>

**14/05/22****TCC Metric Clout Tournament 2022**

**Event Type:** Clout  
**Round:** Clout: AGB Metric Clout  
**Record Status:** UK Record Status  
**Venue:** David Nieper Academy, Grange Street, Alfreton DE55 7JA  
**Contact:** Geoff Fisher  
**Telephone:** 07910784428  
**Email:** [events@thecloutcollective.co.uk](mailto:events@thecloutcollective.co.uk)  
**Web:** [www.thecloutcollective.co.uk](http://www.thecloutcollective.co.uk)

**14/05/22****Southern Counties Archery Meeting (SCAM) - National**

**Event Type:** Target  
**Round:** Target: National Rounds  
**Record Status:** UK Record Status  
**Venue:** Waterside Archers, Summer Lane, Exbury, Southampton SO45 1AZ  
**Contact:** Mrs Carla Piper  
**Telephone:** 01722743476  
**Email:** [secretary.scam@scasarchery.org.uk](mailto:secretary.scam@scasarchery.org.uk)  
**Web:** [scasarchery.org.uk](http://scasarchery.org.uk)

**14/05/22 – 15/05/22****Ballands Bowmen The Major Archer shoot**

**Event Type:** Field  
**Round:** Field: WA 3D Round  
**Record Status:** Non-Record Status  
**Venue:** Pear Ash Farm, Pen Selwood, Wincanton BA9 8LX  
**Contact:** Mr Andrew Rees  
**Telephone:** 07718803724  
**Email:** [areesriba@aol.com](mailto:areesriba@aol.com)  
**Web:** <http://ballandsbowmen.co.uk/>

**15/05/22****Exmouth Archers Open Shoot**

**Event Type:** Target  
**Round:** Target: York / Hereford  
**Record Status:** Rose Status  
**Venue:** Withycombe Raleigh Common, Exmouth EX8 5EE  
**Contact:** Timothy Pratt  
**Telephone:** 07721463080  
**Email:** [tp Pratt@exmouth-archers.org.uk](mailto:tp Pratt@exmouth-archers.org.uk)  
**Web:** [www.exmouth-archers.org.uk](http://www.exmouth-archers.org.uk)

**15/05/22**

**City of Cambridge Double WA720**

**Event Type:** Target  
**Round:** Target: WA 70m/60m/50m  
**Record Status:** World Record Status  
**Venue:** Downing College Sports Ground, Cambridge CB3 9EA  
**Contact:** Anke Hannemann  
**Telephone:** 07401284677  
**Email:** [tournaments@cityofcambridgebowmen.co.uk](mailto:tournaments@cityofcambridgebowmen.co.uk)  
**Web:** [www.cityofcambridgebowmen.co.uk](http://www.cityofcambridgebowmen.co.uk)

**15/05/22**

**Bowmen Of Glen May Double 720**

**Event Type:** Target  
**Round:** Target: WA 70m/60m/50m  
**Record Status:** World Record Status  
**Venue:** Newton Lane, Great Glen LE89AB  
**Contact:** Eddie Pemberton  
**Telephone:** 07834763743  
**Email:** [tournaments@bowmwnofglen.org](mailto:tournaments@bowmwnofglen.org)  
**Web:** <https://bowmenofglen.org/>

**15/05/22**

**Selby Open Westerns**

**Event Type:** Target  
**Round:** Target: Westerns  
**Record Status:** UK Record Status  
**Venue:** Selby Rugby Club, Sandhill Lane, Selby YO8 4JP  
**Contact:** Andrew Neal  
**Telephone:** 01757249233  
**Email:** [an@agneal.co.uk](mailto:an@agneal.co.uk)

**17/05/22**

**Para Archery Open Selection Opportunity 3**

**Event Type:** Target  
**Round:** Target: WA 70m/60m/50m  
**Record Status:** World Record Status  
**Venue:** Lilleshall Hall, Lilleshall, Newport TF10 9AT  
**Contact:** Sarah Smith  
**Telephone:** 01952677888  
**Email:** [sarah.smith@archerygb.org](mailto:sarah.smith@archerygb.org)  
**Web:** [www.archerygb.org](http://www.archerygb.org)

**21/05/22**

**Noak Hill Westerns**

**Event Type:** Target  
**Round:** Target: Westerns  
**Record Status:** UK Record Status  
**Venue:** 57 Grange Road, Romford RM3 7EA  
**Contact:** Mark Lawrence  
**Telephone:** 07740828501  
**Email:** [mark-l@talk21.com](mailto:mark-l@talk21.com)

**21/05/22**

**Deer Park Archers WA3D Tournament**

**Event Type:** Field  
**Round:** Field: WA 3D Round  
**Record Status:** UK Record Status  
**Venue:** Deer Park Archers, Shurdington, Cheltenham GL51 4UD  
**Contact:** John Dalton  
**Telephone:** 07979801480  
**Email:** [deerparkarchers@gmail.com](mailto:deerparkarchers@gmail.com)  
**Web:** <https://bookwhen.com/dpaopenevents>

**21/05/22**

**Forest of Bere Bowmen Longbow Shoot**

**Event Type:** Target  
**Round:** Target: Westerns  
**Record Status:** Non-Record Status  
**Venue:** Archery Field, Cadlington House, Blendworth Lane, Waterlooville PO8 0AA  
**Contact:** John Taylor  
**Telephone:** 07785902098  
**Email:** [jtaylor@tabelek.co.uk](mailto:jtaylor@tabelek.co.uk)  
**Web:** [www.fobb.uk](http://www.fobb.uk)

**21/05/22**

**Lintman Junior Open Shoot**

**Event Type:** Target  
**Round:** Target: Westerns  
**Record Status:** Non-Record Status  
**Venue:** Lintman Archery Field, Bagshot Road, Ascot SL5 9JU  
**Contact:** Oliver Gibbs  
**Telephone:** 07402309463  
**Email:** [juniorshoot@lintmanarchery.org](mailto:juniorshoot@lintmanarchery.org)  
**Web:** <https://lintmanarchery.org/junior-shoot/>

**21/05/22 – 22/05/22**

**Ballyvally Bluebell Shoot**

**Event Type:** Field  
**Round:** Field: WA Marked, Field: WA Unmarked  
**Record Status:** Arrowhead Status  
**Venue:** Whytes Estate, Loughbrickland, Banbridge BT32 3NH  
**Contact:** Marion Patterson  
**Telephone:** 07752476463  
**Email:** [marionsterry@gmail.com](mailto:marionsterry@gmail.com)  
**Web:** <https://www.facebook.com/groups/275867305771857/>

**21/05/22 – 22/05/22**

**Eccles Double 720 Weekend**

**Event Type:** Target  
**Round:** Target: WA 70m/60m/50m  
**Record Status:** World Record Status  
**Venue:** 176 Park Lane, Whitefield, Manchester M45 7QL  
**Contact:** Mark Leach  
**Telephone:** 07951749589  
**Email:** [mark@meta-synthesis.com](mailto:mark@meta-synthesis.com)  
**Web:** <https://ecclesarcheryclub.uk/>

**21/05/22 – 22/05/22**

**The Archery GB National Tour - Stage 2**

**Event Type:** Target  
**Round:** Target: WA 70m/60m/50m  
**Record Status:** World Record Status  
**Venue:** Brechin Castle Centre Ltd, Haughmuir, Brechin DD9 6RL  
**Contact:** Fiona Hirst  
**Telephone:** 07851779975  
**Email:** [fiona5422@btinternet.com](mailto:fiona5422@btinternet.com)  
**Web:** [www.archerygb.org](http://www.archerygb.org)

**22/05/22**

**Black & Gold Archers Spring 2022 Tournament (Imperial)**

**Event Type:** Target  
**Round:** Target: York / Hereford  
**Record Status:** Rose Status  
**Venue:** Cotswold Area Civil Service Sports Association (Cacssa), Tewkesbury Road, Uckington, Cheltenham GL51 9SL  
**Contact:** Carol Williams  
**Telephone:** 07972479445  
**Email:** [tournaments@blackandgoldarchers.co.uk](mailto:tournaments@blackandgoldarchers.co.uk)  
**Web:** <https://blackandgoldarchers.co.uk/tournaments>

**22/05/22**

**Foresters Open York-Hereford (UKRS and Rose)**

**Event Type:** Target  
**Round:** Target: York / Hereford  
**Record Status:** Rose Status  
**Venue:** LAOFAC Ground, Leicester Road, Countesthorpe, Leicester LE8 5QW  
**Contact:** Neill Brown  
**Telephone:** 07857769871  
**Email:** [tournaments@laofac.co.uk](mailto:tournaments@laofac.co.uk)  
**Web:** [laofac.co.uk](http://laofac.co.uk)

**22/05/22**

**Wilford Bowmen WRS WA1440**

**Event Type:** Target  
**Round:** Target: WA 1440, Target: Metrics I-V  
**Record Status:** World Record Status  
**Venue:** Greasley Castle Farm, Church Road, Greasley, Nottingham NG16 2AB  
**Contact:** Paul Margeson  
**Telephone:** 01159826717  
**Email:** [insumanpaul@gmail.com](mailto:insumanpaul@gmail.com)  
**Web:** [wilfordbowmen.wordpress.com](http://wilfordbowmen.wordpress.com)

**22/05/22**

**Surrey Target Championships 2022**

**Event Type:** Target  
**Round:** Target: WA 1440  
**Record Status:** World Record Status  
**Venue:** Guildford Archery Club, Glaziers Lane, Normandy, Guildford GU3 2DT  
**Contact:** Richard FitzGerald  
**Telephone:** 07980435572  
**Email:** [targets@guildfordarcheryclub.co.uk](mailto:targets@guildfordarcheryclub.co.uk)  
**Web:** [www.guildfordarcheryclub.co.uk](http://www.guildfordarcheryclub.co.uk)

**22/05/22**

**Lincolnshire County Windsor**

**Event Type:** Target  
**Round:** Target: St George/Albion/Windsor  
**Record Status:** Non-Record Status  
**Venue:** Friskney Bowmen Archery Field, Church Road, Friskney, Boston PE22 8RD  
**Contact:** Michelle Limb  
**Telephone:** 01754820886  
**Email:** [michellecoy369@gmail.com](mailto:michellecoy369@gmail.com)  
**Web:** <https://www.friskneybowmen.org.uk/>

**28/05/22**

**Welbeck Archers WRS WA720**

**Event Type:** Target  
**Round:** Target: WA 70m/60m/50m  
**Record Status:** World Record Status  
**Venue:** Lady Margaret Hall, Holbeck, Worksop S80 3NB  
**Contact:** Mr Russell Hunt  
**Telephone:** 07511795965  
**Email:** [russell.hunt@ymail.com](mailto:russell.hunt@ymail.com)

**28/05/22**

**Cleve Junior Metric**

**Event Type:** Target  
**Round:** Target: Metrics I-V  
**Record Status:** UK Record Status  
**Venue:** Down Yonder, Old Bromley Heath Road, Bristol BS16 6JU  
**Contact:** Denise Bunce  
**Telephone:** 07717232348  
**Email:** [clevetournaments@gmail.com](mailto:clevetournaments@gmail.com)  
**Web:** [clevelandarchers.co.uk](http://clevelandarchers.co.uk)

**28/05/22 – 29/05/22**

**Cleadon Archers WA Weekend**

**Event Type:** Target  
**Round:** Target: WA 1440  
**Record Status:** World Record Status  
**Venue:** Boldon Cricket & Squash Club, Sunderland Road, East Boldon NE36 0BT  
**Contact:** Pam and Kevin Duncanson  
**Telephone:** 07733011960  
**Email:** [to@cleadonarchers.org](mailto:to@cleadonarchers.org)  
**Web:** [www.cleadonarchers.org](http://www.cleadonarchers.org)

**28/05/22 – 29/05/22**

**AGB Clout and WA Clout**

**Event Type:** Clout  
**Round:** Clout: WA Clout, Clout: AGB Metric Clout  
**Record Status:** UK Record Status  
**Venue:** Hutton Cranswick Sports & Recreation Association, Rotsea Road, Cranswick, Driffild YO25 9ES  
**Contact:** Mark Hayes  
**Telephone:** 07587143608  
**Email:** [mah63@btinternet.com](mailto:mah63@btinternet.com)  
**Web:** <http://www.archersofeastriding.co.uk/>

**29/05/22****Welbeck Archers Record Status Rose Award** 🏆

**Event Type:** Target  
**Round:** Target: York / Hereford  
**Record Status:** Rose Status  
**Venue:** Lady Margaret Hall, Holbeck, Worksop S80 3NB  
**Contact:** Mr Russell Hunt  
**Telephone:** 07511795965  
**Email:** russell.hunt@ymail.com

**29/05/22****Cleve Junior Tournament**

**Event Type:** Target  
**Round:** Target: St George/Albion/Windsor  
**Record Status:** UK Record Status  
**Venue:** Down Yonder, Old Bromley Heath Road, Bristol BS16 6JU  
**Contact:** Denise Bunce  
**Telephone:** 07717232348  
**Email:** clevetournaments@gmail.com  
**Web:** clevearchers.co.uk

**02/06/22****Stephanie Hall Memorial 720**

**Event Type:** Target  
**Round:** Target: WA 70m/60m/50m  
**Record Status:** World Record Status  
**Venue:** Meriden Archery Club, Birmingham Road, Meriden, Coventry CV7 7JS  
**Contact:** Tom Duncan  
**Telephone:** 07890433256  
**Email:** t.p.duncan@gmail.com

**03/06/22****Lez Newsome Metrics** 🌟

**Event Type:** Target  
**Round:** Target: WA 1440, Target: Metrics I-V  
**Record Status:** World Record Status  
**Venue:** Grange Park Sports Club, Wetherby Grange Park, Old Boston Road, Wetherby LS22 5NB  
**Contact:** Andrew Neal  
**Telephone:** 01757249233  
**Email:** an@agneal.co.uk  
**Web:** www.yorkshirearchery.co.uk

**04/06/22****YAA County Championships** 🏆

**Event Type:** Target  
**Round:** Target: York / Hereford  
**Record Status:** Rose Status  
**Venue:** Grange Park Sports Club, Wetherby Grange Park, Old Boston Road, Wetherby LS22 5NB  
**Contact:** Andrew Neal  
**Telephone:** 01757249233  
**Email:** an@agneal.co.uk  
**Web:** www.yorkshirearchery.co.uk

**04/06/22****Diana Competition**

**Event Type:** Target  
**Round:** Target: St George/Albion/Windsor  
**Record Status:** UK Record Status  
**Venue:** Harwell Laboratories Recreational Association, The Pavilion, Rutherford Avenue, Didcot OX11 0DF  
**Contact:** Martin Redford  
**Telephone:** 07941729098  
**Email:** diana@harlequin.bowmen.org.uk  
**Web:** https://www.harlequinbowmen.org.uk

**04/06/22 – 05/06/22****The UK Masters** 🌟

**Event Type:** Target  
**Round:** Target: WA 1440, Target: WA 70m/60m/50m  
**Record Status:** World Record Status  
**Venue:** Archery GB, Lilleshall National Sports Centre, Newport TF10 9AT  
**Contact:** UK Masters Organiser  
**Telephone:** 01952677888  
**Email:** masters@archerygb.org  
**Web:** www.archerygb.org

**04/06/22 – 05/06/22****Jim Skivington Memorial Shoot Cumbria** 🌟

**Event Type:** Target  
**Round:** Target: WA 1440, Target: Metrics I-V  
**Record Status:** World Record Status  
**Venue:** Frenchfield Playing Fields, Carleton, Penrith CA11 8UA  
**Contact:** Chris Battersby  
**Telephone:** 01768866670  
**Email:** aysgartharcher@gmail.com  
**Web:** cumbriaarchery.com

**05/06/22****Jim Skivington Memorial Shoot Cumbria** 🌟

**Event Type:** Target  
**Round:** Target: WA 70m/60m/50m  
**Record Status:** World Record Status  
**Venue:** Frenchfield Playing Fields, Carleton, Penrith CA11 8UA  
**Contact:** Chris Battersby  
**Telephone:** 01768866670  
**Email:** aysgartharcher@gmail.com  
**Web:** cumbriaarchery.com

**05/06/22****Yorkshire Archery Jubilee Shoot**

**Event Type:** Target  
**Round:** Target: St George/Albion/Windsor  
**Record Status:** UK Record Status  
**Venue:** Grange Park Sports Club, Wetherby Grange Park, Old Boston Road, Wetherby LS22 5NB  
**Contact:** Andrew Neal  
**Telephone:** 01757249233  
**Email:** an@agneal.co.uk  
**Web:** www.yorkshirearchery.co.uk

**05/06/22****SCAS and Beds Cecil Rhodes Memorial Clout** 🏆

**Event Type:** Clout  
**Round:** Clout: AGB Imperial Clout (two way)  
**Record Status:** UK Record Status  
**Venue:** Manshead C Of E School, Dunstable Road, Caddington, Luton LU1 4BB  
**Contact:** Robert Attrill  
**Telephone:** 07966167248  
**Email:** valbob1@hotmail.co.uk  
**Web:** beds county aas

**05/06/22****Waterside Archers Open Westerns**

**Event Type:** Target  
**Round:** Target: Westerns  
**Record Status:** Non-Record Status  
**Venue:** Waterside Archers, Summer Lane, Exbury, Southampton SO45 1AZ  
**Contact:** Phil Collins  
**Telephone:** 07460896409  
**Email:** wato@philcollins.me.uk  
**Web:** waterside archers.co.uk

**07/06/22****Para Archery Open Selection Opportunity 4**

**Event Type:** Target  
**Round:** Target: WA 70m/60m/50m  
**Record Status:** World Record Status  
**Venue:** Lilleshall Hall, Lilleshall, Newport TF10 9AT  
**Contact:** Sarah Smith  
**Telephone:** 01952677888  
**Email:** sarah.smith@archerygb.org  
**Web:** www.archerygb.org

**08/06/22****Guildford: Take a Break**

**Event Type:** Target  
**Round:** Target: St George/Albion/Windsor  
**Record Status:** Non-Record Status  
**Venue:** Guildford Archery Club, Glaziers Lane, Normandy, Guildford GU3 2DT  
**Contact:** Richard FitzGerald  
**Telephone:** 07980435572  
**Email:** targets@guildfordarcheryclub.co.uk  
**Web:** www.guildfordarcheryclub.co.uk

**11/06/22****Wymondham Archers Third WA Weekend Day 1**

**Event Type:** Target  
**Round:** Target: WA 70m/60m/50m, Target: WA VI 30m, Target: Metrics 122, Target: Metrics 80  
**Record Status:** World Record Status  
**Venue:** Wymondham R F C, Barnard Fields, Bray Drive, Wymondham NR18 0GQ  
**Contact:** Sarah Hubbard  
**Telephone:** 07525368343  
**Email:** competitions@wymondhamarchers.co.uk  
**Web:** www.wymondhamarchers.co.uk/shooting/tournaments

**11/06/22****Bowmen of Warfield Junior Short Metric**

**Event Type:** Target  
**Round:** Target: Metrics I-V  
**Record Status:** UK Record Status  
**Venue:** Bowmen Of Warfield, Hill Farm Lane, Binfield, Bracknell RG42 5NR  
**Contact:** Laura Tudor  
**Telephone:** 07794502308  
**Email:** laura@loznfl.uk  
**Web:** www.bowmenofwarfield.co.uk

**11/06/22****Gloucestershire County Championships 2022**

**Event Type:** Target  
**Round:** Target: Long Metrics  
**Record Status:** UK Record Status  
**Venue:** Deer Park Archers, Shurdington, Cheltenham GL51 4UD  
**Contact:** Peter Sisson  
**Telephone:** 01452417346  
**Email:** velvetcactus@live.co.uk  
**Web:** https://bookwhen.com/dpaopenevents

**11/06/22****Surrey Junior Open Championships**

**Event Type:** Target  
**Round:** Target: Metrics 122, Target: Metrics 80  
**Record Status:** World Record Status  
**Venue:** Deers Farm Close, Wisley, Woking GU23 6QX  
**Contact:** Mark Preston  
**Telephone:** 07870672424  
**Email:** mark.preston@me.com  
**Web:** surreyarchery.org

**11/06/22 – 12/06/22****Weekend of Clout** 🏆

**Event Type:** Clout  
**Round:** Clout: WA Clout, Clout: AGB Imperial Clout (two way)  
**Record Status:** UK Record Status  
**Venue:** Frenchfield Playing Fields, Carleton, Penrith CA11 8UA  
**Contact:** Chris Battersby  
**Telephone:** 01768866670  
**Email:** chrisb8491@outlook.com  
**Web:** eaglebowmenpenrith.co.uk

**12/06/22****35<sup>th</sup> WA Star and 60<sup>th</sup> Open Tournament** 🌟

**Event Type:** Target  
**Round:** Target: WA 1440  
**Record Status:** World Record Status  
**Venue:** Victoria Avenue East, Manchester M40 5SH  
**Contact:** Angela Kellet  
**Telephone:** 07557306866  
**Email:** afox1300@hotmail.co.uk  
**Web:** www.lancashire-archery.org.uk

**12/06/22**

**Wymondham Archers Third WA Weekend Day 2**

**Event Type:** Target  
**Round:** Target: WA VI Outdoor, Target: WA 1440, Target: Metrics I-V  
**Record Status:** World Record Status  
**Venue:** Wymondham R F C, Barnard Fields, Bray Drive, Wymondham NR18 0GQ  
**Contact:** Sarah Hubbard  
**Telephone:** 07525368343  
**Email:** [competitions@wymondhamarchers.co.uk](mailto:competitions@wymondhamarchers.co.uk)  
**Web:** [www.wymondhamarcher.co.uk/shooting/tournaments](http://www.wymondhamarcher.co.uk/shooting/tournaments)

**12/06/22**

**KAA WRS 70,60 & 50m qualification and Individual H2H**

**Event Type:** Target  
**Round:** Target: WA 70m/60m/50m  
**Record Status:** World Record Status  
**Venue:** Vigo Rugby Football Club, Harvel Road, Meopham, Gravesend DA13 0UA  
**Contact:** Tony Harris  
**Telephone:** 07518550384  
**Email:** [to-wa720@archerykent.org.uk](mailto:to-wa720@archerykent.org.uk)  
**Web:** <https://kentarcheryassociation.co.uk/>

**12/06/22**

**Lincolnshire Outdoor County Champs**

**Event Type:** Target  
**Round:** Target: York/Hereford/Bristol  
**Record Status:** UK Record Status  
**Venue:** Mayflower Sports Ground, Rosebery Avenue, Boston PE21 7QR  
**Contact:** Ian Macrae  
**Telephone:** 07769667385  
**Email:** [ianmacrae65@gmail.com](mailto:ianmacrae65@gmail.com)  
**Web:** [www.lincsarchery.co.uk](http://www.lincsarchery.co.uk)

**12/06/22**

**Somerset County Outdoor Target Championship 2022**

**Event Type:** Target  
**Round:** Target: National Rounds  
**Record Status:** UK Record Status  
**Venue:** Dunster Castle, Dunster, Minehead TA24 6SL  
**Contact:** John Bennett  
**Telephone:** 07772971607  
**Email:** [jbennett1350@googlemail.com](mailto:jbennett1350@googlemail.com)  
**Web:** <http://www.somersetarchery.co.uk/tournaments/tournaments.html>

**12/06/22**

**The Woking Double**

**Event Type:** Target  
**Round:** Target: WA 70m/60m/50m  
**Record Status:** World Record Status  
**Venue:** Deers Farm Close, Wisley, Woking GU23 6QX  
**Contact:** Mark Preston  
**Telephone:** 07870672424  
**Email:** [mark.preston@wokingarchery.club](mailto:mark.preston@wokingarchery.club)  
**Web:** [wokingarchery.club](http://wokingarchery.club)

**13/06/22 – 19/06/22**

**66<sup>th</sup> Dunster Week**

**Event Type:** Target  
**Round:** Target: St George/Albion/Windsor, Target: Westerns, Target: National Rounds  
**Record Status:** UK Record Status  
**Venue:** The Old Park, Dunster Castle, Dunster TA24 6SL  
**Contact:** Vikki Atkins  
**Telephone:** 07792319447  
**Email:** [vikki2@btinternet.com](mailto:vikki2@btinternet.com)  
**Web:** [www.gwas.org.uk](http://www.gwas.org.uk)

**18/06/22**

**World Archery Weekend 2022**

**Event Type:** Target  
**Round:** Target: WA 70m/60m/50m  
**Record Status:** World Record Status  
**Venue:** Girton College, Huntingdon Road, Cambridge CB3 0JG  
**Contact:** Tournament Team  
**Telephone:** 07761440098  
**Email:** [tournaments@peacock-archers.org](mailto:tournaments@peacock-archers.org)  
**Web:** [www.peacock-archery.co.uk](http://www.peacock-archery.co.uk)

**18/06/22 – 19/06/22**

**Midsummer Shoot**

**Event Type:** Field  
**Round:** Field: WA Mixed  
**Record Status:** Arrowhead Status  
**Venue:** Farnley Hall Estate, Farnley Hall, Farnley Park, Otley LS21 2QF  
**Contact:** Colin Fairburn  
**Telephone:** 07989414240  
**Email:** [colingfairburn@gmail.com](mailto:colingfairburn@gmail.com)  
**Web:** <https://colingfairburn.wixsite.com/wvatournaments>

**18/06/22 – 19/06/22**

**Ballyvally Buttercup Shoot**

**Event Type:** Field  
**Round:** Field: Mixed  
**Record Status:** UK Record Status  
**Venue:** Whytes Estate, Loughbrickland, Banbridge BT32 3NH  
**Contact:** Marion Patterson  
**Telephone:** 07752476463  
**Email:** [marionsterry@gmail.com](mailto:marionsterry@gmail.com)  
**Web:** <https://www.facebook.com/groups/275867305771857/>

**19/06/22**

**Burleigh Open**

**Event Type:** Target  
**Round:** Target: York / Hereford  
**Record Status:** Rose Status  
**Venue:** Cantley Park Sports Fields, Twyford Road, Wokingham RG40 5QG  
**Contact:** Diane Shannon  
**Telephone:** 07831693411  
**Email:** [dianeshannon123@btinternet.com](mailto:dianeshannon123@btinternet.com)

**19/06/22**

**World Archery Weekend 2022**

**Event Type:** Target  
**Round:** Target: WA 1440, Target: Metrics I-V  
**Record Status:** World Record Status  
**Venue:** Girton College, Huntingdon Road, Cambridge CB3 0JG  
**Contact:** Tournament Team  
**Telephone:** 07761440098  
**Email:** [tournaments@peacock-archers.org](mailto:tournaments@peacock-archers.org)  
**Web:** [www.peacock-archery.co.uk](http://www.peacock-archery.co.uk)

**19/06/22**

**Burton Joyce Archers Summer shoot**

**Event Type:** Target  
**Round:** Target: WA 70m/60m/50m  
**Record Status:** World Record Status  
**Venue:** The Poplars Sports Ground Off Station Road, Burton Joyce, Nottingham NG14 5AN  
**Contact:** Mike Ramsden  
**Telephone:** 07564082712  
**Email:** [mike.ramsden@hotmail.com](mailto:mike.ramsden@hotmail.com)  
**Web:** [www.burtonjoycearchers.org.uk](http://www.burtonjoycearchers.org.uk)

**19/06/22**

**Long Mynd Archers Heritage**

**Event Type:** Target  
**Round:** Target: National Rounds  
**Record Status:** Non-Record Status  
**Venue:** New House Farm, Cwms Lane, Church Stretton SY6 7JH  
**Contact:** Susan Williamson  
**Telephone:** 01694722767  
**Email:** [sue@chelmickforge.co.uk](mailto:sue@chelmickforge.co.uk)  
**Web:** [www.longmyndarchers.co.uk](http://www.longmyndarchers.co.uk)

**22/06/22 – 24/06/22**

**The Grand National Archery Meeting**

**Event Type:** Target  
**Round:** Target: York/Hereford/Bristol, Target: National Rounds  
**Record Status:** UK Record Status  
**Venue:** Archery GB, Lilleshall National Sports Centre, Newport TF10 9AT  
**Contact:** Tim Pratt  
**Telephone:** 01952677888  
**Email:** [gnam@archerygb.org](mailto:gnam@archerygb.org)  
**Web:** [www.archerygb.org](http://www.archerygb.org)

**24/06/22 – 25/06/22**

**Harlequin Bowmen Clout Weekend**

**Event Type:** Clout  
**Round:** Clout: WA Clout, Clout: AGB Imperial Clout (one way)  
**Record Status:** UK Record Status  
**Venue:** St Birinus School, Didcot OX11 8TE  
**Contact:** Gemma Hurst  
**Telephone:** 07531913641  
**Email:** [clout@harlequinbowmen.org.uk](mailto:clout@harlequinbowmen.org.uk)  
**Web:** <https://www.harlequinbowmen.org.uk>

**25/06/22**

**Guildford Junior Acorn Tournament**

**Event Type:** Target  
**Round:** Target: Westerns  
**Record Status:** Non-Record Status  
**Venue:** Guildford Archery Club, Glaziers Lane, Normandy, Guildford GU3 2DT  
**Contact:** Richard FitzGerald  
**Telephone:** 07980435572  
**Email:** [targets@guildfordarcheryclub.co.uk](mailto:targets@guildfordarcheryclub.co.uk)  
**Web:** [www.guildfordarcheryclub.co.uk](http://www.guildfordarcheryclub.co.uk)

**25/06/22 – 26/06/22**

**The British Target Championships**

**Event Type:** Target  
**Round:** Target: WA 1440, Target: WA 70m/60m/50m  
**Record Status:** World Record Status  
**Venue:** Archery GB, Lilleshall, Newport TF10 9AT  
**Contact:** Archery GB  
**Telephone:** 01952677888  
**Email:** [btca@archerygb.org](mailto:btca@archerygb.org)  
**Web:** [www.archerygb.org](http://www.archerygb.org)

**26/06/22**

**Sherwood Archers Double National**

**Event Type:** Target  
**Round:** Club Target Day  
**Record Status:** Non-Record Status  
**Venue:** Maythorne Cottage Field, Maythorne, Southwell NG25 0RR  
**Contact:** Susan Stankovic  
**Telephone:** 07787525644  
**Email:** [mariosusanstankovic@gmail.com](mailto:mariosusanstankovic@gmail.com)  
**Web:** [www.sherwood-archers.org.uk](http://www.sherwood-archers.org.uk)

**02/07/22**

**YAA WA1440**

**Event Type:** Target  
**Round:** Target: WA 1440  
**Record Status:** World Record Status  
**Venue:** Grange Park Sports Club, Wetherby Grange Park, Old Boston Road, Wetherby LS22 5NB  
**Contact:** Andrew Neal  
**Telephone:** 01752429233  
**Email:** [an@agneal.co.uk](mailto:an@agneal.co.uk)  
**Web:** [www.yorkshirearchery.co.uk](http://www.yorkshirearchery.co.uk)

**02/07/22****Forest of Bere Bowmen WA Star Weekend Day 1**

**Event Type:** Target  
**Round:** Target: WA 1440  
**Record Status:** World Record Status  
**Venue:** Archery Field, Cadlington House, Blendworth Lane, Waterlooville PO8 0AA  
**Contact:** John Taylor  
**Telephone:** 07785902098  
**Email:** jtaylor@tabelek.co.uk  
**Web:** www.fobb.uk

**02/07/22****TCC Imperial Clout Tournament 2022**

**Event Type:** Clout  
**Round:** Clout: AGB Imperial Clout (one way)  
**Record Status:** UK Record Status  
**Venue:** David Nieper Academy, Grange Street, Alfreton DE55 7JA  
**Contact:** Geoff Fisher  
**Telephone:** 07910784428  
**Email:** events@thecloutcollective.co.uk  
**Web:** www.thecloutcollective.co.uk

**02/07/22 – 03/07/22****Junior National Outdoor Championships 2022**

**Event Type:** Target  
**Round:** Target: WA 1440, Target: Metrics I-V, Target: York/Hereford/Bristol  
**Record Status:** World Record Status  
**Venue:** Archery GB, Lilleshall, Newport TF10 9AT  
**Contact:** Archery GB  
**Telephone:** 01952677888  
**Email:** jnoc@archerygb.org

**03/07/22****Chester WA 1440 Star**

**Event Type:** Target  
**Round:** Target: WA 1440  
**Record Status:** World Record Status  
**Venue:** Mannings Lane, Upton, Chester CH2 4EU  
**Contact:** Fiona German-Lloyd  
**Telephone:** 01513564132  
**Email:** pandfgl@ntlworld.com  
**Web:** www.ccbarchery.co.uk

**03/07/22****Forest of Bere Bowmen WA Star Weekend Day 2**

**Event Type:** Target  
**Round:** Target: WA 1440  
**Record Status:** World Record Status  
**Venue:** Archery Field, Cadlington House, Blendworth Lane, Waterlooville PO8 0AA  
**Contact:** John Taylor  
**Telephone:** 07785902098  
**Email:** jtaylor@tabelek.co.uk  
**Web:** www.fobb.uk

**03/07/22****YAA Double WA720**

**Event Type:** Target  
**Round:** Target: WA 70m/60m/50m  
**Record Status:** World Record Status  
**Venue:** Grange Park Sports Club, Wetherby Grange Park, Old Boston Road, Wetherby LS22 5NB  
**Contact:** Andrew Neal  
**Telephone:** 0175249233  
**Email:** an@agneal.co.uk  
**Web:** www.yorkshirearchery.co.uk

**03/07/22****York, Hereford & Bristol Rounds**

**Event Type:** Target  
**Round:** Target: York/Hereford/Bristol  
**Record Status:** Non-Record Status  
**Venue:** Friskney Bowmen Archery Field, Church Road, Friskney, Boston PE22 8RD  
**Contact:** Michelle Limb  
**Telephone:** 01754820886  
**Email:** michellecoy369@gmail.com  
**Web:** https://www.friskneybowmen.org.uk/

**09/07/22****Archery England English & Open Senior Longbow Championships**

**Event Type:** Target  
**Round:** Target: York / Hereford  
**Record Status:** Rose Status  
**Venue:** Maythorne Cottage Field, Maythorne, Southwell NG25 0RR  
**Contact:** Susan Stankovic  
**Telephone:** 07787525644  
**Email:** mariosusanstankovic@gmail.com  
**Web:** www.sherwood-archers.org.uk

**09/07/22****DNAA County Championships WA1440 and Metrics**

**Event Type:** Target  
**Round:** Target: WA 1440  
**Record Status:** World Record Status  
**Venue:** Boldon Cricket & Squash Club, Sunderland Road, East Boldon NE36 0BT  
**Contact:** Pam and Kevin Duncanson  
**Telephone:** 07733011960  
**Email:** to@cleadonarchers.org  
**Web:** www.cleadonarchers.org

**09/07/22 – 10/07/22****WA Clout Weekend**

**Event Type:** Clout  
**Round:** Clout: WA Clout, Clout: AGB Metric Clout  
**Record Status:** UK Record Status  
**Venue:** Frenchfield Playing Fields, Carleton, Penrith CA11 8UA  
**Contact:** Chris Battersby  
**Telephone:** 01768866670  
**Email:** chrisb8491@outlook.com  
**Web:** cumbriaarchery.com

**09/07/22 – 10/07/22****Surrey National Tour Stage 5**

**Event Type:** Target  
**Round:** Target: WA 70m/60m/50m  
**Record Status:** World Record Status  
**Venue:** Tolworth Court Sports Ground, Tolworth, Surrey KT4 7QH  
**Email:** saw@surreyarchery.org

**10/07/22****DNAA County Championships York/Hereford/ Bristol Rounds**

**Event Type:** Target  
**Round:** Target: York / Hereford  
**Record Status:** Rose Status  
**Venue:** Boldon Cricket & Squash Club, Sunderland Road, East Boldon NE36 0BT  
**Contact:** Pam and Kevin Duncanson  
**Telephone:** 07733011960  
**Email:** to@cleadonarchers.org  
**Web:** www.cleadonarchers.org

**10/07/22****Nottinghamshire County & Open Championships**

**Event Type:** Target  
**Round:** Target: York/Hereford/Bristol  
**Record Status:** UK Record Status  
**Venue:** Greasley Castle Farm, Church Road, Greasley, Nottingham NG16 2AB  
**Contact:** Sharon Dicks  
**Telephone:** 07742553634  
**Email:** shazzd@msn.com

**16/07/22****Belvoir Archers WA720**

**Event Type:** Target  
**Round:** Target: WA 70m/60m/50m  
**Record Status:** World Record Status  
**Venue:** Sports Field, Bingham, Barnstone, Nottingham NG13 9JN  
**Contact:** Bryan Haynes  
**Telephone:** 07887633121  
**Email:** tournaments@belvoirarchers.co.uk  
**Web:** www.belvoirarchers.co.uk

**16/07/22****Cleve 720 & Head to Head**

**Event Type:** Target  
**Round:** Target: WA 70m/60m/50m  
**Record Status:** World Record Status  
**Venue:** Down Yonder, Old Bromley Heath Road, Bristol BS16 6JU  
**Contact:** Denise Bunce  
**Telephone:** 07717232348  
**Email:** clevetournaments@gmail.com  
**Web:** clevearchers.co.uk

**16/07/22 – 17/07/22****Bronte Archers Double WA1440**

**Event Type:** Target  
**Round:** Target: WA 1440  
**Record Status:** World Record Status  
**Venue:** Rawdon Meadows, Apperley Lane, Apperley Bridge, Bradford BD10 0NR  
**Contact:** John Fell  
**Telephone:** 07976946584  
**Email:** djs.fell@icloud.com  
**Web:** www.bronte-archers.co.uk

**17/07/22****Killingworth Open Inc DNAA Championships**

**Event Type:** Target  
**Round:** Target: York / Hereford  
**Record Status:** Rose Status  
**Venue:** The Croft, Killingworth, Newcastle Upon Tyne NE12 6PJ  
**Contact:** Kath Hall  
**Telephone:** 01912872073 / 07804420478  
**Email:** charles.hall@blueyonder.co.uk  
**Web:** http://dnaa.co.uk/

**17/07/22****Cumbria County Outdoor Championships**

**Event Type:** Target  
**Round:** Target: York / Hereford  
**Record Status:** Rose Status  
**Venue:** Aspatria Rugby Union Football Club Ltd, Bower Park, Station Road, Wigton CA7 2AJ  
**Contact:** Chris Battersby  
**Telephone:** 01768866670  
**Email:** aysgartharcher@gmail.com  
**Web:** cumbriaarchery.com

**17/07/22****New Century Bowmen Annual Open Tournament**

**Event Type:** Target  
**Round:** Target: York / Hereford  
**Record Status:** Rose Status  
**Venue:** New Century Bowmen, Holehouse Lane, Whiteley Green, Macclesfield SK10 5SJ  
**Contact:** Mrs Ann Shepherd  
**Telephone:** 01625871527  
**Email:** a.shepherdarchery@btinternet.com  
**Web:** newcenturybowmen.org.uk

**17/07/22****WRS WA1440**

**Event Type:** Target  
**Round:** Target: WA 1440  
**Record Status:** World Record Status  
**Venue:** Lady Margaret Hall, Holbeck, Worksop S80 3NB  
**Contact:** Mr Russell Hunt  
**Telephone:** 07511795965  
**Email:** russell.hunt@gmail.com

**17/07/22****Cleve WA 1440**

**Event Type:** Target  
**Round:** Target: WA 1440  
**Record Status:** World Record Status  
**Venue:** Down Yonder, Old Bromley Heath Road, Bristol BS16 6JU  
**Contact:** Denise Bunce  
**Telephone:** 07717232348  
**Email:** clevetournaments@gmail.com  
**Web:** clevearchers.co.uk

**18/07/22 – 19/07/22**

**Barnsley National Tour Stage 3**

**Event Type:** Target  
**Round:** Target: WA 70m/60m/50m  
**Record Status:** World Record Status  
**Venue:** Barnsley Rugby Club, Shaw Lane, Barnsley S70 6HZ  
**Email:** barnsleyarchers@gmail.com

**23/07/22**

**Ray Defty Memorial Clout Weekend**

**Event Type:** Clout  
**Round:** Clout: AGB Metric Clout  
**Record Status:** UK Record Status  
**Venue:** Waterside Archers, Summer Lane, Exbury, Southampton SO45 1AZ  
**Contact:** Phil Collins  
**Telephone:** 07460896409  
**Email:** wato@philcollins.me.uk  
**Web:** watersidearchers.co.uk

**23/07/22**

**Waterwheel FA Metric Clout**

**Event Type:** Clout  
**Round:** Clout: AGB Metric Clout  
**Record Status:** UK Record Status  
**Venue:** Branston Community Academy, Station Road, Branston, Lincoln LN4 1LH  
**Contact:** Ted Tricker  
**Telephone:** 01522389258  
**Email:** ecwt@outlook.com

**24/07/22**

**Greasley Castle Archers WA1440 & Metric Rounds**

**Event Type:** Target  
**Round:** Target: WA 1440  
**Record Status:** World Record Status  
**Venue:** Greasley Castle Farm, Church Road, Greasley, Nottingham NG16 2AB  
**Contact:** Sharon Dicks  
**Telephone:** 07742553634  
**Email:** shazzd@msn.com

**24/07/22**

**Catherine Oldacre**

**Event Type:** Target  
**Round:** Target: WA 1440  
**Record Status:** UK Record Status  
**Venue:** Cheltenham Racecourse, Evesham Road, Prestbury, Cheltenham GL50 4SH  
**Contact:** Jeff Grinnell  
**Telephone:** 07966179824  
**Email:** jeffgrinnell50@gmail.com

**24/07/22**

**Ray Defty Memorial Clout Weekend**

**Event Type:** Clout  
**Round:** Clout: AGB Imperial Clout (one way)  
**Record Status:** UK Record Status  
**Venue:** Waterside Archers, Summer Lane, Exbury, Southampton SO45 1AZ  
**Contact:** Phil Collins  
**Telephone:** 07460896409  
**Email:** wato@philcollins.me.uk  
**Web:** watersidearchers.co.uk

**26/07/22 – 30/07/22**

**Youth Festival 2022**

**Event Type:** Target  
**Round:** Target: WA 70m/60m/50m  
**Record Status:** World Record Status  
**Venue:** Lilleshall Hall, Lilleshall, Newport TF10 9AT  
**Contact:** Katy Cumming  
**Telephone:** 01952677888  
**Email:** katy.cumming@archerygb.org  
**Web:** www.archerygb.org

**31/07/22**

**Black & Gold Archers Summer 2022 Tournament (Metric)**

**Event Type:** Target  
**Round:** Target: WA 70m/60m/50m  
**Record Status:** World Record Status  
**Venue:** Cotswold Area Civil Service Sports Association (Cacssa), Tewkesbury Road, Uckington, Cheltenham GL51 9SL  
**Contact:** Carol Williams  
**Telephone:** 07972479445  
**Email:** tournaments@blackandgoldarchers.co.uk  
**Web:** https://blackandgoldarchers.co.uk/tournaments

**31/07/22**

**Blue Lion Tournament 2022**

**Event Type:** Target  
**Round:** Target: St George/Albion/Windsor  
**Record Status:** UK Record Status  
**Venue:** Bournemouth University Sports Campus, Chapel Gate, Parley, Christchurch BH23 6BL  
**Contact:** Helen Wraight  
**Telephone:** 07586349550  
**Email:** helenandbarry@outlook.com  
**Web:** www.bournemoutharcheryclub.com

**06/08/22**

**NCAS/Cheshire WA Star**

**Event Type:** Target  
**Round:** Target: WA 1440  
**Record Status:** World Record Status  
**Venue:** The Rugby Club, Thornton Common Road, Wirral CH63 0LT  
**Contact:** Fiona German-Lloyd  
**Telephone:** 01513564132  
**Email:** pandfgl@ntlworld.com  
**Web:** www.cheshirearcheryassoc.org

**06/08/22 – 07/08/22**

**RA Double WA 1440 inc DCAS Outdoor Championships**

**Event Type:** Target  
**Round:** Target: WA 1440  
**Record Status:** World Record Status  
**Venue:** Club Ground, New Portreath Road, Redruth TR16 4HJ  
**Contact:** Peter Conisbee  
**Telephone:** 01209821433  
**Email:** pcatthebarn@gmail.com

**06/08/22 – 07/08/22**

**Evesham National Tour Stage 6**

**Event Type:** Target  
**Round:** Target: WA 70m/60m/50m  
**Record Status:** World Record Status  
**Venue:** Evesham Archery Club, Badsey Recreation Park, Evesham WR11 7EU  
**Contact:** Laurence Fletcher  
**Telephone:** 07971640653  
**Email:** tournaments@eveshamarcheryclub.com  
**Web:** www.eveshamarcheryclub.com

**07/08/22**

**Cheshire Championships**

**Event Type:** Target  
**Round:** Target: York / Hereford  
**Record Status:** Rose Status  
**Venue:** The Rugby Club, Thornton Common Road, Wirral CH63 0LT  
**Contact:** Fiona German-Lloyd  
**Telephone:** 01513564132  
**Email:** pandfgl@ntlworld.com  
**Web:** www.cheshirearcheryassoc.org

**07/08/22**

**Cumbria open Flight Championships**

**Event Type:** Flight  
**Round:** Flight  
**Record Status:** UK Record Status  
**Venue:** Frenchfield Playing Fields, Carleton, Penrith CA11 8UA  
**Contact:** Chris Battersby  
**Telephone:** 01768866670  
**Email:** aysgartharcher@gmail.com  
**Web:** cumbriaarchery.com

**07/08/22**

**Southampton Summer Clout**

**Event Type:** Clout  
**Round:** Clout: AGB Imperial Clout (one way)  
**Record Status:** UK Record Status  
**Venue:** Southampton Archery Club Limited, Hardmoor Sports Ground, Stoneham Lane, Southampton SO50 9HT  
**Contact:** Roz Summers  
**Telephone:** 02380273763  
**Email:** roz.summers2@yahoo.co.uk  
**Web:** https://www.southamptonarcheryclub.org/

**13/08/22**

**2<sup>nd</sup> Central England Junior Open**

**Event Type:** Target  
**Round:** Target: WA 70m/60m/50m, Target: Metrics 122, Target: Metrics 80  
**Record Status:** World Record Status  
**Venue:** Meriden Archery Club, Birmingham Road, Meriden, Coventry CV7 7JS  
**Contact:** Peter Hughes  
**Telephone:** 07890433256  
**Email:** pwhughes67@gmail.com

**13/08/22**

**DCAA and Open Clout Championships**

**Event Type:** Clout  
**Round:** Clout: AGB Metric Clout  
**Record Status:** UK Record Status  
**Venue:** David Nieper Academy, Grange Street, Alfreton DE55 7JA  
**Contact:** Geoff Fisher  
**Telephone:** 07910784428  
**Email:** events@thecloutcollective.co.uk  
**Web:** www.thecloutcollective.co.uk

**14/08/22**

**Jack Oliver Memorial Shoot**

**Event Type:** Target  
**Round:** Target: York / Hereford  
**Record Status:** Rose Status  
**Venue:** Mayflower Sports Ground, Rosebery Avenue, Boston PE21 7QR  
**Contact:** Ian Clayton  
**Telephone:** 07812682123  
**Email:** glenhurst@btinternet.com

**14/08/22**

**BCAA County Championship**

**Event Type:** Target  
**Round:** Target: York / Hereford  
**Record Status:** Rose Status  
**Venue:** Redborne Upper School, Flitwick Road, Amphill, Bedford MK45 2NU  
**Contact:** Mike Collins  
**Telephone:** 01767692268  
**Email:** mike.collins12@tiscali.co.uk  
**Web:** www.archerybeds.com

**14/08/22**

**TCC Summer Clout Tournament 2022**

**Event Type:** Clout  
**Round:** Clout: AGB Imperial Clout (one way)  
**Record Status:** UK Record Status  
**Venue:** David Nieper Academy, Grange Street, Alfreton DE55 7JA  
**Contact:** Geoff Fisher  
**Telephone:** 07910784428  
**Email:** events@thecloutcollective.co.uk  
**Web:** www.thecloutcollective.co.uk

**14/08/22**

**Cheltenham Archers Imperial Clout tournament**

**Event Type:** Target  
**Round:** Clout: AGB Imperial Clout (one way)  
**Record Status:** UK Record Status  
**Venue:** Dowry Sports And Social Club, Down Hatherly Lane, Churchdown, Gloucester GL2 9QH  
**Contact:** Kevin Sutherland  
**Telephone:** 07960077412  
**Email:** kevin\_theoaks@yahoo.co.uk  
**Web:** cheltenhamarchers.com

**14/08/22****Nottinghamshire County Third League Shoot**

**Event Type:** Target  
**Round:** Target: American  
**Record Status:** Non-Record Status  
**Venue:** Greasley Castle Farm, Church Road, Greasley, Nottingham NG16 2AB  
**Contact:** Mike Thomason  
**Telephone:** 01159820470  
**Email:** michael.thomason@ntlworld.com

**20/08/22****Derbyshire Senior & Junior Championships UKRS**

**Event Type:** Target  
**Round:** Target: WA 1440  
**Record Status:** UK Record Status  
**Venue:** Gresley Old Hall Miners Club, Gresley Wood Road, Church Gresley, Swadlincote DE11 9QW  
**Contact:** Tony Edwards  
**Telephone:** 01283229189  
**Email:** tonyedwards2@sky.com

**21/08/22****National Flight Championships 2022**

**Event Type:** Flight  
**Round:** Flight  
**Record Status:** World Record Status  
**Venue:** Leeds East Airport, Church Fenton, Tadcaster LS24 9SE  
**Contact:** Mr A. Bakes  
**Telephone:** 01482375033 / 07944156673  
**Email:** tbakes@tbakes.karoo.co.uk

**27/08/22 – 28/08/22****Open FITA Star and Junior Metrics**

**Event Type:** Target  
**Round:** Target: WA 70m/60m/50m  
**Record Status:** World Record Status  
**Venue:** Washingborough Playing Fields, Fen Road, Washingborough, Lincoln LN4 1AB  
**Contact:** Ian Prescott  
**Telephone:** 01522821420  
**Email:** i.prescott@ntlworld.com  
**Web:** <https://sites.google.com/view/lincolnarchers2/home>

**27/08/22 – 29/08/22****13<sup>th</sup> Cheshire Tri Clout**

**Event Type:** Clout  
**Round:** Clout: AGB Metric Clout, Clout: AGB Imperial Clout (one way), Clout: AGB Imperial Clout (two way)  
**Record Status:** UK Record Status  
**Venue:** The Rugby Club, Thornton Common Road, Wirral CH63 0LT  
**Contact:** Peter Gregory  
**Telephone:** 07790839834  
**Email:** gogoldcrest@outlook.com  
**Web:** goldcrestarchers@outlook.com

**29/08/22****Cleaddon Archers Double WA720**

**Event Type:** Target  
**Round:** Target: WA 70m/60m/50m  
**Record Status:** World Record Status  
**Venue:** Boldon Cricket & Squash Club, Sunderland Road, East Boldon NE36 0BT  
**Contact:** Pam and Kev Duncanson  
**Telephone:** 07733011960  
**Email:** to@cleaddonarchers.org  
**Web:** [www.cleaddonarchers.org](http://www.cleaddonarchers.org)

**03/09/22 – 04/09/22****Guernsey International**

**Event Type:** Target  
**Round:** Target: WA 1440, Target: Metrics I-V  
**Record Status:** World Record Status  
**Venue:** Guernsey Rovers A.C, Port Soif Lane, Vale, Guernsey GY6 6AQ  
**Contact:** Steve Yates  
**Telephone:** 01481725725 / 07781150032  
**Email:** steve.yates@cwgsy.net  
**Web:** <http://bowmenofguernsey.simpl.com/>

**03/09/22 – 04/09/22****NCAS Clout Weekend**

**Event Type:** Clout  
**Round:** Clout: AGB Metric Clout, Clout: AGB Imperial Clout (one way)  
**Record Status:** UK Record Status  
**Venue:** Hopgrove Playing Fields Association, Malton Road, York YO32 9TD  
**Contact:** Andrew Neal  
**Telephone:** 01757249233  
**Email:** an@agneal.co.uk  
**Web:** [www.ncas.co.uk](http://www.ncas.co.uk)

**04/09/22****Pocahontas**

**Event Type:** Target  
**Round:** Target: WA 70m/60m/50m  
**Record Status:** World Record Status  
**Venue:** Gravesend Grammar School, Church Walk, Gravesend DA12 2PR  
**Contact:** Bryn Jones  
**Telephone:** 07921436569  
**Email:** chairman@gravesend-archers.co.uk  
**Web:** <https://www.gravesend-archers.co.uk/>

**04/09/22****CAA. 45<sup>th</sup> Junior Championships**

**Event Type:** Target  
**Round:** Target: Metrics I-V  
**Record Status:** UK Record Status  
**Venue:** Cheshire County Sports Club, Plas Newton Lane, Chester CH2 1PR  
**Contact:** Fiona German-Lloyd  
**Telephone:** 01513564132  
**Email:** pandfgl@ntlworld.com  
**Web:** [www.cheshirearcheryassoc.org](http://www.cheshirearcheryassoc.org)

**04/09/22****Bowmen of Warfield Short Metric**

**Event Type:** Target  
**Round:** Target: Metrics I-V  
**Record Status:** UK Record Status  
**Venue:** Bowmen Of Warfield, Hill Farm Lane, Binfield, Bracknell RG42 5NR  
**Contact:** Laura Tudor  
**Telephone:** 07794502308  
**Email:** laura@loznfil.uk  
**Web:** [www.bowmenofwarfield.co.uk](http://www.bowmenofwarfield.co.uk)

**10/09/22****Disability Championships 2022**

**Event Type:** Target  
**Round:** Target: WA 70m/60m/50m  
**Record Status:** World Record Status  
**Venue:** Archery GB, Lilleshall, Newport TF10 9AT  
**Contact:** Archery GB  
**Telephone:** 01952677888  
**Email:** [disability.champs@archerygb.org](mailto:disability.champs@archerygb.org)

**10/09/22****Eagle Bowmen Autumn Nip**

**Event Type:** Target  
**Round:** Target: WA 70m/60m/50m  
**Record Status:** World Record Status  
**Venue:** Hunter Hall School, Carleton, Penrith CA11 8UA  
**Contact:** Chris Battersby  
**Telephone:** 01768866670  
**Email:** [chrisb8491@outlook.com](mailto:chrisb8491@outlook.com)  
**Web:** [eaglebowmenpenrith.co.uk](http://eaglebowmenpenrith.co.uk)

**10/09/22 – 11/09/22****Ballyvally Autumn Shoot**

**Event Type:** Field  
**Round:** Field: WA Mixed  
**Record Status:** Arrowhead Status  
**Venue:** Greenmount Campus, Cafre, 45 Tirgracy Road, Muckamore, Antrim BT41 4PS  
**Contact:** MARION PATTERSON  
**Telephone:** 07752476463  
**Email:** [marionsterry@gmail.com](mailto:marionsterry@gmail.com)  
**Web:** <https://www.facebook.com/groups/275867305771857/>

**11/09/22****Kestrels 21<sup>st</sup> Double National Tournament**

**Event Type:** Target  
**Round:** Target: National Rounds  
**Record Status:** UK Record Status  
**Venue:** Stratton Upper School, Eagle Farm Road, Biggleswade SG18 8JB  
**Contact:** Mike Collins  
**Telephone:** 01767692268  
**Email:** [mike.collins12@tiscali.co.uk](mailto:mike.collins12@tiscali.co.uk)  
**Web:** <https://www.kestrrelsarchery.org>

**11/09/22****Ingham Memorial Shoot**

**Event Type:** Target  
**Round:** Target: York/Hereford/Bristol  
**Record Status:** Non-Record Status  
**Venue:** Friskney Bowmen Archery Field, Church Road, Friskney, Boston PE22 8RD  
**Contact:** Michelle Limb  
**Telephone:** 01754820886  
**Email:** [michellecoy369@gmail.com](mailto:michellecoy369@gmail.com)  
**Web:** <https://www.friskneybowmen.org.uk/>

**24/09/22 – 25/09/22****National County Team Championships**

**Event Type:** Target  
**Round:** Target: WA 70m/60m/50m  
**Record Status:** World Record Status  
**Venue:** Archery GB, Lilleshall, Newport TF10 9AT  
**Contact:** Archery GB  
**Telephone:** 01952677888  
**Email:** [nctc@archerygb.org](mailto:nctc@archerygb.org)

**SUMMER METRICS COMPETITION**

## Archery GB's Summer Metrics competition opens 1 July – challenge yourself and send us your scores!

Ready for some healthy competition? Submission for Summer Metrics 2022 scores starts 1 July until 31 August. **Round:** Short metric. **Entry dates:** Scores submitted must be shot in July and August. To register, please use this link:

<https://forms.gle/4NTmMoVnVAEnheMy9>

You will need to allow up to 48 hours for the entry to be processed and a QR code to be sent. Clubs can send multiple entries in via a spreadsheet. **Categories:** All categories will be split by gender, age (where appropriate) and bow type. **Please note:** archers must shoot their age group or above; archers cannot shoot a round below their age group. The age of the archer on the day the score is shot will define the age group. **Short Metric – Seniors, Short Metric – Masters** (in line with the 1440 masters category – masters category for over 50s only), **Short Metric 3** – Novice archers (any archer who has shot for less than 1 year), **Short Metric 1** – Boys under 18, **Short Metric 2** – Boys under and 16 and Girls under 18, **Short Metric 3** – Boys under 14 and Girls under 16, **Short metric 4** – Boys under 12 and Girls under 14, **Short metric 5** – Girls under 12. Scores submitted can be taken from the shorter distances shot where appropriate in a 1440 or metric round. Please be aware that if you use the spreadsheet, this data will not be uploaded onto lanseo until the end of the competition.

NOVEMBER 2021 TO JANUARY 2022

# ACHIEVEMENTS

## TARGET ARCHERY

### GRAND MASTER BOWMEN

#### COMPOUND

Hallie Boulton

#### BAREBOW

Tracy Cross

#### LONGBOW

Nigel Kelly  
Cliff Gadd  
Sharon Lawrence  
Hamish Freeman

### MASTER BOWMEN

#### RECURVE

Sally Gilder

#### COMPOUND

Hallie Boulton  
Anne Rutland

#### BAREBOW

Tracy Cross

#### LONGBOW

Darryn Galloway

### JUNIOR MASTER BOWMEN - U18

#### RECURVE

Rebecca Stevens

#### COMPOUND

Hallie Boulton

### JUNIOR MASTER BOWMEN - U16

#### RECURVE

Samantha Roberts  
Archie Bromley  
Harriet Crook  
Katie Mundy-Gill  
Hannah Fox

#### BAREBOW

Emily Summers

### JUNIOR MASTER BOWMEN - U-14

#### RECURVE

Nicole Latos

### JUNIOR MASTER BOWMEN U-12

#### RECURVE

Saffron Knowles

## WA STAR

### COMPOUND

#### Gold (1350)

Dillon Crow 1387  
Kevin Duncanson 1361

#### Red (1300)

Simon J Proctor 1303

## WA TARGET

### RECURVE

#### Blue

Leigh Hadfield 604

#### Black

Stuart Walker 533  
Nico Collard 529  
William Muraszko 525

#### White

Ellen Jones 527  
Stephen McFadden 508

### COMPOUND

#### Red

Grace Chappell 576

#### Black

Warren Levins 541

### BAREBOW

#### Black

Imogen Bannister 515

## WA SILVER TARGET

### COMPOUND

#### Black

Chloe Scott 536

## ROSE AWARDS

### RECURVE

#### Blue

Karen Dixon 1050  
Jason Lapuz 1016  
Michal Twarowski 1010

#### White

Coomaren 861  
Vencatasawmy 850  
Jack Corps 850



### COMPOUND

#### Gold

Simon J Proctor 1210

#### Blue

Jamie Vos 437

#### White

David Flint 250

## JUNIOR ROSE

### BAREBOW

#### Red

Liam Ford 834

## SIX GOLD END SENIOR

### RECURVE

Jacci Alexander  
Gavin Thirlwall  
Brian Powell

### COMPOUND

James Hucklesby  
Jacqueline Lyle  
Alex Hathway

## FIELD ARCHERY

### GRAND MASTER BOWMEN

#### BAREBOW

Kathryn Morton

### COMPOUND UNLIMITED

Tom Duncan

### JUNIOR MASTER BOWMEN

#### BAREBOW

Kathryn Morton

## WA ARROWHEAD

### RECURVE

#### Black

Wilco van Kleef-Bolton 303

#### Brown

Liam McDonald 258

#### Green

Colin Carmichael 221

### BAREBOW

#### Grey

Anthony Gedalovitch 256  
Declan O'Duil 253

#### Brown

Amelia Chumber 213  
Tracy Cross 198

#### Green

Tracy Cross 196

### COMPOUND UNLIMITED

#### Green

Peter Gregory 331  
Phil Davis 331  
Jeff Higham 302





# HANDICAP IMPROVEMENT

# MEDAL WINNERS

Name	Club	Starting Score	Ending Score	Improvement	Name	Club	Starting Score	Ending Score	Improvement
Zac Ibrahim	Derwent Bowmen	62	45	17	Ian Caira	Brixham Archers	51	43	8
Helen White	Old Basing Archers	69	52	17	Chris Catmull	Kent Police Archery Club	56	49	7
Mark Layzell	Peacock Archers	64	48	16	Peter Roe	Maidenhead Archers	53	46	7
Jeremy Millington-Pipe	Ivanhoe Archers	75	61	14	Katy Nice	Friars Gate Archers	58	51	7
Andy Ratcliffe	Mole Valley Bowmen	35	22	13	Chris Harding	Royston Heath Archery Club	55	48	7
Fraser Brown	Mayflower Archers	70	57	13	Kim Dent-Brown	Bridlington and Burton Agnes	52	46	6
Logan Riley	Stalybridge Achery Club	81	69	12	Grace Reedy	Goldcrest Juniors	57	51	6
Isabella Bruguier	Crystal Palace Bowmen	25	13	12	Sarah Kissack	Phoenix Bowmen	39	33	6
Neill Ovenden	Whiteleaf Bowmen	49	37	12	Neill Garratt	Redhill Archers	30	24	6
Howard Postlethwaite	Cheshire County Bowmen	32	21	11	Sue Hutchings	Gravesend Archers	62	57	5
Evan Cawdell	Derbyshire Archery Club	58	47	11	Richard Hudson	White Rose Archers	63	58	5
Amanda Biddulph	Alsager Company of Archers	74	63	11	Will Scarratt	Abbey Bowmen	44	39	5
Mark Sutton	Goldcrests Archers	60	50	10	Dorothy Williamson	Bowmen of Bruntwood	75	70	5
Oliver Hicks	Bowmen of Warfield	37	27	10	Anna Henderson	Kestrels Archery Club	60	56	4
Michael Wingate	North Cheshire Bowmen	21	12	9	Troy Hutchings	Gravesend Archers	74	71	3
Neil Eddie	Valley Bowmen of Huddersfield	59	50	9	Steve Ridley	Kent Police Archery Club	37	34	3
Dave Cunningham	Mayflower Archers	43	34	9	William Sayers	Abbey Bowmen	50	47	3
Lesley Sperrin	Surrey Bowmen	49	40	9	Ian Clark	Bowmen of St Mary's	13	10	3
Julie Sharkey	Stalybridge Achery Club	63	54	9	Thomas Bidgood	Alsager Junior Archers	60	58	2
Martin Wells	Derbyshire Archery Club	72	64	8	Olli Sapsford	Royston Heath Archery Club	57	56	1
Debbie Lilley	Berkhamsted Bowmen	58	50	8					

Some clubs award two medals, one to under 18s and one to over 18s

# RECORDS

CLAIMED SINCE 1 DECEMBER 2021

## Double Portsmouth

Gentlemen	Recurve	1196	Tom Hall
Junior Gentlemen	Recurve	1188	Monty Orton

## WA 25m

Junior Gentlemen	Barebow	551	Oliver Hicks
------------------	---------	-----	--------------



## MEMBER BENEFITS

As well as all the usual benefits of membership we know everyone loves a bargain so we've organised exclusive member deals through our partner organisations:



15% OFF  
for members in-store  
and online

Enter the code  
**AF-ARCHGB-M5**  
at the online  
checkout, or  
show your AGB  
membership card  
in store.

15%  
OFF AT

COTSWOLD  
outdoor

runnersneed  
the running specialists

SNOW  
ROCK

Keep up to date with all the latest membership offers at [www.archerygb.org](http://www.archerygb.org) and search 'membership benefits'



THE EVOLUTION OF  
**WNS**

**new**



**SUPER FEEL**



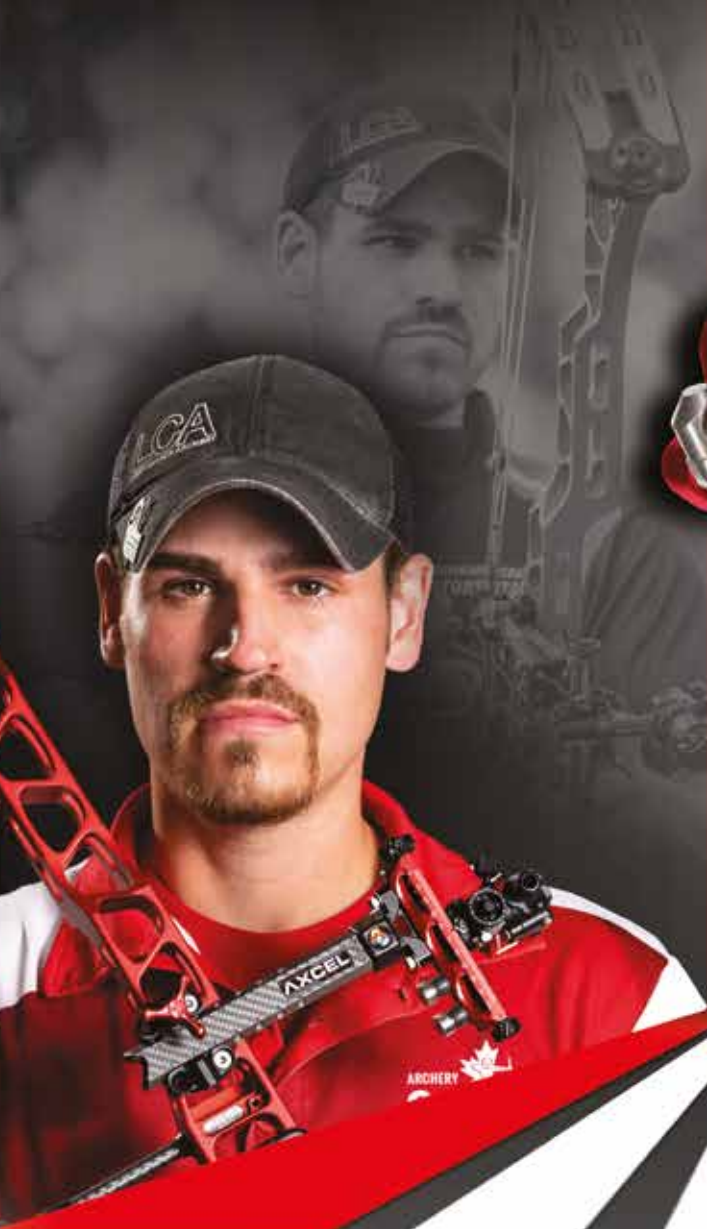
**WNS-ARCHERY.COM**

NEW FOR 2022

# V EXECUTIVE

SIGNATURE SERIES *Christopher Perkins*

DEVELOPED IN COOPERATION WITH  
**WORLD CHAMPION**  
**CHRISTOPHER PERKINS**



THE ALL NEW HEAD LENGTH ADJUSTMENT IS DESIGNED TO  
**FIND YOUR PERFECT DRAW LENGTH**  
 AND TO KEEP THE DRAW LENGTH PERFECT WHEN CHANGING FROM D-LOOP TO D-LOOP



BRASS HANDLE FOR  
 ADDED WEIGHT

ONE SIZE  
 FITS MOST

MICRO-ADJUSTABLE  
**CLICK LENGTH**  
 AND MICRO-ADJUSTABLE  
**BACK-TENSION SPEED**

MICRO-ADJUST  
 THE HEAD LENGTH  
 CLOCKWISE FOR  
 SHORTER LENGTH OR  
 COUNTER-CLOCKWISE  
 FOR LONGER LENGTH

ANODIZED RED  
 ALUMINUM HEAD

HI-DEF KNURLED  
 FINGER BEDS

**QS QUICKSILVER  
 FINISH**  
 CORROSION RESISTANT ELECTROLESS  
 BRUSHED NICKEL PLATED BRASS



THE **REAL #1**  
 ANYONE CAN CLAIM IT, WE PROVE IT!

**MADE IN THE U.S.A.**

WWW.TRUBALL.COM | 434-929-2800