

Archery GB Disclaimer

Anyone wishing to take part or join in any of the videos or activities Archery GB posts must adhere to the following terms:-

Anyone taking part in any of the videos or activities posted by Archery GB does so at their own risk. Archery GB or their contributors do not accept any responsibility for each individual or group of individuals who may be watching or participating with their activities.

In order to take part with any of the activities or videos you must first make sure that you are in good enough health/physical condition to be able to do so. If you are under doctors' orders, have an underlying health condition or have received medical advice that would normally preclude you from a physical activity such as this you should not join in.

You must also create a safe area to undertake this activity. You must make sure that the area you are about to use is suitable for the type of dance, exercise or activity that is contained in the video clip, or activity you are about take part in. The area must be a flat surface, be clear of obstruction (such as tables, light fittings, rugs), be big enough and again suitable for the style of exercise or activity you are about to take part in.

By watching this video, listening to, or reading about this activity you agree to the above terms and conditions.